The world's largest global newspaper
metro®
TORONTO • WEDNESDAY OCTOBER 29 2008 metronews.ca

IT'S HERE. GET IT.
HBO
CANADA℠
OCTOBER 30TH
FOR FULL SCHEDULE VISIT
HBOCANADA.COM

HELLO
ENTOURAGE℠

Sunset Blvd

HBO Canada℠ Entourage℠ and the associated logos are service marks of Home Box Office, Inc. Used under license. © 2008 Home Box Office, Inc. All rights reserved.
™The Movie Network and its associated logos are trademarks of Astral Broadcasting Group Inc.

Astral Media
A channel of THE MOVIE NETWORK

IT'S HERE. GET IT.

HBO CANADA℠

OCTOBER 30TH

FOR FULL SCHEDULE VISIT
HBOCANADA.COM

HBO Canada, Curb Your Enthusiasm℠ and the associated logos are service marks of Home Box Office, Inc. Used under licensed. © 2008 Home Box Office Inc. All rights reserved.
THE Movie Network and its associated logos are trademarks of Astral Broadcasting Group Inc.

Astral Media

A channel of THE MOVIE NETWORK

A KILLER OFFER FROM FIDO
See details in store
$17.50 per month
Plus other fees
With 3-year Fido® Agreement
fido
Always by your side

Tonight's Jackpot
$26,000,000 estimated
LOTTO 649

The world's largest global newspaper
metro®
TORONTO • WEDNESDAY OCTOBER 29 2008
metronews

World pg 7

McCain still hoping to pull off election win

Health care rank sinks

Canada's system falls 5 spots to 10th in report on developed countries

Canada is trailing other developed countries in overall health performance, according to a report released by the Conference Board of Canada yesterday.

Canada ranked 10th out of 16 countries in a comparison of 10 health indicators, including: Life expectancy, self-reported health status, premature mortality, infant mortality, mortality due to cancer, mental disorders, diabetes, circulatory diseases, musculoskeletal diseases and respiratory diseases.

Mental health

- Canada was also given poor marks for failing to adequately address mental illness — citing that "mental health services are in need of serious reform."

The report is not meant to be an assessment of health-care systems, but an evaluation of the overall health of the population, said Brenda Lafleur, a director with the Conference board of Canada.

In the past decade, Canada has fallen from fifth place to 10th on the list. This year Canada fell below France, Australia, and Sweden. Japan topped the list, and the U.S came 15th, ahead of Denmark.

"We wanted to give a reality check to Canadians as to where we actually stand in relation to other developed countries," Lafleur said.

The report gave Canada a "B" grade on health, and cited increasing levels of mortality due to diabetes as a cause of concern for both policy-makers and the public.

Canada's grades have remained in the "B" range since the 1960s.

The report also states concerns that "half of all family physicians are not well-prepared to handle patients with multiple chronic health conditions" and Canada received a "C" in adequately dealing with musculoskeletal diseases and the prevention of chronic disease. TORSTAR NEWS SERVICE

Auto sector Ontario's top issue in federal talks

ECONOMY Help for Ontario's beleaguered auto industry will top the province's demands heading into key meetings with Ottawa in the next two weeks, Finance Minister Dwight Duncan says.

"We're looking forward to the federal government being a little more proactive as this very important sector of our economy goes through what appears to be some very significant changes and challenges," Duncan told Torstar News Service.

"We need to pay as close attention in my view to this important sector as we have to financial services."

Asked whether the federal Conservatives' position on what they have derided as "corporate welfare" was a concern, Duncan replied: "We have to be practical and pragmatic."

"This is the largest part of our GDP (gross domestic product) in Ontario," he said.

Prime Minister Stephen Harper yesterday announced an emergency meeting on the economy with Canada premiers on Nov. 10 as federal and provincial governments struggle to stave off deficits.

A meeting Monday in Toronto of federal and provincial treasurers and Bank of Canada Governor Mark Carney would "lay the groundwork" for the first ministers' meeting, Duncan said. TORSTAR NEWS SERVICE

Sports pg 12

World Series Game 5 set to end today

Automotive pg 17

High Caliber at a bargain

Travel pg 23

Pair hipsters, history in NYC

ShareYourViews
torontoletters@metronews.ca

Suspect in shooting at tavern surrenders

MANHUNT Kyle Weese, the subject of a huge manhunt since innocent bystander Bailey Zaveda was shot dead in front of the Duke of York Tavern early Saturday, turned himself in last night.

Bailey Zaveda

Weese, 25, with another man believed to be his lawyer, walked into Toronto police 55 Division at 101 Coxwell Ave. at 7:51 p.m., police said.

Weese was the subject of a Canada-wide warrant on a second-degree murder charge. Airports and borders officials were notified, but Toronto police said they didn't think he would stray far from his Leslieville area and had raided several homes since Sunday.

Homicide Det. Sgt. Gary Giroux had called Weese an "extremely violent man with an extremely violent history" and had urged him to surrender.

Zaveda, a marketing coordinator at Veracap Corporate Financing, was outside the tavern on Queen Street East at Leslie Street at 1 a.m. Saturday when an argument broke out and a man started firing a semi-automatic pistol in front of the bar. Zaveda was shot in the torso and died at the scene.

Five people also suffered non-life threatening injuries. One victim was Weese's brother Matthew who, in yesterday's Toronto Star, also urged his brother to go to police. TORSTAR NEWS SERVICE

THE CANADIAN PRESS/TORONTO POLICE HANDOUT PHOTO

Kyle Weese, sought on a Canada-wide warrant in a fatal weekend shooting, has surrendered, police said.

We don't put LIPSTICK on a pig
150+ point inspection. Where the buying experience is as good as new. gmoptimum.ca
GM Optimum CERTIFIED USED VEHICLES Canada

Free Daily News Group Inc., operating as Metro Toronto 1 Concorde Gate, Suite 703, Toronto, Ontario M3C 3N6. Publisher: Bill McDonald

We'll match what you save.

Enrol in the new *Bank The Rest*™ savings program and save up to $100 more†

With *Bank The Rest,* every time you pay with your Scotiabank debit card, your purchases are rounded up and the difference is transferred into a savings account. And when you open a ***Scotia One***™ account before November 2, 2008 and enrol in the *Bank The Rest* savings program, we'll match what you save up to $100. So when you spend, you save. And you save some more.

banktherest.com

You're richer than you think.®

Scotiabank®

™ Trademarks of The Bank of Nova Scotia. ® Registered trademarks of The Bank of Nova Scotia. † To be eligible for the up to $100 match up offer you must be a Canadian resident aged 19 or older, open a new *Scotia One™* account between September 15, 2008 and November 2, 2008 and be enrolled in the *Bank The Rest* savings™ program including a *Money Master®* Savings Account. To receive the match up bonus you must maintain the *Scotia One* account, *Money Master* account and be enrolled in *Bank The Rest* until April 30, 2009. The match up bonus will be deposited to the *Money Master* account on May 15, 2009. Only one matching bonus will be credited for an eligible *Scotia One* account, regardless of whether the account is held by more than one person. This offer cannot be combined with any other offer and is not available for *Scotia One* accounts with a fee waiver. Scotiabank reserves the right to extend, cancel or withdraw this offer at any time without notice. Full terms and conditions are available at your branch or at banktherest.com
Bank note images used and altered with permission of the © Bank of Canada.

Police zoom in on car involved in hit-and-run
Police believe street racing was behind an Oct. 19 hit-and-run that put a woman in hospital. After analyzing debris, investigators believe it was a 2006 or 2007 Mazda Speed6 that hit the woman's vehicle on Bathurst Street near Melrose Avenue. TORSTAR NEWS SERVICE

Local

Grey bins delayed

About 75,000 households won't be getting their new grey bins as Toronto gets set to roll out a user-pay garbage system next week. Instead, they will receive pink tags to attach to garbage bags until all bins are delivered by the end of January. Delivery of the bins has been delayed in part because so many people chose medium size bins. TORSTAR NEWS SERVICE

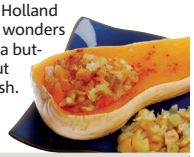
INDEX

Canada Pg 5
World Pg 7
Comment Pg 9
Business Pg 10
Sports Pg 12
Automotive Pg 17
Travel Pg 23
Workology Pg 31
Entertainment Pg 36
TV Listings Pg 41
Rick McGinnis Pg 41
Celebrity Buzz Pg 42
Take Five Pg 44

Tomorrow's Metro

Food

Barb Holland does wonders with a butternut squash.



metronews.ca
What's online today.

Watch MetroTube of the Day to see the Wazzup guys return to reflect on eight years under Bush
Check movie showtimes, trailers and reviews at metronews.ca/movies
Play online Sudoku and Word Roundup at metronews.ca/play

Lotteries

Ontario Pick 3: 2 4 0; **Ontario Pick 4:** 7 4 0 6; **Encore:** 8019100; **Daily Keno:** 2, 3, 7, 10, 17, 19, 27, 30, 31, 32, 35, 37, 38, 40, 41, 48, 50, 51, 54, 65. These results are not official.

Boy stabbed in school

A Grade 9 boy was stabbed in the stomach at Don Mills Collegiate Institute yesterday, reportedly over a pair of winter gloves.

Around 10:30 a.m., at the rear of the building located at The Donway East and Lawrence Avenue East, the victim learned an older boy had swiped his friend's gloves, students said.

The Grade 9 student confronted the older student, a 17-year-old boy. Words were exchanged and the older student is said to have pulled a "flick knife" and punched the Grade 9 student in the stomach.

The victim was taken to Sunnybrook hospital with serious injuries.

As the school went into lockdown, police quickly learned the suspect's name and found him in a portable, which was not his classroom, about 25 minutes after the attack, said Const. Tony Vella.

Police located the knife outside on school property. TORSTAR NEWS SERVICE

Second stabbing

- This is the second school stabbing in Don Mills Collegiate's history. In May 2002, an 18-year-old was stabbed in the school parking lot, suffering non-life threatening injuries, reportedly after being jumped by four suspects.

Seven large water users in spotlight

USERS Seven large industrial water users have been enjoying discounted water rates they don't deserve, the city's auditor general has found after a review showed that none had complied with a sewer use bylaw. About 350 large water users get a 20 per cent break on their rate if they comply with the bylaw governing discharges and pollution prevention. TORSTAR NEWS SERVICE

Zoo wants to put poo to good use

ENERGY The Toronto Zoo wants to build a $13 million anaerobic digester to turn "zoo poo" into electricity using methane gas produced by animal waste to produce power. TORSTAR NEWS SERVICE

Fall Out Boy **Much music in the parking lot**

PHOTO COURTESY OF MUCHMUSIC

Patrick Stump lights up the stage during Rogers Presents Much's Live In The Lot with Fall Out Boy at MuchMusic HQ in Toronto yesterday. They were in town to promote their new album Folie à Deux that is due to hit store shelves on Dec. 16.

GTA lights up for Diwali celebrations

Lit up by strings of colourful lights, Ontario Khalsa Darbar is visible miles away. The temple, on Dixie Road in Mississauga, is one of many across the GTA celebrating Diwali, the South Asian festival of lights.

Diwali, which signifies the triumph of good over evil, was celebrated yesterday across the GTA with ceremonies and fireworks. Festivities generally stretch for five days.

In Canada, events are mostly organized over the weekend and fireworks are generally at Sikh and Hindu temples. In India, Diwali is a national holiday and people often have fireworks in their own front yards.

The Diwali function at Gerrard India Bazaar on Gerrard Street East was held Saturday amid a mélange of traditional dances and Bollywood music. TORSTAR NEWS SERVICE

News in brief

JAIL DEATH Provincial officials are remaining tight-lipped after an inmate was found dead yesterday in his cell and another in medical distress at Toronto West Detention Centre, northeast of Pearson airport. TORSTAR NEWS SERVICE

DEL CONDOMINIUM RENTALS
Toronto's Leading Rental Management Company

Leasing Applications Currently Being Accepted at The Verve
Open House – Thursday October 23, 6 - 8pm

The Verve – 120 Homewood Ave. (Jarvis & Wellesley)
Call Kim at 416.558.9034
www.delrentals.com

DEL CONDOMINIUM RENTALS INC.

Curtains for city's oldest outlet sale
After 84 years of bargains and deals, the curtain will close tonight on Toronto's oldest outlet sale, the Hadassah-WIZO Bazaar. Thousands of thrift-seekers are expected today at the annual sale's grand finale at the CNE's Direct Energy Centre. TORSTAR NEWS SERVICE

Read more Metro news online today. Do it daily. metronews.ca

READ THIS AND YOU'RE GOOD TO GO

STARTING SATURDAY, NOVEMBER 1, 2008, THERE WILL BE CHANGES TO SOME GO BUS SERVICES.

46 – HWY. 407 WEST GO BUS SERVICE MCMASTER UNIVERSITY
A new weekday westbound trip will depart Bramalea GO Station at 9:45 a.m., serve Square One GO Bus Terminal at 10:07, and then run express to McMaster arriving at 10:40. A new weekday eastbound trip will depart McMaster at 6:10 p.m. and run express to Square One arriving at 6:50.

Weekday eastbound trips departing McMaster at 1:10 and 2:10 p.m. will no longer serve the Oakville Carpool Lot and the 6:05 p.m. trip from McMaster will be discontinued.

More weekday trips will serve the Burlington and Bronte Carpool Lots with changes to some arrival times at McMaster.

YORK UNIVERSITY
There will be many new weekday express trips between York and Bramalea GO Station.

52 – HWY. 407 EAST GO BUS SERVICE
A new weekday westbound trip will depart Pickering GO Station at 7:10 a.m. and run express to York University arriving at 8:00.

A new weekday eastbound trip will depart Unionville GO Station at 7:00 a.m., serve Brougham, Greenwood, Brooklin, and arrive at Durham College-UOIT at 7:38.

61 – RICHMOND HILL GO BUS SERVICE
A new weekday southbound express trip will depart Langstaff GO Station at 8:55 a.m. and arrive at the Union Station GO Bus Terminal at 9:35.

The weekday northbound trip that departs Union Station GO Bus Terminal at 3:10 p.m. will now arrive at Richmond Hill GO Station at 3:55 instead of at 3:50.

65 – BARRIE GO BUS SERVICE
A new weekday southbound trip will depart East Gwillimbury GO Station at 9:25 a.m., serve Newmarket GO Bus Terminal, Aurora GO Station, Aurora Rd. & Hwy. 404, and arrive at the Union Station GO Bus Terminal at 10:50.

The weekday southbound 5:45 a.m. trip from Barrie to King City and the weekday northbound 5:35 p.m. trip from Rutherford to Barrie will be discontinued.

69 – SUTTON GO BUS SERVICE
There are several new weekday and Saturday trips between Sutton and Newmarket plus changes to some existing trips, so be sure to check the new schedule.

71 – STOUFFVILLE GO BUS SERVICE
A new weekday southbound trip will depart Mount Joy GO Station at 8:35 a.m., serve Markham at 8:40, and arrive at the Union Station GO Bus Terminal at 9:25.

A new weekday southbound express trip will depart Unionville GO Station at 8:50 a.m. and arrive at the Union Station GO Bus Terminal at 9:30.

81 – PORT PERRY GO BUS SERVICE
The weekday southbound 8:00 a.m. trip from Port Perry will now depart at 7:55 and times will also be earlier at Myrtle and Brooklin.

96 – OSHAWA HWY. 401 GO BUS SERVICE
A new weekday westbound trip will depart Oshawa GO Station at 6:15 a.m., serve Whitby and Ajax GO Stations, Yonge & Sheppard, and arrive at Finch GO Bus Terminal at 7:25.

FOR MORE INFO, VISIT GOTRANSIT.COM OR JUST GIVE US A CALL.
SIGN UP FOR E-NEWS TO RECEIVE CUSTOMIZED GO INFO.

GET ON THE GO

416 869 3200 1 888 GET ON GO (438 6646) TTY 1 800 387 3652
Pour plus de renseignements, veuillez visiter le site gotransit.com ou composer un des numéros ci-dessus.

Jewish, Somali groups unite

TAGHREED SAADEH
for Metro Toronto

Members of Canadian Jewish and Somali communities gathered at Kipling Collegiate Institute yesterday to launch the Jewish-Somali project — the first comprehensive initiative of its kind in Canada in which Jewish and Muslim groups are working together.

The project will engage the resources of the Jewish community to provide mentorship to young Somali professionals.

"The Jewish-Somali project is an initiative by the Canadian International Peace Project (CIPP) to assist the Canadian Somali community to successfully integrate into Canadian society," said Mark Persaud, president and CEO of CIPP.

"This project is intended to aid in creating a successful cadre of Somali Canadian professionals who can then assume greater leadership roles to assist with the development of their own community and contribute to Canadian society at large," he added.

The project is a joint partnership between the Canadian International Peace Project, the Canadian Somali Congress, the Canadian Jewish Congress and the United Jewish Appeal of Greater Toronto.

"The Canadian Somali Congress invited other Canadian communities to assist Canadian Somalis in their efforts to successfully integrate into Canadian society and the Canadian Jewish community responded to our call," said Digal Haio, director of Canadian Somali Congress.

"Mentoring and development partnerships like this one are so important. Stronger communities make a stronger Canada," said Bernie M. Farber, chief executive officer of the Canadian Jewish Congress.

EARN EXTRA CASH WITH YOUR UNWANTED GOODS
SELLING TORONTO'S NEW AND USED ITEMS
Call 416 662 5491 or visit SELLTORONTO.COM

DIABETES STUDY
If you have type 2 diabetes, and
- are between 18 and 80 years of age
- are taking only one oral medication for your diabetes
- are not taking insulin

You may qualify for a clinical research study testing an investigational drug for the treatment of diabetes.

You will be required to make 7 visits over 6 months to Mount Sinai Hospital.

Study is being done by **Dr. B. Zinman.** For more information, please call **416-586-8778.**

MOUNT SINAI HOSPITAL
Joseph and Wolf Lebovic Health Complex
Bright Minds. Big Hearts. The Best Medicine.

Warning issued for vitamin C products
Health Canada is warning consumers, especially expectant mothers, not to use two vitamin C products sold under the brand names New Roots Herbal Vitamin C8 and Vitazan Professional Vitamin C Advanced Ascorbate. THE CANADIAN PRESS

Canada

McKenna won't run for Grits

Rebuilding the federal Liberals and restoring the party to a majority government will take more time than he's ready to give, Frank McKenna, left, said yesterday. The 60-year-old former New Brunswick premier formally ruled himself out of the leadership race to replace Stéphane Dion.

THE CANADIAN PRESS

Distractions will cost $500

New legislation aimed at safer driving practices for Ontarians

Motorists who change tunes on their hand-held iPods or MP3 players at the wheel face fines of up to $500 under Ontario's proposed new "distracted driving" law.

The legislation introduced yesterday also takes aim at cellphone calls that are not hands-free, portable DVD and video game players visible to the driver, BlackBerrys and hand-held global positioning systems.

Drivers need two hands on the wheel and both eyes on the road at all times to avoid potentially deadly traffic mishaps, said Transportation Minister Jim Bradley, calling the fines "significant."

Don't even think, for example, about making a hand-held cellphone call in a traffic jam or at a red light because hand-held devices can only be used when the driver has "safely" pulled off the road, Bradley added.

"If I want to change stations on the radio ... I can do so; that is not prohibited. But if I were holding a hand-held device and did that, I would be in trouble."

Asked if a motorist could skirt the law by taping his iPod to the dashboard, Bradley wasn't sure.

"I would have to look at that one," Bradley told reporters, noting the proposed law is fairly general with details to come in regulations that are being developed.

Calls to 9-1-1 are exempt as are police, fire, ambulance drivers and paramedics on duty.

The new law will help "put the brakes" on the growing tendency for drivers to fiddle with gizmos by texting, e-mailing, chatting, talking or checking directions, Bradley said.

TORSTAR NEWS SERVICE

JIM ROSS/THE CANADIAN PRESS

Transportation Minister Jim Bradley drives in a simulation car ride called D.U.M.B. (Distractions Undermining Motorists Behaviour) while trying to make a phone call yesterday in Toronto. Bradley introduced a ban on the use of hand-held devices to talk, e-mail or send text messages while driving.

Women in line for Tory cabinet posts

Stephen Harper has begun handing out assignments for his new cabinet, and several star female recruits are expected to put a more feminine face on the Conservative government.

The prime minister has already met privately with some members of his new ministry to give them their cabinet portfolios, say Conservative insiders who cite three women as top prospects.

The addition of Gail Shea, Leona Aglukkaq or Lisa Raitt could help shift the gender balance somewhat from Harper's first, male-dominated ministry that saw only seven women in the 31-member cabinet.

But a source familiar with Harper's picks cautions that, while some of the three may be named to cabinet, it's unlikely any of them will be parachuted immediately into one of the top portfolios in the shuffle to be announced tomorrow.

Frequent miscues by rookie ministers were a constant frustration in Harper's first term. Bright lights like Rona Ambrose and Maxime Bernier saw their career prospects dimmed.

"The theme of this cabinet will be competence, competence, competence."
Government official

The source said Harper wants to avoid similar mistakes with Shea, a longtime provincial minister who is the Tories' first elected member in P.E.I. since 1984; Aglukkaq, Nunavut's former health minister; and Raitt, former chief executive of the Toronto Port Authority.

"The theme of this cabinet will be competence, competence, competence," said another government official.

THE CANADIAN PRESS

Group warns Canadian manufacturers are at risk

Many successful Canadian manufacturing companies will disappear in the next year unless the federal government steps in with emergency loan guarantees to keep them afloat until conditions improve, the country's largest industry group warns.

Canadian Manufacturers and Exporters president Jayson Myers sent out the distress call yesterday, a day after auto-parts makers said they needed up to $1 billion in short-term loans to help them survive the credit crisis. The peril is much broader than just Canada's auto sector, he said, adding that many firms dependent on exports to the U.S. are in trouble. THE CANADIAN PRESS

News in brief

EDUCATION Ontario's public high school teachers seem poised to head back to the provincial table to hammer out a new contract, but their elementary counterparts say they have no intention of returning to talks before what they call the Ontario government's "unreasonable, artificial" deadline of Nov. 30. The province has given teachers' unions until Nov. 30 to sign contracts that provide a 3 per cent raise in each of the next four years — or accept a 2 per cent increase for each of the next two years.

TORSTAR NEWS SERVICE

RBC®
Get free RBC® student banking today.
Hurry, contest ends October 30!
WIN* 1 OF 3 SONY BUNDLES A DAY
www.rbcp2p.com/sonydaily
CREATE A BETTER STUDENT LIFE.
RBC Royal Bank®

*No purchase necessary. Contest runs from August 5th, 2008 at 9:00 a.m. (EST) and ends October 30th, 2008 at 11:59 p.m. (EST). Draws for daily winners begin Sept. 2 and grand prize draw on December 15th, 2008. Only one entry per person. Open to Canadian residents who have reached the age of majority in the province or territory in which they reside. There are 185 prizes available to be won. Approximate retail value of all prizes is $252,000.00. Odds of winning depend on the number of eligible entries. A correct answer to the skill-testing question is required. For full Contest rules and how to enter without purchase, please visit www.rbcp2p.com/freetoplay/rules. ® Registered trademark of Royal Bank of Canada. Trademarks of Royal Bank of Canada. Royal Bank of Canada, 2008.

Records to be kept for sperm donors
A British Columbia judge hearing the case of a woman who wants to know the identity of her sperm donor father has issued an injunction against the destruction or transfer of any records concerning artificial insemination. THE CANADIAN PRESS

Feds protected Khadr: Lawyer

The Canadian government has done enough to protect the rights of Guantanamo detainee Omar Khadr and will not demand his repatriation, a Justice Department lawyer told a federal court yesterday.

Calling the Canadian captive's detention and upcoming war crimes trial a "complex and difficult situation," lawyer Doreen Mueller said Ottawa has frequently advocated on Khadr's behalf both "formally and informally."

She cited diplomatic requests to get the Toronto native captured in Afghanistan better detention conditions, to have his youthful age taken into consideration and to have allegations of jailhouse abuse investigated.

More generally, Mueller argued the federal court did not have the power to overturn government policies.

Khadr's Canadian lawyers petitioned the court to compel Prime Minister Stephen Harper to press the U.S. for Khadr's repatriation, arguing judicial intervention was necessary because the government violated Khadr's constitutional rights by being complicit in his abuse.

Harper has repeatedly said he will not intervene in the case and accepts U.S. assurances Khadr is being treated humanely.

This "was — I don't want to use the word lie — but a demonstrably false statement that was made to the Canadian public," Khadr's lawyer Nathan Whitling argued yesterday.

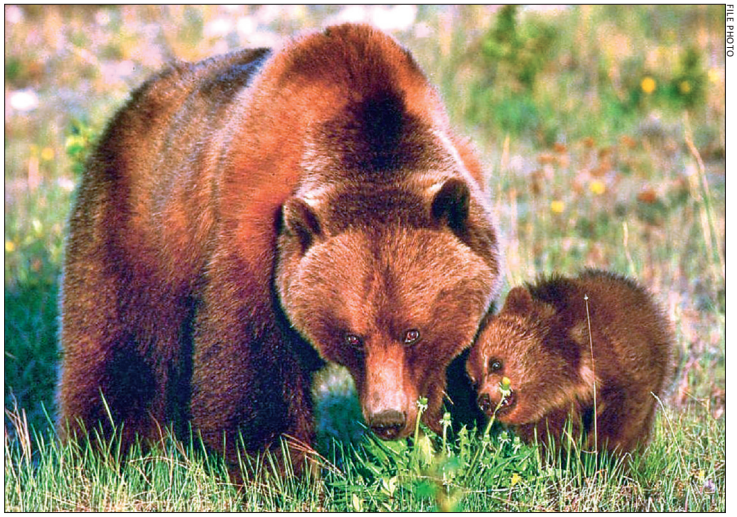
With Khadr's trial now delayed until next year, this case may have great political significance.

A court order requiring intervention on behalf of Khadr would bring increased pressure on Harper.

TORSTAR NEWS SERVICE

Detained

- Khadr is the lone Western detainee among the 255 prisoners left in the U.S. prison in Cuba.



FILE PHOTO

A new study outlines how to increase the grizzly bear population in Alberta. Fewer than 500 bears remain in the province.

Study aims to increase bear population

A new study says Alberta could increase its dwindling grizzly bear population by reducing logging roads and keeping people away from where the animals live.

Experts suggest there are fewer than 500 grizzlies left in the province.

In a report published in the journal Biological Conservation, University of Alberta researchers warn that failure to take action may further reduce that number.

The study also concludes that clear-cutting forests may have less of an impact on the grizzly population than the number of roads.

Researchers say roads lead to more poaching, as well as to bears being hit by vehicles and to other encounters with people.

Alberta does not consider the grizzly bear to be threatened or endangered, but has suspended its spring grizzly hunt until at least next year.

THE CANADIAN PRESS

Accused cop involved in Taser incident

VANCOUVER In a bizarre twist to a tragic story, a B.C. RCMP officer accused in a fatal drunk driving accident was involved in the death of a man after he was shocked by RCMP Tasers at Vancouver's airport.

He was off duty on Saturday night when the accident occurred in suburban Delta, B.C. Police said Orion Hutchinson, 21, was catapulted from his motorcycle when hit by a Jeep. He died at the accident scene.

RCMP Sgt. Tim Shields confirmed yesterday the officer was involved in the police confrontation with Robert Dziekanski last October at Vancouver International Airport.

THE CANADIAN PRESS

Premier apologizes at cancer inquest

ST. JOHN'S Premier Danny Williams apologized yesterday to the victims of botched breast cancer tests in Newfoundland as he testified at a judicial inquiry he once derided as a "witch hunt."

THE CANADIAN PRESS

Aurora's 2008 Warehouse Sale!

Royal Doulton FOY 2008 Olivia w/ Loved One
Reg: $330.00 **Sale: $149.99**

Pewter Ornaments
Reg: $20.00 **Sale: $5.99**

Crystal Candelabra
Reg: $300.00 **Sale: $69.99**

Johnson Brothers Athena 40 Pc Set
Reg: $600.00 **Sale: $89.99**

We've Extended our Sale until November 2!

Fine Bone China Mugs
Reg: $10.00 **Sale: $1.99**

SAVE UP TO 80% off MSRP!

*Tealight Sold Seperately
Crystal Daisy
Reg: $20.00 **Sale: $7.99**

Mikasa Parklane Glasses Set of 4
Reg: $100.00 **Sale: $34.99**

Sales Hours
Monday: 10-6
Tuesday: 10-6
Wednesday: 10-8
Thursday: 10-8
Friday: 10-8
Saturday 10-6
Sunday: 12-5

Crystal D'Arques Platter
Reg: $40.00 **Sale: $13.99**

Royal Doulton Enchanted Evening
Reg: $120.00 **Sale: $44.95**

*While Supplies Last!

aurora Fine China and Crystal
1610 Midland Avenue, Toronto, Ont. M1P3C2/ Phone:(416) 752-9300
www.aurorawarehousesale.com
1-800-668-3333
Gifts For Every Occasion!

THE NATIONAL WOMEN'S SHOW
PRESENTED BY: NISSAN
SHIFT_image

Grab your friends and have some fun at the ultimate Girl's Day Out!

A fantastic day out with girlfriends that you won't find anywhere else!

SHOP AT OVER 425 EXHIBITS!
Great Deals
Fashion Shows
Fitness Ideas
Delicious Food & Wine Sampling
Free Makeovers
Travel Ideas
Health & Wellness Experts
FRIENDS, LAUGHTER, FUN!

Arrive early for your goodie bag full of free samples. While quantities last.

BRING A FRIEND AND SAVE $5
With this coupon, save $5 when 2 regular adult admission tickets are purchased. No cash value.
Friday: Noon - 9 pm
Saturday: 10 am - 6 pm
Sunday: 10 am - 5 pm • Admission: $14
For info call: 1-800-891-4859 ext. 600
November 7 - 9
METRO TORONTO CONVENTION CENTRE - SOUTH BUILDING

Thank you to our sponsors!
Pantyloon, dorothy perkins, pick Ontario, ING DIRECT, GoodLife FITNESS, LINDA LUNDSTRÖM, LIVE WELL WITH PHARMASAVE, GAP ADVENTURES, evoke, ROGERS, TORONTO STAR thestar.com

Save money, buy tickets online!
www.NationalWomenShow.com

Four charged in Arkansas school shooting
A prosecutor says four men have been charged with murder in a shooting at the University of Central Arkansas that killed two students and injured another man. The victims were shot Sunday night outside a dormitory in Conway, about 50 kilometres north of Little Rock. THE ASSOCIATED PRESS

World

Nephew's death ruled homicide

Chicago authorities say the seven-year-old nephew of Oscar-winning actress Jennifer Hudson died of multiple gunshot wounds in a homicide. Julian King's body was found Monday in a white SUV, three days after the bodies of Hudson's mother and brother were discovered in their home on the city's South Side. THE ASSOCIATED PRESS

McCain vows to pull upset

Republicans battling to win over crucial Pennsylvania

Republican presidential candidate John McCain and running mate Sarah Palin are sweeping through battleground Pennsylvania as polls show them trailing the Democratic ticket.

But McCain says it's wonderful to fool the pundits and is vowing to pull an upset.

McCain told supporters in Pennsylvania: "I'm not afraid of the fight. I'm ready for it."

The Arizona senator continued a sharp assault on Democratic rival Barack Obama during a noisy rally in Hershey.

Palin, meanwhile, defended the Republican campaign's harsh attacks on Obama.

Corruption

- John McCain has called for Alaska Senator Ted Stevens to step down in a statement issued yesterday. Stevens was convicted Monday on seven felony counts in connection with a corruption case. McCain said the verdict in Stevens' trial is a sign of the corruption and insider-dealing that he says has become so pervasive in Washington.

The Alaska governor says Obama is not being candid about his tax plans, and she says it's not mean-spirited or negative to call out someone on his record.

THE ASSOCIATED PRESS

AL BEHRMAN/THE ASSOCIATED PRESS

Frank Kahsar, owner of the Hitching Post in Cincinnati, Ohio, checks the ballot jars at the restaurant where customers are encouraged to cast a jelly bean for Barack Obama or John McCain.

Skinheads' murder scheme poorly formed: Authorities

PLOT Two white supremacists charged with plotting to behead blacks across the country and assassinate Barack Obama while wearing white top hats and tuxes were likely too disorganized to carry out the plot, authorities said, and their planning was riddled with blunders.

Paul Schlesselman, 18, of Helena-West Helena, Ark., and Daniel Cowart, 20, of Bells, Tenn., are accused of dreaming up the plan. While authorities say they had guns capable of creating carnage, documents show they never got close to getting off the ground.

Among the blunders: They drew attention to themselves by etching swastikas on a car with sidewalk chalk, only knew each other for a month, couldn't even pull off a house robbery and a friend ratted them out to authorities.

THE ASSOCIATED PRESS

Talks with Taliban in works

POLITICS Pakistani and Afghan political and tribal leaders have agreed to establish contacts with the Taliban to end insurgencies in both countries.

The declaration comes at the end of a two-day meeting that was endorsed by the governments of Pakistan and Afghanistan.

A former Afghan foreign minister says committees will be formed to establish "contacts" with insurgent groups. THE ASSOCIATED PRESS

The Comwave Guarantee
No Matter Where You Call, No Matter What You Pay
Comwave will beat it... Guaranteed!

$5/month Unlimited Calling To Anywhere In Canada
You can even call from your cell phone!

Middle East
JORDAN 4.9¢/min
LEBANON 9.9¢/min
Bahrain.....5.9 ¢ Kuwait.....6.9 ¢
Egypt.....14.9 ¢ Oman.....17.9 ¢
Iran. from.....3.9 ¢ SaudiArabia. from 3.9 ¢
Iraq. from.....4.9 ¢ Syria.....18.9 ¢
Israel.....2.9 ¢ U.A.E.....19.9 ¢

Latin America
ECUADOR 12.9¢/min
CUBA 85¢/min
Haiti.....16.9 ¢ Bolivia. from 6.9 ¢
Honduras.....15.9 ¢ Chile.....2.9 ¢
Panama. from 3.9 ¢ Colombia. from 3.9 ¢
Uruguay.....7.9 ¢ Dominican Rep..6.9 ¢
Venezuela.....2.9 ¢ Mexico. from 2.9 ¢

Africa
KENYA from 6.9¢/min
SOMALIA 49.9¢/min
Algeria.....7.9 ¢ Nigeria from 6.9 ¢
Angola.....14.9 ¢ Niger.....13.9 ¢
Libya.....24.9 ¢ South Africa 7.9 ¢
Morocco.....18.9 ¢ Sudan.....12.9 ¢

South Asia
INDIA 6.9¢/min
PAKISTAN 5.9¢/min
Bangladesh from.....3.9¢
Bhutan.....15.9¢
Maldives.....14.9¢
Nepal from.....7.9¢
Sri Lanka.....11.9¢
Afghanistan.....24.9¢

Even if you are paying less, call us and we'll beat it... GUARANTEED!

Call Long Distance Even From Your Cell Phone
✔ No need to cancel your service provider.
✔ $10 Free Long Distance for every friend you refer.
✔ No Contracts

Limited Time Offer
Call Now And Get Free Long Distance To Anywhere In The World $25

Fully Featured Home Phone Lines
comwave Enhanced $14.95 Fully Featured
comwave One Rate $29.95/month Unlimited Long Distance to Canada and USA
• Caller ID • Voicemail • Call Forwarding • Call Waiting
• Keep Your Existing Phone Number • Free Comwave to Comwave calls WORLDWIDE!
And Much More!
Call Now And Get One Month Of Phone Service FREE

comwave 1-866-410-3055
www.comwave.ca

EU sending four to six warships on anti-piracy patrol off Somalia

The European Union says it will send four to six warships for anti-piracy patrols off Somalia starting in December. The EU had announced the planned patrols last month to help police waters off the African nation, considered among the world's most dangerous amid a renewed outbreak in piracy. THE ASSOCIATED PRESS

Two to stand trial in killing

Student murdered in Italy

A lawyer says an American student and her former boyfriend will stand trial in the killing of a woman last year in central Italy, and an Ivory Coast national has been convicted in the death.

Francesco Maresca, a lawyer for the victim's family, says a judge has indicted Amanda Knox of Seattle and Raffaele Sollecito of Italy on charges of murder and sexual violence in the death of Meredith Kercher in Perugia. They have denied any wrongdoing.

A third suspect, Rudy Hermann Guede of Ivory Coast, was convicted of the killing yesterday and sentenced to 30 years in jail after his defence requested a fast-track trial.

Kercher, a 21-year-old student from England, was found dead Nov. 2 in the apartment she shared with Knox.

She died from a stab wound to the neck.

THE ASSOCIATED PRESS

Schoolboy dies after allegedly being kicked by teacher

DEATH An Egyptian security official says police detained a teacher in the northern coastal city of Alexandria after one of his pupils — a schoolboy — died in hospital after allegedly being hit by the teacher.

The official says the city prosecutor ordered the detention of 23-year-old math teacher Haitham Abdel Hamid on Monday.

The boy reportedly fell into a coma after the teacher kicked him in the classroom, allegedly because the boy did not complete his homework.

THE ASSOCIATED PRESS

Israel **Security trainees get down and dirty**

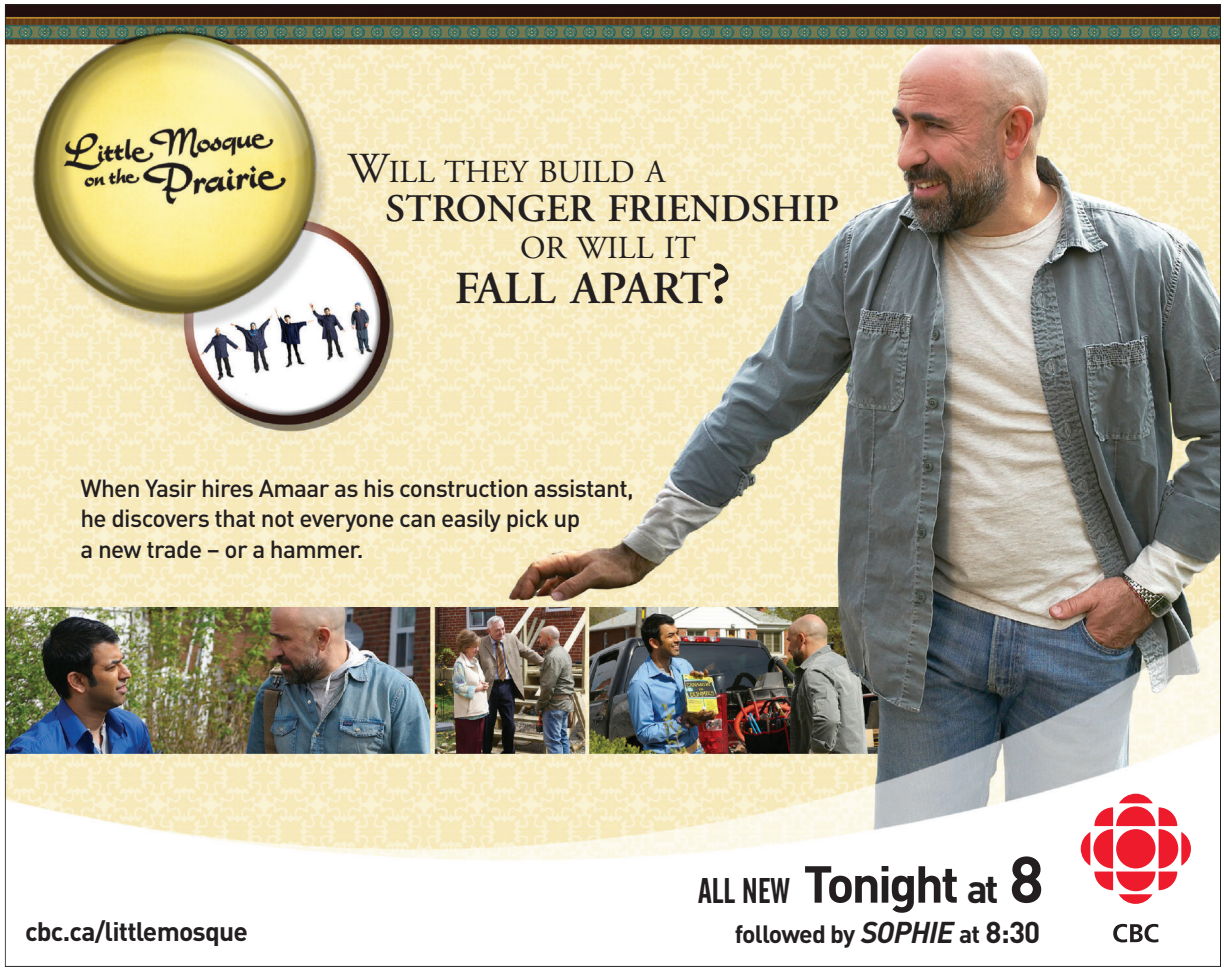
TSAFRIR ABAYOV/THE ASSOCIATED PRESS

An unidentified bodyguard dives into a mud puddle during training near the coastal city of Ashkelon yesterday. The security professional was taking part in a special training course by an Israeli company that specializes in VIP protection and security.

News in brief

KENNEDY U.S. Senator Edward Kennedy, who has brain cancer and has been recovering on Cape Cod, Mass., is returning to Washington, says a Kennedy family spokeswoman.

NEWSPAPER The Christian Science Monitor said yesterday it will become the first national newspaper to drop its daily print edition and focus on publishing online, succumbing to the financial pressure squeezing its industry harder than ever. THE ASSOCIATED PRESS



Israeli elections to be held February

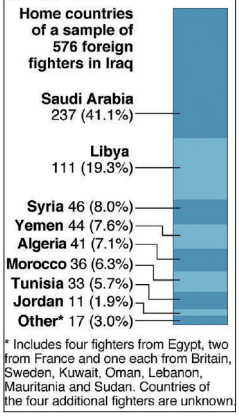
POLITICS A spokesperson for Israel's parliament says national elections will be held in mid-February.

Hila Mizrachi says elections have been tentatively set for Feb. 10. But she said yesterday there remains a possibility legislators will pass legislation moving the date a week later to Feb. 17.

THE ASSOCIATED PRESS

Foreign fighters

Documents seized last year in a raid of a suspected al-Qaida hideout in Iraq listed home countries of foreign combatants believed to have entered through Syria.



* Includes four fighters from Egypt, two from France and one each from Britain, Sweden, Kuwait, Oman, Lebanon, Mauritania and Sudan. Countries of the four additional fighters are unknown.

THE ASSOCIATED PRESS

TELL OTHER METRO READERS WHAT YOU THINK

Whether you agree or disagree with what you read in Metro we want to know. E-mail your letters to: torontoletters@metronews.ca

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. **We reserve the right to edit letters.**

Comment & Views

Comment

Free speech isn't free

TheWestView

If you're mad as hell at the media, you won't want to miss The Media's Right to Offend: Exploring Legal and Ethical Limits on Free Speech if you happen to be near the University of King's College in Halifax this Saturday.

I mean, it's no charge and they're even offering lunch.

Maybe you'd rather spend Saturday at the dentist, but as a serial offender, it's too bad I won't be there — can't be too careful in the wake of the ordeal of Mark Steyn and Maclean's magazine before the B.C. Human Rights Tribunal.

Steyn is a media offender, a very good one; albeit so far right he makes Sarah Palin look like a liberal. He wrote a book called America Alone about how Muslims are intent upon global domination and will achieve it through sheer determination to reproduce. Demographically, the West is doomed. Maclean's printed an excerpt headlined: Why the Future Belongs to Islam.

Interesting piece, but the fallout is even more interesting. The Canadian Islamic Congress had a snit, then went shopping until it found a tribunal willing to hear its complaint that the article exposed Muslims to hatred and contempt because of their religion.

Turned away by Ontario, the CIC went to B.C., where it found a willing ear. No matter that Maclean's is published in Toronto. No matter that Maclean's right to offend is enshrined in the Canadian Charter of Rights; here on the Left Coast we defend everyone's right to complain, ad infinitum.

On Oct. 10, two years after the offending issue hit the stands, the B.C. tribunal issued its decision: The article may cause readers to fear Muslims, but that's not the same as hatred or contempt. Case dismissed.

So speech in Canada is still free, eh? Nuh-uh. Consider. It took a whack of lawyers for Maclean's to get Steyn off the hook. The tribunal held a week-long hearing in June, then issued a 37-page decision that deconstructs every tittle and jot.

Why would any sane publisher invite that kind of scrutiny?

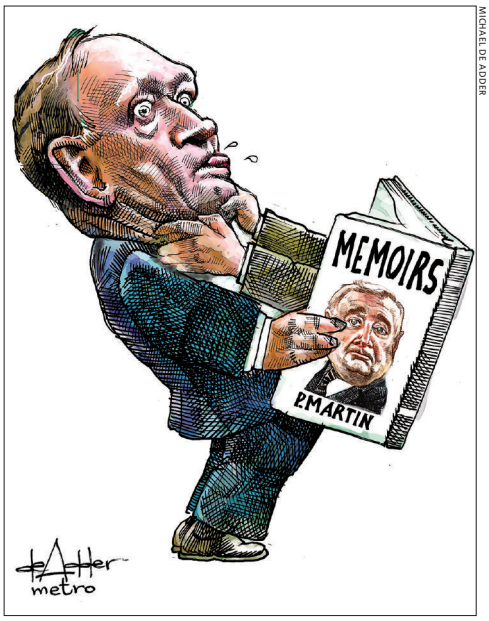
Remind me not to write about Muslims ... or for that matter, utter "any statement, publication, notice, sign, symbol, emblem or other representation that ... is likely to expose a person or a group or class of persons to hatred or contempt."

The authors of the relevant section of the code may have been targetting neo-Nazis, not Mark Steyn, who is only neo-conservative. But like most other well-meaning attempts to regulate freedom of expression, it serves to lower the temperature around newsrooms, and media offenders risk severe frostbite if we dare to take on anything more controversial than the price of tea in China. On second thought ... tea, China, maybe not.

So, if you're worried about missing The Media's Right to Offend, relax… and rest assured that our right to offend has been severely curtailed.

But then again, you'll miss lunch.

Paul Sullivan is a Vancouver-based journalist, owner of Sullivan Media consulting, and editor-in-chief of Orato.com, the citizen news website.



MICHAEL DE ADDER

Word on the street: Do you think the financial meltdown will affect you personally? If so, how?

Drew Burroughs
age 26, Toronto

A: It doesn't have a huge effect on me personally, but it does have an effect on other people, which will eventually impact me.

Noemi Lavoie
age 25, Toronto

A: I just lost my job actually, so it is affecting me personally. I think it's going to be tougher to get a job in the financial industry.

Brad Jones
age 27, Toronto

A: I don't think so. I'm a student and I don't have any investments. I think maybe if the banks went under, I wouldn't have to pay back my credit card debt.

Sandra Frenette
age 31, Ottawa

A: Yes, I think it will affect me. I think it will affect all government organizations in the long term.

Marita Winaut
Halifax

A: The only way it's really affecting me is I have a lower mortgage rate right now. Other than that it sucks for my investments and my stocks and stuff.

Deb Nehorniak
age 52, Edmonton

A: I'm worried about it. It's affecting my retirement right now. At my age it's going to be tough to come back up from a fall like that.

Kimberlee White
age 28, Calgary

A: Definitely. It's getting harder to put food on the table.

Tim Stewart
Halifax

A: No. Not yet anyway.

Crystal Allen
age 26, Vancouver

A: I haven't seen an impact on my everyday life. I was broke before and I'm broke now.

Letters

Edgar Cowan, TORONTO

Enough is enough! Killings on Toronto streets must stop. Now!

How about, as a start, some new gun/knife laws:

1. Total ban on the sale of any kind of repeatable handgun or firearm.

2. An automatic prison sentence for anyone caught carrying, storing or selling an unregistered handgun or repeatable firearm. And an automatic double-length sentence if caught during the commission of a crime.

3. Annual re-registering of handguns, but only with a logical or business reason for possession.

4. Forced installation of airport-type metal detectors and video recorders at all doors to all city-licensed, liquor-licensed clubs and public events with automatic closure and lifetime loss of all licences if owners/operators fail to comply.

5. Club owners/operators must automatically ban entry and immediately report to police individuals who, through detectors, are found to be in possession of guns, knives and sharp life-threatening objects.

This is just a start, but from a once, very open-minded liberal, enough is enough!

METRO Toronto

1 Concorde Gate, Suite 703
Toronto, ON M3C 3N6
Tel: 416-486-4900
Fax: 416-482-8097

Advertising: 416-486-4900 ext. 321
adinfotoronto@metronews.ca
Editorial: newsdesk@metronews.ca
Distribution inquiries:
toronto_distribution@metronews.ca
metro_inquiries@metronews.ca
torontoletters@metronews.ca

Toronto's #1 read FREE DAILY newspaper.
Source: NADbank 2007/08; base: Toronto CMA

Local:
Associate Publisher, Irene Patterson
Managing Editor, Glen Miller
glen.miller@metronews.ca
Associate Managing Editor, Tarin Elbert
Marketing Manager, Robyn Payne
Retail Sales Director, Tracy Day
Production and Distribution Director, Gerry Moher
National:
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive Director, Jodi Brown

NADbank Newspaper Audience Databank Inc. CCAB BPA WORLDWIDE PMB Please recycle metro Do it daily.

Metro is the world's largest newspaper, with more than 23.1 million daily readers in 100 major cities in 23 countries. metronews.ca

Iceland's central bank raises rates six points

Iceland's central bank raised its key interest rate yesterday by a stunning six percentage points to 18 per cent to make its currency more attractive to foreign investors, thereby helping its value after its banking sector collapsed. THE ASSOCIATED PRESS

Business

DOLLAR

0.37¢	C$	77.96¢ US
	US$	$1.2827

OIL

$62.73 US	
$0.49	

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Canadian Tire to sell food in stores

EXPERIMENT Canadian Tire is planning to open two experimental stores in Welland, Ont., and the Ottawa suburb of Orleans next month that will offer food and other consumable items. Elizabeth Evans of the Ted Rogers School of Retail Management, said diversifying product offerings is a necessary strategy for large-format retailers to expand market share as Canadian population growth stagnates. THE CANADIAN PRESS

GM seeking bailout?

Province watching reported request for $10B

Ontario is keeping a close watch on an apparent request by General Motors for a $10-billion US rescue package from the U.S. government to aid in its purchase of Chrysler.

Finance Minister Dwight Duncan says Ontario has not received any requests for financial help from the Detroit-based automaker, which, along with Chrysler, has major operations in the province.

Duncan says the province invested in the companies in the past, and has a $1.1-billion fund that the carmakers can access if they need help.

But he also wants the federal government to join the province in offering any financial help to the auto companies.

There are reports that merger talks involving GM and Chrysler's parent company, Cerberus Capital Management, have stalled over financing difficulties, and that GM is seeking a bailout to support the merger. THE CANADIAN PRESS

Aid request

- Ontario has received a request for $1 billion in aid from auto parts companies.

iPhones ring up profits for Rogers

RESULTS Rogers Communications says profits nearly doubled to $495 million in the latest quarter as the Canadian debut of the Apple iPhone sent the company's results higher. Rogers said it activated 255,000 iPhones during the quarter — two-thirds for existing customers — as wireless subscriber net additions totalled 239,000, with average monthly revenue per postpaid user up 4 per cent from a year ago to $78.46. THE CANADIAN PRESS

In brief

BANKING Analysts are slashing their ratings on Canada's big banks in anticipation of discouraging results in the coming quarters. John Aiken of Dundee Securities says the disappointing results will stretch into next year as capital market revenues moderate and credit quality weakens.

BAILOUT British Prime Minister Gordon Brown is calling on China and oil-rich Gulf states to offer money for an enhanced IMF bailout fund to help countries rocked by the economic crisis. METRO NEWS SERVICES

OCTOBER SPECIALS
PAINLESS • SAFE • FDA APPROVED • ALL SKIN TYPES

BEYOND LASER

UPPER LIP	$35
U/ARMS & BIKINI (FREE U/LIP)	$159
FULL FACE	$179
F/ARMS OR L/LEGS (FREE U/LIP)	$199
CHEST & ABDOMEN (M)	$299
SHOULDERS & F/BACK (M)	$399
F/LEGS (FREE BIKINI)	$399
FULL BODY	$799

A&T LASER INC. MEDICAL AESTHETICS

Call today for a FREE consultation
All fees are subject to package pricing

Downtown (Bay/Bloor) 416-929-4247
Mississauga (Hwy 10/Dundas) 905-896-1074
North York (Yonge/Sheppard) 416-221-2030

DO IT ONLINE. NOT IN LINE.
See online movie showtimes, trailers, reviews and purchase tickets at metronews.ca/movies

Are you currently experiencing
POSTPARTUM DEPRESSION?

Many new mothers experience a brief period of the "postpartum blues" that is considered in the normal range of health and usually ends one week after birth. However, 13% of mothers develop a clinically serious **postpartum depression.**

If you have recently given birth and are experiencing:
- Feeling sad or bouts of crying
- Feeling hopeless or worthless
- Loss of energy and difficulty concentrating
- Feeling unable to cope

You may have postpartum depression.

If you are interested in participating in research on postpartum depression please call
416.535.8501 x1750
camh Centre for Addiction and Mental Health

Do you *or someone you know* suffer from
Frequent MIGRAINES?

If you experience 3 or more migraines/month you may qualify for an important clinical research trial of an investigational medication.

Qualified participants will receive *at no cost :*
- Thorough evaluation by a physician
- Blood tests
- A review of preventative therapies
- Financial reimbursement for study-related expenses

PrimeHealth
Iris Gorfinkel, M. D.
1849 Yonge Street Suite 516 (@ Davisville Subway)
(416) 486-8444 ext. 1
All messages returned within 1 business day...or drop by!

DEBT PROBLEMS?
We Can Help!
Call Now 1-888-532-0098
FREE Consultation
- No more calls from collection agencies!
- One small monthly payment for all your debts!
- No need to go Bankrupt
- Cut your debt by up to 70%!
- Reduce Interest on your debts!

Licensed by the Ontario Government Reg# 4710424
Debt Payoff Canada
www.debtpayoff.ca

Are you a Healthy Person
between 18 and 55 years of age?
If so, we want to hear from you!

Apotex is currently recruiting for healthy **men** and **women** to participate in studies on pharmaceutical products.

CALL: 416-741-4256 Toll Free: 1-877-APO-CLNC (1-877-276-2562)
Hours: 8:30am to 5pm Monday to Friday 8:30am to 4:30pm Saturday
or register online @ www.apotex.ca

- YOU WILL BE PAID upon completion of the study
- Compensation may range from $800 to $3900 depending on the length of the study

APOTEX ADVANCING GENERICS

BIOVAIL CONTRACT RESEARCH, a recognized leader in the clinical research industry, is conducting studies of investigational medication through clinical trials. If you qualify, we'd like you to take part.

We are currently looking for:
- Healthy postmenopausal women
- Non-smokers
- Not on any regular medication

Compensation will be provided at the end of the study, which will take place in our Toronto facility.

Want to know more? Go online at
www.biovail-cro.com or call
(416) 752-3333.

BIOVAIL Contract Research

1.1 million
readers do it daily!
metro Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver, CMA 18+

MONEY PROBLEMS?

WITH CREDIT CARDS AND LOAN

MAKE ONE SMALL MONTHLY PAYMENT
FOR ALL YOUR DEBTS!

NO

- X Collection Agencies Calls?
- X Paying High Interest?
- X Court orders Against You?
- X Afraid of Losing Your Assets?
- X Garnished Wages?

WE

- √ Reduce Your Debts!
- √ Stop Interest Right Away!
- √ Re-Establish Your Credit!

NO NEED FOR BANKRUPTCY

YOU HAVE TO KNOW:
Before you see a trustee
in BANKRUPTCY
Talk to us First
Trustee represent your creditors
But we work for you !!

North York
416-650-1100

Scarborough
416-754-0011

Mississauga
905-275-4200

gta credit

www.gta-credit.com

• Spanish	416-650-5200	• Hindi / Urdu	416-650-1100
• Chinese	416-650-0044	• Portuguese	416-650-1700
• Russian	416-650-0400	• Polish	905-275-6200
• Tamil	416-650-5400	• Afghani	416-650-5800
• Persian	416-650-5800	• Ukrainian	416-650-0400
• Korean	416-650-0900	• Italian	416-650-1400

Marion Jones talks to Oprah

Disgraced U.S. track star Marion Jones will give her first post-prison interview to Oprah Winfrey. Jones' appearance on today's episode of The Oprah Winfrey Show will be her first interview since she was released from a Texas prison after completing most of her six-month sentence for lying about steroid use. METRO NEWS SERVICES

Sports

New details of Thomas episode

Officers who responded to Isiah Thomas' home Friday after a 9-1-1 call reporting an overdose on sleeping pills found a man passed out on the floor and gave him oxygen until an ambulance arrived. Authorities have not publicly identified Thomas as the victim, but a person familiar with the case has confirmed it was the former NBA star. Thomas has denied being the victim, instead insisting it was his 17-year-old daughter, Lauren, who required treatment. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Leafs zapped by Lecavalier

NHL RESULT

Lightning 3 Leafs 2

VS

THE SKINNY: Vincent Lecavalier scored a pair of highlight-reel goals and Mike Smith made 37 saves to lead the Tampa Bay Lightning to a 3-2 victory.

THE BEAUTY: Skating through the neutral zone, he dragged his leg at the Leafs blue-line to allow Vaclav Prospal's breakaway pass to slide past him into the zone onside. Lecavalier cut in on goalie Vesa Toskala and tucked in an against-stride, one-handed backhander.

THE FIRST PICK: Steven Stamkos earned his first NHL point on an assist.

FRANK GUNN/THE CANADIAN PRESS

Tampa Bay's Evgeny Artyukhin drives Leafs' defenceman Anton Stralman into the boards during the first period last night.

THE LEAF SCORERS: Matt Stajan and Mike Van Ryn scored for the Maple Leafs (3-3-3), who played well but had their two-game winning streak end.

THE NEXT GAME: Tonight in New Jersey.

NBA

Tonight

VS

6 p.m.
TV: The Score
Radio: FAN 590

THE SKINNY: A season of big expectations begins for the Raptors in Philadelphia against a 76ers team that perhaps underwent an even bigger off-season makeover than Toronto did.

STARTING LINEUPS:
TORONTO: Jose Calderon, Anthony Parker, Jamario Moon, Chris Bosh, Jermaine O'Neal.
PHILADELPHIA: Andre Miller, Thaddeus Young, Andre Iguodala, Elton Brand, Sam Dalembert.

THE KEY MATCHUP: O'Neal vs. Brand.

THE 3 SPOT: Raptors coach Sam Mitchell has been coy about his starting small forward but the signs indicate he'll stick with Moon over Joey Graham.

HOW WEATHER AFFECTS INDOOR SPORTS: The game has been moved to 6 p.m. to accomodate the continuation of suspended Game 5 of the World Series. The Sixers' home arena, the Wachovia Center, is located across a parking lot from the Phillies' Citizens Bank Park.

METRO NEWS SERVICES

Game 5 still tied 2-2 ... to finish tonight, maybe

AP PHOTO/GENE J. PUSKAR

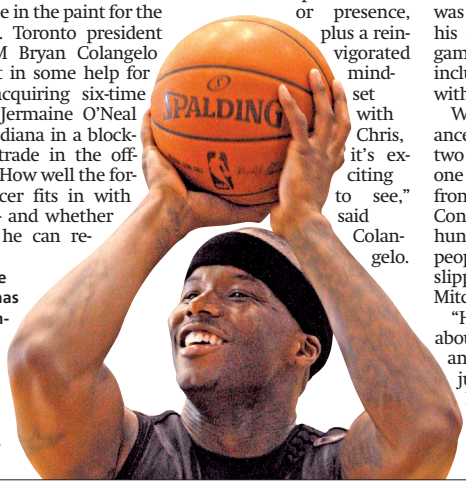
A statue of Phillies Hall of Fame third baseman Mike Schmidt soaks up continued rain yesterday outside Citizens Bank Park in Philadelphia. Game 5 of the World Series was suspended with the score tied 2-2 because of weather Monday night, and again delayed last night. The game will resume tonight, weather permitting. A Phillies win will give them their first World Series title in 28 years.

All eyes focused on O'Neal

He's the undisputed leader of Canada's NBA franchise so it comes as no surprise that Chris Bosh's dreadlocked likeness graces the Toronto Raptors ad campaign posters this season.

But for the first time in his pro career, the veteran forward won't strike a solitary pose in the paint for the Raptors. Toronto president and GM Bryan Colangelo brought in some help for Bosh, acquiring six-time all-star Jermaine O'Neal from Indiana in a blockbuster trade in the off-season. How well the former Pacer fits in with Bosh — and whether or not he can remain healthy after several injury-plagued seasons — will be significant factors in Toronto's fate this season.

"The presence that Jermaine has inside the paint, the factor of not only blocking shots but changing shots and being a presence in the lane ... knowing that we have an improved interior presence, plus a reinvigorated mindset with Chris, it's exciting to see," said Colangelo.



Jermaine O'Neal has been limited to 84 games the last three seasons.

"On paper, in terms of just pure talent, I would say yes, this is the best team we've had," the GM said.

Bosh arrived in camp stronger, fitter and fired up after his gold medal performance with the U.S. team at the Beijing Olympics.

He will team up in the frontcourt with O'Neal, who was virtually written off by his critics after missing 84 games over three seasons — including 42 last season — with a knee injury.

With nine all-star appearances between them, the two big men could provide one of the most formidable frontcourts in the Eastern Conference. "He has a hunger to prove to a lot of people that his game hasn't slipped," Raptors coach Sam Mitchell said.

"He feels really good about where he is physically and mentally right now. I just love the things that he talks about, defence and rebounding."

THE CANADIAN PRESS

NEW STOCK ARRIVING WEEKLY

GIANT WAREHOUSE SALE

The Official Down Under Warehouse Sale

BRAND NAME BEDDING & LINEN

up to 75% off MSRP

SALE STARTS TODAY @ 10 am sharp

VISA MasterCard AMERICAN EXPRESS Cards interac

Canadian White Down Duvet

Compare $149.99

$69.99 Any Size

Sofa Covers

Compare $59.99

from $9.99

350 Thread Count Cotton Sheet Sets

Compare $79.99

$29.99 Any Size

Johnson Home Comforters

Compare $49.99

$16.99 Any Size

Aqualite Synthetic Silk Duvet

Compare $99.99

$29.99 Any Size

7 Pc Bellismo Comforter Sets

Compare $79.99

$29.99 Any Size

Designer Bath Towels

Compare $9.99

$3.99

Flannel Sheet Sets

Compare $59.99

$29.99 Any Size

Memory Foam Pillows

Compare $49.99

$14.99

Springmaid Fleece Throws

Compare $14.99

$3.99

Percale Duvet Covers & Sheet Sets

Compare $49.99

$19.99 Any Size

Shower Curtains & Table Clothes

Compare $29.99

from $4.99

2 Pk Pillows

Compare $24.99

$9.99

Seville Cotton Chenille Blankets

Compare $99.99

$29.99 Any Size

Martha Stewart Bath Sheets

$9.99

Compare $24.99

Martha Stewart Face Cloths

$1.29

Compare $3.99

Mattress Pads

Compare $49.99

$19.99 Any Size

***FREE GIFT TO FIRST 100 Customers WITH A MINIMUM $25 PURCHASE** (This ad must be presented to receive gift. Maximum 1 per person)

DOWN UNDER • 444 YONGE (COLLEGE SUBWAY INSIDE COLLEGE PARK SOUTH END) 416.591.4828

STORE HOURS: MON - SAT: 10AM - 6PM SUN: 12 NOON - 5PM

SCARBOROUGH:
BED & BATH PLUS (INDEPENDENT STORE)
1571 Sandhurst Circle (INSIDE WOODSIDE SQUARE)
416-916-6587

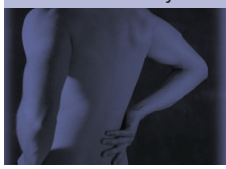
MISSISSAUGA:
BED & BATH PLUS (INDEPENDENT STORE)
1077 North Service Rd. (INSIDE APPLEWOOD PLAZA)
905-276-1867

*Some items may be slightly irregular & may not be exactly as illustrated. ** Not all items available at all locations.

Witten may play anyway

Cowboys tight end Jason Witten has a broken rib, but could play anyway Sunday against the New York Giants. Witten tried to return after injuring his ribs last weekend against Tampa Bay, but he eventually sat out most of the second half. METRO NEWS SERVICES

1.1 million
readers in Canada do it daily!
metronews.ca
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver, CMA 18+

CHRONIC LOWER BACK PATIENTS
Toronto Poly Clinic is providing multi-disciplinary treatment for chronic Lower Back Pain: medication - injections - exercise education - meditation education - diet education. All combined treatments by medical doctors at no costs to patients. You can ask your doctor to fax a referral to:

416.250.0323
or call
416.250.7171

Do you have cat allergies?

Allied Research International is seeking people with cat allergies to assess the effectiveness of an investigational vaccine for the treatment of cat allergies.
You may qualify to participate if you are between 18 and 65 years of age and have been allergic to cats for at least one year.
Qualifying participants will be compensated up to $2,500 upon study completion.
Call: 905-629-5777 or Toll Free: 1-888-ARI-5544
Regular hours of operation: Monday to Friday 9 am to 8 pm & Saturday 9 am to 5 pm
4520 Dixie Rd, Mississauga www.allied-research.com
AlliedResearch INTERNATIONAL
A Company of Cetero Research
ARI is a contract research organization dedicated to the advancement of clinical research. We conduct research for both healthy volunteers and those with medical conditions in a safe and friendly environment.

MEN & WOMEN NEEDED
We are looking for healthy volunteers to participate in clinical studies

You may be financially compensated up to $2500 upon completion of the study
If you are 18 to 55 years old and want to see if you qualify please contact us
416.759.5554
1.866.759.5554
www.pharmamedica.com
PHARMA MEDICA RESEARCH INC.

Ready to hit the slopes

J.P. MOCZULSKI/THE CANADIAN PRESS

The 2008-09 Canadian Alpine Ski Team was announced yesterday in Toronto. Front row women, from left, Chris Williamson, Kate Ryley, Erin Mielzynski, Emily Brydon, Britt Janyk, Shona Rubens, Megan Ryley, Genevieve Simard, Kelly VanderBeek and Larisa Yurkiw. Men, from left, Tyler Nella, Scott Barrett, Robbie Dixon, Pat Biggs, Erik Guay, Jan Hudec, Michael Janyk, John Kucera, Paul Stutz and Francois Bourque.

Sports in brief

HOCKEY Oshawa Generals forward John Tavares and Belleville Bulls defenceman P.K. Subban headline the OHL's roster for the 2008 ADT Canada-Russia Challenge in November. Tavares and Subban won a gold medal at the 2008 World Junior Hockey Championship, and will likely play for Canada again this year. Players 19 and under eligible for the Canadian junior team were chosen to face a squad of Russian selects Nov. 20 in Guelph and Nov. 24 in St. Catharines.

SPORTS Canada's Sports Hall of Fame is leaving Toronto for Calgary. The announcement was made yesterday in Toronto, where the hall has bounced between buildings on the Canadian National Exhibition grounds. THE CANADIAN PRESS

RAKE IN THE SAVINGS
SIGN UP FOR peaksaver®, GET A $50 CANADIAN TIRE GIFT CARD AND A $25 CREDIT
If you have a central air conditioner, sign up for peaksaver® now to reduce the amount of electricity it uses next summer. You'll receive a $50 Canadian Tire gift card from Toronto Hydro-Electric System, and a $25 credit on your electricity bill courtesy of the Ontario Power Authority.

SIGN UP NOW
Call 1-877-487-8574
Monday to Friday, 8 a.m. to 9 p.m.
Or sign up at
www.torontohydro.com/peaksaver
Please use the following offer code:
CTCDM108
Upon installation of your peaksaver® device, please allow two billing cycles for: 1) Delivery of your $50 gift card and 2) Your $25 credit to appear on your Toronto Hydro-Electric System Limited ("Toronto Hydro") bill. You must have a central AC unit in good working order to participate. Participants agree to remain on the peaksaver program until December 31, 2010. Limited time offer. Offer available to first-time participants only. Offer not valid with any other peaksaver promotion. peaksaver and the figure and star design are trademarks of Toronto Hydro Corporation used under license. Enrolment in the peaksaver program is subject to terms and conditions, which can be viewed at www.torontohydro.com/peaksaver or by calling 1-877-487-8574 to receive a copy by mail. Personal information gathered for the peaksaver program will be used by Toronto Hydro for the administration of the peaksaver program and to provide you with information and offers regarding other Toronto Hydro conservation programs. Delivery of Toronto Hydro conservation programs may require personal information to be disclosed to our Canadian and/or U.S. subcontractors. For more information, go to www.torontohydro.com/electricsystem/privacypolicy. Canadian Tire is a trademark of Canadian Tire Corporation, Limited used under license. ™ An official mark of the Ontario Power Authority.
every kilowatt counts
peaksaver
CANADIAN TIRE
toronto hydro electric system

Oilers looking to make trade?

YorkReport

Marty York

marty.york@metronews.ca

The Edmonton Oilers, slumping with four consecutive losses after an impressive 4-0 start, are desperately trying to trade a goaltender for a hard-nosed forward. Or two.

This is the word from two NHL sources, who told Metro the Oilers' Kevin Lowe and Steve Tambellini spent much of yesterday dangling their goalies as trade bait in discussions with rival club executives.

While the upstart Oilers have three NHL-calibre goalies — Dwayne Roloson, Mathieu Garon and Jeff Drouin-Deslauriers — it's become clear in recent games that they lack sufficient firepower.

After their 1-0 loss to the Boston Bruins Monday night, in fact, coach Craig MacTavish criticized the Oilers for being "too cute" and failing to produce an "aggressive enough attack."

He also said they haven't been "going to the tough areas to score goals."

Which explains their need for a hard-nosed forward. Or two.

• It's been the exact opposite story with Alberta's other NHL squad, which went undefeated (3-0) last week. Calgary's hard-nosed forward, Jarome Iginla, scored five of the Flames' 11 goals.

Dallas Stars loudmouth Sean Avery recently claimed Iginla is too quiet off the ice for the NHL to market, but the Calgary captain is making profound statements on the ice.

And NHL fans hear his messages loudly and clearly. There's a poll on NHL.com, in fact, in which the majority of participating fans suggest Iginla will score more than 50 goals this season.

• So how did the Phillies react when MLB commissioner Bud Selig suspended their World Series game after the Tampa Bay Rays tied it at 2-2 after the fifth inning Monday night?

"That (expletive deleted) Selig," a Philadelphia pitcher said within earshot of a New Jersey reporter (who didn't identify him). "I wouldn't let him supervise one of my (bowel movements). He has no clue. Not one (expletive deleted) clue." The same reporter said another Phillie said this about Selig: "He's a moron. How stupid can one person be?"

• I'm sure Danyelle Sargent feels pretty stupid these days.

She's a sideline reporter for Fox TV and said this to new San Francisco 49ers coach Mike Singletary in a pre-game interview Sunday: "I heard that your mentor Bill Walsh was one of the first phone calls that you made when you found out that you had the job."

Walsh died in July 2007. And Sargent interrupted the coach's answer by saying this into her earpiece, "I'm sorry. Oh. I'm sorry. What, what did I, what was wrong?"

Fox didn't air that portion of the interview but the blunder still circulated around the United States and wound up being shown on several programs.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Just dial 10-10-925 to save & WIN!

"THE YAK ATTACK IS BACK"

FREE CALLS FREE TRIPS FREE SERVICES

It's our biggest contest ever and it's so easy to enter.

Every time you use 10•10•925 for long distance you're automatically entered.
GRAND PRIZE: Win daily calls, weekly prizes and monthly flights to anywhere in the world! Plus lots of other cool prizes.

A MILLION CANADIANS TRUST YAK

Increase your chances of winning. Enter at www.yakattacks.ca

21¢/min. Philippines
5¢/min. Canada & USA
9¢/min. Italy & UK
9¢/min. Germany

"YAK ATTACKS THE WORLD" CONTEST

yak I can't believe it's a phone company.

This contest runs from 11:59p.m. EST, September 2, 2008 to 11:59 p.m. EST, Wednesday, December 31, 2008 ("The Contest Period"). No purchase required. Enter by dialing 10-10-925 before your long distance call or by visiting www.yakattacks.ca and filling out an electronic entry form. Only one (1) no-purchase entry allowed per person. For more info and complete contest Terms & Conditions call 1-877-545-0835 or visit www.yakattacks.ca. Terms of service apply. Calls to cellular and/or special termination destinations may be billed at a higher rate. Visit www.yak.ca for complete service details.

WE'RE SEARCHING FOR THE NEXT AMATEUR DUNK KING

Sprite THROW DOWN FOR THE CROWN AMATEUR DUNK COMPETITION

RAPTORS

500 DUNK AT THE OPEN TRYOUT COMPETITION AT AIR CANADA CENTRE ON NOV. 1ST. BE THERE. 9AM.

15 SELECTED TO COMPETE AT 1 OF 5 RAPTORS HOME GAMES.

1 TOP DUNKER WILL WIN* A TRIP TO THE 2010 NBA ALL STAR WEEKEND.

YOU GOTTA SHOW UP TO THROW DOWN

SPRITEBASKETBALL.COM

*NO PURCHASE NECESSARY. The Sprite "Throw Down for the Crown" Amateur Dunk Competition Open Tryout session is being held at 9:00 am on November 1, 2008 at Air Canada Center, Toronto, Ontario. Open to residents of Ontario over the age of majority. Fifteen (15) Top Dunkers, as selected by a panel of judges based upon the creativity, athleticism, and the completion of the dunk, will be eligible to win a basketball jersey and short set (size and style to be determined by contest sponsors) and two (2) tickets to a Raptors Home Basketball Game (specific date and seat location to be determined by contest sponsors) (ARV $200.00) and the chance to compete in one (1) of five (5) monthly semi-final Dunk Competitions to be held at a 2008-2009 Season Raptors Home Game. Each semi final dunk competition will consist of 3 Top Dunkers competing for the chance to be in the Final Top Dunk Competition. The winner of the semi-final and final dunk competitions will be determined by which contestant receives the most number of text message votes cast by the audience at each applicable Raptors home game. Limit one (1) text message vote per person per competition. Standard text message and cell phone fees will apply. The winner of the Final Top Dunker Competition will be eligible to win a Grand Prize consisting of a trip for two (2) to the NBA All-Star Weekend (location and dates to be determined in the sole discretion of Coca-Cola Ltd.; ARV $12, 500). For full contest details see www.spritebasketball.com. Some restrictions apply.

®/™ Coca-Cola Ltd., used under license. Printed in Canada. "Sprite" is a registered trademark of Coca-Cola Ltd., used under license.
"Toronto Raptors" and associated word marks and logos are trademarks, designs and other forms of intellectual property of NBA Properties, Inc. and the Toronto Raptors and are used under license © 2008 C., used by permission © 2008 MLSE. All rights reserved.

Steelers' WR Holmes back against Redskins

The Pittsburgh Steelers won't further punish wide receiver Santonio Holmes for being charged last week with a marijuana-related offence and plan to start him Monday night in Washington. METRO NEWS SERVICES

Canada makes U-17 history

SOCCER Canada opened the first ever FIFA U-17 Women's World Cup with a 1-0 win over host New Zealand yesterday thanks to a 53rd-minute goal by Montreal midfielder Rachel Lamarre.

The inaugural soccer tournament features 16 countries including Canada, the U.S. and Costa Rica from the CONCACAF region, which covers North and Central America and the Caribbean. Lamarre, 17, opened the scoring by evading two defenders and beating New Zealand goalkeeper Victoria Esson.

Canada plays South American champion Colombia on Friday.

THE CANADIAN PRESS

Fool's gold or real fantasy value?

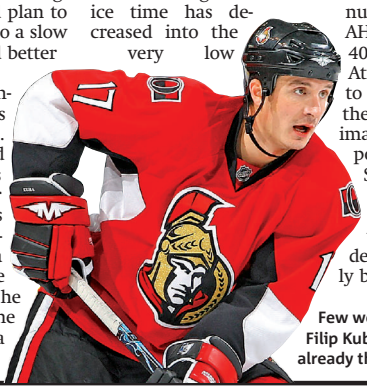
Order is steadily being restored to the NHL scoring list, with the names that should be up top replacing those that shouldn't as the new season's sample size continues to grow.

Still, there are some players with bigger numbers than you might expect heading into the fourth week of the campaign and for poolies they can either represent waiver-wire gold or a wasted transaction.

Brandon Dubinsky, Filip Kuba, Mikko Koivu and Aaron Voros all fit into that category and trying to decide if they're legit can be tricky.

If you're picking them up as an injury stop-gap or to milk a hot streak before moving on, there's little risk involved. But if you're looking at them as long-term solutions and plan to drop someone off to a slow start, than you had better be more careful.

Voros, for instance, has all kinds of warning signs. The 27-year-old New York Rangers centre has never put up big numbers anywhere in his career and was last a point-per game player when he played junior in the BCHL. If he wasn't a big points producer in college or the AHL, things aren't likely to suddenly click at the NHL. As well, he's gone pointless in his last three games and his ice time has decreased into the very low teens. All signs that his bubble is bursting fast.



Few would have guessed Sens D Filip Kuba would have 11 points already this season.

Reading the other players isn't as straightforward.

Dubinsky had decent numbers in the WHL and AHL and last year put up 40 points for the Rangers. At just 22, it's reasonable to expect there's more there, although it's hard to imagine him maintaining a point-per game pace. Somewhere between 40-60 points is a reasonable projection. Kuba, the 31-year-old Senators defenceman, has generally been a 30-point defenceman in his career but accomplished most of that with the offensively restricted Minnesota Wild before playing second-fiddle to Dan Boyle the past two seasons in Tampa. He's running the Ottawa power play and may continue shine with the added responsibility.

Koivu, a 25-year-old Wild centre, may be experiencing a similar progression. With star winger Marian Gaborik injured and Pavol Demitra gone, the 2001 first-round pick is seizing a bigger role and considering he posted 42 points in 57 games last season, another jump isn't unreasonable.

THE CANADIAN PRESS

VAGINAL TIGHTENING
• Smaller & Tighter Vagina
• Amazing, Incredible Difference
• Tighten loose stretched vaginal opening
• Can improve Sex
• Can improve Intimacy
• Natural Looking Vagina
416-926-0456

HAIR TRANSPLANT
• Quality
• Service
• Experience

Jeunesse
"Where Dreams Become Reality"
COSMETIC SURGERY BREAKTHROUGH
25 YEARS EXPERIENCE
www.lafontainesurgery.com
Over 35,000 Satisfied Patients • Free Consultations • Financing Available
Celebrity Clients
(416) 962-4444
Board Certified Surgeons
Affordable Prices
890-A Yonge Street
(1 Block N. of Bloor) (Next to MTV Building /Yorkville Area • Parking Available)

LIPOSUCTION
RATED #1 LIPOSUCTION CENTRE WORLDWIDE
Dramatic Results - Patient Photos
Shaping & Sculpting - Stomach, Hips, Thighs
Look & Feel Better While Reducing
Overweight to Obese (10-175 lbs. overweight)
FROM $1999*
Flatter Stomach - No Tummy Tuck
Reduce Belly Fat - Lower Risk of Stroke, Heart Attack, Diabetes, Alzheimer's & Dementia
MacLeans, Tor. Star, Spare Tire & Belly Fat Age 40 Mid-Age Tor. Star (Journal of Neurology) *Individual results vary
BEFORE AFTER

BREAST AUGMENTATION
Have the larger, fuller, more sensual breasts you've always dreamed of! $3495*
FEATURED ON T.V.!
WORLD LEADING COSMETIC & PLASTIC SURGERY
• Nose Shaping • Correction of Droopy Eyelids • Face Lift • Wrinkle Remover • Permanent Eye & Lip Liners • Fuller Lips • Botox • Oriental Eyes & Face, Specialists
BEFORE AFTER
*Plus Anesthetic & O.R.
COSMETIC SURGERY FROM $1999*
SAY GOODBYE TO Wrinkles, moles, red/brown/black spots, facial/leg veins, unsightly stretch marks, sun/aged/ weathered/damaged skin, rosecia, acne/acne scars and other annoying skin blemishes – IPL-Laser
WORLD'S LEADING PHOTO FACIAL
• Beyond Laser Resurfacing
• Beyond Botox
• Non-Surgical Face Lift
FDA APPROVED
LJ Photo Facial utilizes advanced vasculite system, combined with micro-dermabrasion and LJ skin repair serum
NO LASER CAN MATCH RESULTS

LASER HAIR REMOVAL
World's Fastest MEN & WOMEN
Amazing instant results Remove hair from face, arms, bikini, legs, under arms & back in minutes • FDA approved • No pain • Fastest & safest laser to date • Fraction of the cost of Electrolysis
Ask About Our GUARANTEE
SPECIAL UPPER LIP, CHIN, OR UNDER ARMS ONLY $69
MEN'S BACK FROM $200
MICRO-DERMABRASION $150 For Stretchmarks & Acne Scars | $29* Glytone Peels for Acne

TREAT A FRIEND - free coffee friday!
Present this coupon with the purchase of a Treats coffee and receive a free coffee of equal value.
Valid Fridays at all participating Treats locations & while the promotion lasts - don't delay, Treat a friend this Friday!
This coupon has no cash value and is not to be combined with any other offer.
International Treats Coffee Emporium
Find the nearest cafe at Treats.com!

SCOREBOARD

NBA

LAST NIGHT'S GAMES
Boston 90 Cleveland 85
Milwaukee at Chicago
Portland at L.A. Lakers

TONIGHT'S GAMES
TORONTO at Philadelphia
Atlanta at Orlando
New Jersey at Washington
Miami at New York
Phoenix at San Antonio
Milwaukee at Oklahoma City
Indiana at Detroit
Sacramento at Minnesota
Memphis at Houston
Denver at Utah
L.A. Lakers at L.A. Clippers
New Orleans at Golden State

NHL

EASTERN CONFERENCE

NORTHEAST DIVISION

	W	L	OL	PTS
Buffalo	6	0	2	14
Montreal	6	1	1	12
Boston	3	2	3	9
TORONTO	3	2	3	9
Ottawa	3	5	1	7

ATLANTIC DIVISION

	W	L	OL	PTS
N.Y. Rangers	9	2	1	18
Pittsburgh	5	2	1	12
New Jersey	5	2	1	18
Philadelphia	2	3	3	7
N.Y. Islanders	2	5	0	4

SOUTHEAST DIVISION

	W	L	OL	PTS
Washington	5	3	1	10
Carolina	4	2	2	10
Florida	4	4	0	8
Atlanta	2	4	2	6
Tampa Bay	2	3	3	6

WESTERN CONFERENCE

CENTRAL DIVISION

	W	L	OL	PTS
Detroit	6	1	1	13
St. Louis	5	3	0	10
Chicago	3	2	3	9
Nashville	4	4	1	9
Columbus	3	5	0	6

NORTHWEST DIVISION

	W	L	OL	PTS
Minnesota	5	0	1	12
Colorado	5	3	0	10
Calgary	4	3	1	9
Edmonton	4	3	0	8
Vancouver	4	4	0	8

PACIFIC DIVISION

	W	L	OL	PTS
San Jose	7	2	0	14
Anaheim	4	5	0	8
Dallas	3	4	2	8
Los Angeles	3	4	0	6
Phoenix	3	4	0	6

LAST NIGHT'S GAMES
Tampa Bay 3 **TORONTO 2**
Montreal 3, Carolina 2 (SO)
Washington 4 Nashville 3 (SO)
Philadelphia 7 Atlanta 0
Colorado at Calgary
Boston at Vancouver
Pittsburgh at San Jose

Automotive

A METRO JOINT VENTURE WITH: carguide magazine.com

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

High Caliber, bargain price

Chrysler's little tweaks go a long way in sporty, muscular SRT4

LORNE DRURY
for Metro Canada

The hood scoop and wheels are the first clue that this isn't just any Dodge Caliber. It's the 2008 Caliber SRT4, with 285 hp and 265 lb/ft of torque.

The interior of the Caliber SRT4 is performance oriented with a tach front and centre and a turbo boost gauge to the left of the steering wheel.

2008 Dodge Caliber SRT4

Type: Compact car
Price: $24,995 as tested
Engine: 2.4-litre DOHC inline four-cylinder
HP: 285

Highlights

- Powerful
- Affordable
- Eye-popping colours

Performance and low price rarely go hand in hand when you're talking about cars these days.

However, with Dodge's 2008 Caliber SRT4, you get 285 hp and 265 lb/ft or torque, starting at less than the $25,000 mark.

Talk about a bargain. Most performance versions of these compact sport sedans list at closer to the $30,000 mark.

SRT stands for street and racing technology and it is Chrysler's performance division. It has a number of models currently on the market including the Jeep Grand Cherokee SRT8, Viper SRT10, Charger SRT8, and the Brampton-built Chrysler 300 SRT8 and Challenger SRT8.

With the Caliber SRT4, what Chrysler has done is taken a standard production Caliber, tweaked it with a turbocharger, high-performance suspension, huge brakes, 19-inch wheels and dressed it up with scoops and a rear spoiler, all for a starting price of $24,995.

With these modifications, your normal Caliber economy hatch now goes from 0-96 km/h in just more than six seconds. A quarter-mile time is estimated at 13.6 seconds.

In the SRT4, the 2.4-litre intercooled turbo inline four-cylinder engine is mated with a six-speed Getrag manual transmission. No automatic transmission is offered, so if a high-performance machine is your desire, be prepared to shift manually.

My tester included an SRT option package ($925) and special SRT wheels ($250). With a destination charge of $1,200, the car was listed at $27,470 — a great price for the performance this car provides.

However, if you hurry you might be able to do better than that. I recently saw a loaded 2008 SRT4 advertised for $21,795 as dealers start to clear out the 2008s to make room for incoming 2009 models.

In the SRT4, the four-wheel independent suspension is specially tuned and lowered. It features unique springs, front and rear anti-sway bars and twin-tube dampers. Traction control is standard.

"I can't think of another car on the market that offers the same combination of power and performance at a price less than $25,000. The tuner crowd should be in love with this car."

On the braking side, Bosch dual piston calipers in a brilliant red colour are at the front along with huge 340 mm (13.4 inch) discs and functional cooling ducts. At the rear are 300 mm (11.8 inch) discs.

To get the power to the right places in this front-drive vehicle, the SRT4 has a specially-engineered Electronic Stability Program (ESP) with Brake Lock Differential (BLD) technology to transfer torque to the drive tire with the most traction.

And as far as tires are concerned, 225/45R19 high performance tires are standard on the SRT4, with 225/45R19 BSW performance tires available as an option.

Inside, the basic Caliber interior has been modified with special SRT4 embroidered front seats that are deeply bolstered and similar to those found on the $100,000 Dodge Viper.

You also get a centre-mounted tach, 300 km/h speedometer, turbo boost gauge, bright aluminum pedals and leather-wrapped steering wheel (with audio controls) and shift knob. Also standard is air conditioning with the Chill Zone storage compartment near the glove box for keeping water and pop cans cool on hot summer days.

The outside has been dressed up with a functional hood scoop, a unique front fascia, fog lamps, a large rear spoiler and SRT badging. Four exterior colours are offered including the eye-popping Inferno Red Crystal Pearl featured on my tester.

While the base car starts at under $25,000, you could easily go much higher with options like the power sunroof, 13-speaker KICKER/SRTLivin Loud 522-watt sound system or the MusicGate Power sound system.

Performance is what makes the SRT4 attractive to a certain segment of the automotive market, yet fuel economy isn't half bad for this turbocharged model.

The SRT4 is rated at 10.9L/100 km city (26 mpg) and 7.4L/100 km (38 mpg) highway— a long shot better than muscle cars of the '70s were able to attain.

From the cockpit, vision ahead on the highway is fairly good due to the vehicle's high stance. However, the deep dashboard makes it difficult to judge just where the car's front end begins, making parking a bit of a chore.

Minor quibbles aside, I can't think of another car on the market that offers the same combination of power and performance at a price less than $25,000. The tuner crowd should be in love with this car.

It's 1965 all over again for MINI

EXHIBIT A unique MINI featuring a visually stunning exterior designed by legendary artist, illustrator and graphic designer Alan Aldridge is now on show at the Design Museum in London that runs until Jan. 29, 2009.

The MINI Aldridge Special is an exhibit in a retrospective display of Aldridge's work, entitled The Man with Kaleidoscope Eyes.

Aldridge is known primarily for his creative work throughout the 1960s and '70s.

Dubbed The Graphic Entertainer, Aldridge illustrated lyric books for the Beatles, album covers for The Rolling Stones, The Who and Elton John, was art director for Penguin Books and illustrated much-loved children's books such as The Butterfly Ball.

Now working in Los Angeles, Aldridge was keen to mark the opening of his exhibition by recreating an iconic cover of the Sunday Times Magazine, which in 1965 featured a classic Mini painted in his own, inimitable style.

The MINI Aldridge Special is adorned with an array of images, shapes and patterns, each reflecting either a male or female theme, just as the 1965 car did.

The design theme is split between each side of the car, the driver side being largely set on a blue background and masculine in appearance, with passenger near side artistry backed on pink.

Renowned artist Alan Aldridge has created the MINI Aldridge Special for an art exhibition in London.

Forty years of research and continual development have led to the 2009 Mazda RX-8 R3 sports car with its unique rotary engine.

History in motion

Rotary-powered Mazda RX-8 40 years in making

JIM ROBINSON
for Metro Canada

Winkle, winkle little Wankel/How I wonder if your crank'll/Torque enough to turn itself/Or will you wind up on the shelf.

That little poem was penned by John Dinkel, a 20-year veteran with Road & Track magazine in the 1970s and, one of the great automotive writers of all time.

His poem kicked off a feature on the then new Wankel rotary engine that German carmaker NSU (now part of Audi) was trying to make viable.

The problem was Dr. Felix Wankel invented it to power torpedoes for German U-boats. It was never supposed to last longer than a few minutes, so trying to create a permanent rotor seal was not an issue.

NSU could not make it work, as hard as it tried. Nor could General Motors, Daimler-Benz, Rolls-Royce and Citroen.

But the little known Mazda company in Japan gave it a go. After literally thousands of substances were tried, including horsehair, Mazda got the rotor to seal at the apexes for an acceptably long period.

Then, on May 30, 1967, Mazda launched the world's first twin-rotor engined car, the Mazda Cosmo Sport.

The 2009 Mazda RX-8 marks 40 years of the rotary and the R3 model is equipped to the point that there are no options available, but it does have more than a dozen extras never before offered on a RX-8.

Power is a twin-chamber rotary with the equivalent of 1.3-litres displacement. The R3 version is slightly more powerful at 238 hp and 159 lb/ft of torque on premium fuel. Fuel consumption is listed at 12.8/9.2L/100 km city/highway. There is only one transmission, a six-speed manual derived from the one used in the MX-5 Miata.

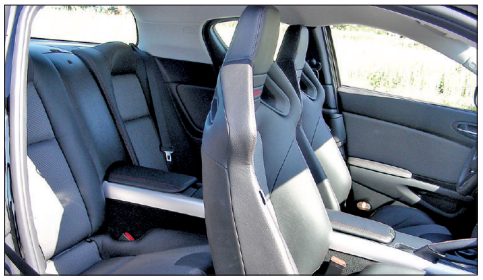
The new RX-8 R3 also features variable red-zone technology, which limits revs at a cold start to protect the engine and allows full use of the car's uniquely broad 9,000 rpm revband when it is fully warmed.

The electric power steering is also light, a bit too light for me, but nonetheless quick and effective without that ratchet feeling so common in first generation electric steering boxes.

Besides the rotary engine, the RX-8 is unique in having demi-doors to the back seat often called suicide doors. They are like French doors when opened. The backseat is more decorative than useable, but you can fit two small fry back there.

Base price of the 2009 RX-8 is $37,295 but the R3 package bumps that to $40,780.

Standard on all RX-8s including the R3 is a Bose premium sound system, cruise, climate control, rain-sensing wipers, automatic headlamp levelling and too much more to print.



One unique aspect on the RX-8 is the French doors that offer access to the back seat.

2009 Mazda RX-8 R3

Type: High performance coupe
Price: $40,780
Engine: 1.3-litre, twin chamber rotary engine
HP: 238

Highlights

- Swift
- Well-equipped base model
- Light-touch steering

Power to people with electric cars

Owning an electric vehicle requires more than global-cooling ambitions. It takes guile, planning, sharp vision, a silver tongue — and a 15-metre extension cord.

Steve Bernheim knows accessible outlets like a firefighter knows hydrants. He has to — his Corbin Sparrow runs only 40 kilometres on a charge.

"You do guerrilla charging where you locate these plugs," said Bernheim, a lawyer who lives in the Seattle suburb of Edmonds. "I'm an expert at finding them."

While California has more than 500 public charging stations at parks, malls and grocery stores to serve electric vehicles that rolled out in the last decade, the network is still thin across the rest of the United States, forcing drivers like Bernheim to get creative.

That may change as charging stations crop up in San Jose, Seattle and Portland to serve early adopters and pave the way for a new breed of mass-market plug-in cars.

"Every auto company in the world is developing all-electric or plug-in hybrids," said Zan Dubin Scott, a spokeswoman for Plug In America, a non-profit advocacy group for electric car owners. "The utilities, municipalities and smart business people are seeing that this is the future."

The vast majority of electric vehicle owners charge their cars at home while they sleep, so most trips aren't a problem.

But drivers can now plug in at two park-and-ride lots in King County, which includes Seattle. The county plans to add sockets at three garages under construction.

"We want to make sure we're ahead of the curve in doing what we can to support the use of these vehicles," said Rochelle Ogershok, a county transportation spokeswoman.

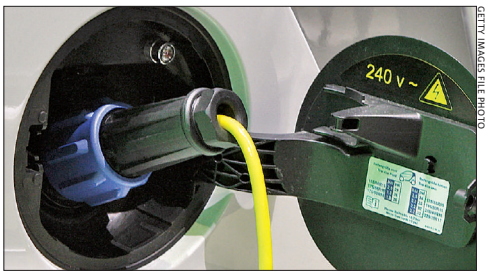
In Oregon, Portland General Electric put five free charging stations in downtown Portland, Salem and suburban Lake Oswego, and plans to add more.

At the end of the year, Coulomb Technologies plans to roll out five curbside charging stations in downtown San Jose that drivers can access through a prepaid plan. The company is working with entities in New York and Florida to do something similar, president and founder Praveen Mandal said.

THE ASSOCIATED PRESS

The charge factor

- Street-legal "neighbourhood electric vehicles" that can travel up to 40 kilometres per hour typically go about 55 to 65 kilometres on a single charge. Vehicles like the Chevrolet Volt that General Motors Corp. plans to sell in 2010 can travel about 65 kilometres before the gasoline engine kicks in.



GETTY IMAGES FILE PHOTO

Charging stations are cropping up in U.S. cities to pave the way for a new breed of mass-market plug-in cars.

I CAN CALL SOUTH AMERICA FOR HOW MUCH?

FOR SHORT CALLS DIAL 10-10-100
Charged by the minute.
Chile and Argentina 25¢ for 15 minutes*

FOR LONG CALLS DIAL 10-10-620
Flat fee for unlimited minutes or blocks of minutes.
Chile and Argentina $1.99 unlimited minutes

Win Free Long Distance Calling for a Year!**
Simply continue to use your home phone to dial 10-10-100 or 10-10-620 before your long distance number. Receive an automatic entry to win for every call made. Save and win!
*5¢ per additional minute. Minimum charge 25¢. **Visit www.telehop.com for contest details and conditions that apply, or call 1-888-620-9030.

Telehop™ The Smart Alternative
10-10-100 HUNDREDS OF WAYS TO SAVE™
10-10-620®

The Saturn Clearout.

PAYMENTS AS ATTRACTIVE AS OUR VEHICLES.

SATURN

THE ALL-NEW EUROPEAN-BUILT 2008 SATURN ASTRA 5-DOOR XE

HWY - 6.1 L/100 KM (46 MPG)° CITY - 8.5 L/100 KM (33 MPG)°

OWN FOR ONLY $198* PER MONTH 0%Δ PURCHASE FINANCING FOR 60 MOS.

FINANCE PURCHASE PRICE STARTING FROM $16,150‡

2008 Saturn ASTRA™ 5-door XR model shown

AJAC Award Winner, Best New Small Car

MOTORING 2008, Car of the Year

0%Δ FOR 60 MOS. ON SELECT 2008 MODELS

PLUS

SAVE 20¢ PER LITRE ON 2,500 LITRES▼ ON ALL MODELS

2008 SATURN VUE XE

HWY - 7.5 L/100 KM (38 MPG)° CITY - 11.0 L/100 KM (26 MPG)°

OWN FOR ONLY $278* PER MONTH 0%Δ PURCHASE FINANCING FOR 60 MOS.

FINANCE PURCHASE PRICE STARTING FROM $24,590‡

Excludes hybrid models

2008 Saturn VUE® XR model shown

2008 SATURN AURA XE

HWY - 6.5 L/100 KM (43 MPG)° CITY - 9.6 L/100 KM (29 MPG)°

OWN FOR ONLY $258* PER MONTH 0%Δ PURCHASE FINANCING FOR 60 MOS.

FINANCE PURCHASE PRICE STARTING FROM $22,340‡

Excludes hybrid models

2008 Saturn AURA® XR model shown

2008 SATURN OUTLOOK XE

HWY - 8.3 L/100 KM (34 MPG)° CITY - 13.0 L/100 KM (22 MPG)°

CASH PURCHASE PRICE STARTING AT $27,635§

INCLUDES A $7,000 CASH DELIVERY ALLOWANCE‡ ON THE CASH PURCHASE OF ALL 2008 OUTLOOK MODELS.

2008 Saturn OUTLOOK® XR model shown

THE SATURN PROMISE

5-YEAR OR 160,000 KM POWERTRAIN COMPONENT LIMITED WARRANTY¶
COURTESY TRANSPORTATION AND ROADSIDE ASSISTANCE^
NO-HASSLE EXPERIENCE | 30-DAY VEHICLE EXCHANGE†

STUDENT BONUS.ca — Let Saturn Canada make your first two finance payments.£

REWARD YOURSELF BY GIVING UP YOUR OLD CAR. Get $750 off an eligible new Saturn vehicle when you send your old car to a better place. Visit carheaven.ca or visit your local Saturn Retailer for details.♦

Car Heaven — where old cars come to a good end

Your Experience begins at **saturncanada.com**

Rethink. SATURN

Saturn of Brampton	Saturn of Mississauga	Budds' Saturn Saab	Roy Foss Saturn Saab of Thornhill	Saturn Saab on the Queensway Ltd.	Roy Foss Saturn Saab of Leaside	Saturn of Woodbridge	Saturn Saab of Pickering
8046 Dixie Road	Erin Mills Auto Centre	2400 South Service Road West	7200 Yonge Street	1652 The Queensway	957 Eglinton Ave. East	33 Auto Park Circle	980 Kingston Road
Brampton (905) 796-7960	Mississauga (905) 607-7799	Oakville (905) 845-1610	Thornhill (905) 764-0764	Toronto (416) 253-5008	Toronto (416) 422-1100	Woodbridge (905) 850-9909	Pickering (905) 839-6159

†The 2008 vehicle's Powertrain components are covered by a limited Powertrain component warranty for up to 5 years or 160,000 km, whichever comes first. See Retailer for details and conditions on limited warranty and customer assistance/service features. ¶Coverage for up to 5 years or 160,000 km, whichever comes first. ‡Within the first 30 days or 2,500 km of delivery, whichever comes first. You should know this: "Cash purchase price is $27,635 for a 2008 Saturn OUTLOOK XE FWD, includes a $7,000 cash delivery allowance available on all 2008 OUTLOOK models. Such allowance is available only for cash purchases, and by selecting finance offers, consumers are foregoing such credit which will result in higher effective interest rates. §"Freight ($1,300/$1,200/$1,250/$1,220) on a 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE/2008 Saturn OUTLOOK XE not included. Taxes, licence, insurance, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, and optional equipment extra. PDI included. Retailers are free to set individual prices. Retailer trade may be necessary. Offers apply as indicated to new 2008 Saturn ASTRA 5-Door XE with manual transmission, 2008 Saturn VUE XE, 2008 Saturn AURA XE or 2008 Saturn OUTLOOK XE models (excluding hybrid models) and apply to qualified retail and eligible fleet customers in the Ontario Marketing Association Area only. See your Retailer, visit saturncanada.com or call 1-888-4SATURN for conditions and details. ΔΔFinancing on approved GMAC credit only. Down payment, trade or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example for a representative credit agreement: $10,000 at 0% APR, the monthly payment is $167 for 60 mos. Cost of borrowing is $0. Total obligation is $10,000. A monthly payment of $186/$278/$258 is based on a finance purchase price of $16,150/$24,590/$22,340 for the 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE and includes a $4,250/$7,900/$6,850 down payment (finance purchase price reflects $1,750/$2,500/$2,000 manufacturer-to-retailer incentive, available only with GMAC financing). Financing offer applies to qualified retail and eligible fleet customers only and is not available on hybrid models. ΔFuel efficiency data was determined using approved Transport Canada test methods. ^On approved GMAC credit only. See Retailer for details. ▼With purchase of virtually all 2008 new or demonstrator models delivered from Retailer stock between October 8, 2008 and October 31, 2008, and with payment of an additional $0.01, customers receive a Preferred Price™ gas savings card, redeemable for $0.20 per litre savings on 2,500 L of motor fuel. The $0.20 savings includes applicable taxes. Cards valid as of 72 hours after delivery. Cards valid only at participating Petro-Canada locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash. All 2008 Saturn vehicles are eligible. GM reserves the right to amend or terminate this offer and/or the program for any reason, in whole or in part, at any time without notice. ♦Donated vehicles must be licensed and insured for the previous consecutive 6-month period. For eligibility requirements, visit carheaven.ca. ‡‡Let Saturn Canada make your first two finance payments. £Subject to credit approval. Offer applies to qualified retail customers only. Offer ends December 31, 2008. Offer applies to the first two consecutive monthly payments on eligible new Saturn vehicles financed through GMAC. Offer applies to the principal portion of the monthly payment only. Offer is not applicable to lease payments, GMAC insurance products, taxes, licence, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, optional equipment extra, PDI, down payment, trade or security deposit. Offer is not available on hybrid models. Offer is not available in conjunction with any other offer. See Retailer for details. ΔΔFinancing on approved GMAC credit only. Down payment, trade or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example for a representative credit agreement: $10,000 at 0% APR, the monthly payment is $167 for 60 mos. Cost of borrowing is $0. Total obligation is $10,000. A monthly payment of $186/$278/$258 is based on a finance purchase price of $16,150/$24,590/$22,340 for the 2008 Saturn ASTRA 5-Door XE/2008 Saturn VUE XE/2008 Saturn AURA XE and includes a $4,250/$7,900/$6,850 down payment (finance purchase price reflects $1,750/$2,500/$2,000 manufacturer-to-retailer incentive, available only with GMAC financing). Financing offer applies to qualified retail and eligible fleet customers only and is not available on hybrid models. ΔFuel efficiency data was determined using approved Transport Canada test methods. ^On approved GMAC credit only. See Retailer for details. ▼With purchase of virtually all 2008 new or demonstrator models delivered from Retailer stock between October 8, 2008 and October 31, 2008, and with payment of an additional $0.01, customers receive a Preferred Price™ gas savings card, redeemable for $0.20 per litre savings on 2,500 L of motor fuel. The $0.20 savings includes applicable taxes. Cards valid as of 72 hours after delivery. Cards valid only at participating Petro-Canada locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash. All 2008 Saturn vehicles are eligible. GM reserves the right to amend or terminate this offer and/or the program for any reason, in whole or in part, at any time without notice. ♦Donated vehicles must be licensed and insured for the previous consecutive 6-month period. For eligibility requirements, visit carheaven.ca. ‡‡Let Saturn Canada make your first two finance payments. £Subject to credit approval. Offer applies to qualified retail customers only. Offer ends December 31, 2008. Offer applies to the first two consecutive monthly payments on eligible new Saturn vehicles financed through GMAC. Offer applies to the principal portion of the monthly payment only. Offer is not applicable to lease payments, GMAC insurance products, taxes, licence, registration, administration fees, fees associated with publication/filing at the movable property registry/PPSA, duties, optional equipment extra, PDI, down payment, trade or security deposit. Offer is not available on hybrid models. Offer is not available in conjunction with any other offer. See Retailer for details.

™Trademark of Petro-Canada. Used under license. ©2008 Saturn Corporation. Saturn, its logos and vehicle names are trademarks or registered trademarks of Saturn Corporation. All Rights Reserved.

Volvo C70 a looker

LORNE DRURY
for Metro Canada

As spectacular looking as the 2008 Volvo C70 is, the drive is even sweeter.

However, at $61,895 for the tester I recently drove, the C70 is priced well above some other retractable hardtops like the VW Eos and Chrysler Sebring.

Good looks are probably its No. 1 attribute, because the C70 is anything but practical. When you put the top down, there is very little room under a plastic cover that has to be pulled down in the trunk before the roof can be retracted.

Granted, there is a back seat that can be used for storage, but where do you put your luggage and stuff if you have to make a stop and don't want to put the top back up and down again?

And speaking of the top, it's something to marvel at when you push a button on the centre console to start its downward operation. In fact, the 25-to-30 second ritual is likely to draw a crowd as the three parts fold their way neatly on top of each other into the trunk.

The C70 comes with only one engine, a 2.5-litre five-cylinder turbo, producing 227 hp at 5,000 rpm and 236 lb/ft of torque. It is mated with a smooth-shifting six-speed manual transmission that is a treat to operate. A five-speed automatic with manual mode ($1,500) is available as an option.

2008 Volvo C70 T5

Type: Luxury retractable hardtop
Price: $56,795, as tested $61,895
Engine: 2.5-litre, turbocharged five-cylinder
HP: 227

Highlights

- Quality ride
- Stylish interior
- Retractable hardtop

The 2008 Volvo C70 is a 2+2 convertible with a retractable hardtop that folds neatly in three sections into the trunk in less than 30 seconds.

Horsepower is up nine over the 2007 model and a few new options are available on the 2008 model including Volvo Blindspot Information System (BLIS) and keyless drive ($575) that allows drivers to unlock the car and start it up without taking the key from their pocket.

Volvo's brochure advertises room for four, but the 2+2 setup makes it cramped for taller back seat passengers, even with the front seats moved forward. But in a pinch, there is room for more than two passengers — something many convertibles on the market don't offer.

My tester came in a striking Magic Blue exterior colour with a Passion Leather Calcite interior — an attractive combination.

Among the standard features are four-wheel anti-lock braking system (ABS), electronic brake-distribution (EBD), dynamic stability and traction control (DSTC), emergency brake assist (EBA), whiplash protection system (WHIPS), door mounted inflatable curtain (DMIC), roll over protection system (ROPS), driver and front passenger multi-stage air bags with knee pad, seatbelt pre-tensioners, side impact protection system with side impact air bags, collision energy management body structure and pedestrian protection. As you can see, Volvo hasn't gotten away from making safety its top selling feature.

As with all Volvos, I loved the seats. The front driver's seat provided just the right amount of back and thigh support. Heated front seats came as part of the Premium Package ($2,850) that also included Passion leather upholstery, retractable side view mirrors with puddle lights, rain sensor, Homelink, auto dimming rear view mirror with compass and headlamp washers.

A look at the upscale interior of the Volvo C70. The "floating" centre stack is a Volvo trademark.

The ride quality is quite soft and comfortable for a convertible and there is a good degree of rigidity in the body when travelling rough roads.

The interior look and quality is first rate as in most Volvos. The classic floating centre stack is an interesting feature that I particularly like.

On the highway at higher speeds with the windows up, there's surprisingly little wind buffeting and with the upgraded Dynaudio stereo (a $2,250 option) cranked up, what could be better than a summer cruise in a convertible.

IF ONLY BLIND DATES CAME WITH A 360 DEGREE INSPECTION.

MINI NEXT.
Certified Pre-Owned Cars.

Blind dates may be risky, but owning a pre-owned MINI never is. In fact, the MINI NEXT program is the perfect way to experience a MINI of your very own, without compromising on style, Go-Kart handling and superior design as well as:

- A complete 360 degree vehicle inspection
- A certified, 6 year or 160,000 km MINI NEXT Protection Plan
- 24 hour roadside assistance
- A 5 day/300 km money-back guarantee

To find out how the MINI NEXT program is right for you, visit your local GTA MINI Retailer.

MINI

MINI DOWNTOWN
11 Sunlight Park Road
Toronto, ON M4M 1B5
TEL: (416) 623-4269
MINIDOWNTOWN.CA

MINI DURHAM
100 Achilles Road
Ajax, ON L1Z 0C5
TEL: (905) 619-5533
MINIDURHAM.CA

MINI MARKHAM
8111 Kennedy Road
Markham, ON L3R 5M2
TEL: (905) 948-2965
MINIMARKHAM.CA

MINI OAKVILLE
2454 South Service Rd. W.
Oakville, ON L6L 5M9
TEL: (905) 469-6220
MINIOAKVILLE.CA

MINI VAUGHAN WEST
55 Auto Park Circle
Woodbridge, ON L4L 8R1
TEL: (905) 856-1912
MINIVAUGHANWEST.CA

© 2008 MINI Canada. "MINI" and the MINI logo are registered trademarks of BMW AG, used under license.

5-Door SE model shown, MSRP $16,270

The new incredibly fuel-efficient **2009 PONTIAC G3 WAVE.** That's right. No matter what you're driving right now, you're probably spending more time with the gas pump than you want to. Maybe you need to start hanging around with a G3 Wave. With 5.7L/100 KM on the highway and 7.9L/100 KM in the city[1], it's certainly not going to strengthen your relationship with the gas pump, but honestly, what did that old pump really do for you, anyway? The G3 Wave, on the other hand will give you an auxiliary audio input jack, five star rating for frontal impact[2], available side-impact airbags, optional OnStar® and the best coverage in Canada[3]. So go ahead, break old pumpy's heart. And never look back. **Cash Purchase Price at $9,995.***

PONTIAC G3 WAVE IGNITE THE FEELING pontiac.gm.ca

PONTIAC
BUICK
GMC
GM

*Cash purchase price reflects discounts only available with cash purchase price offer and not available for purchase financing or lease offers. Freight ($1225), licence, insurance, registration, PPSA, administration fees, duties and taxes not included. Dealers are free to set individual prices. See newspaper or your participating dealer for details. [1]When equipped with a 5-speed manual transmission, estimated 2009 ratings, based on GM testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. [2]Equivalent Chevrolet Aveo model tested. US government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). [3]Whichever comes first. See dealer for limited warranty details.

SCION headed to Canada

Toyota Canada has announced the SCION brand is finally coming to Canada in 2010.

"Young Canadians have been telling us they want SCION, and now their desire is within reach. SCION is an authentic brand, created to mesh with youthful tastes and sensibilities, and we're excited to expand our presence in Canada with new vehicles that offer a unique blend of flexibility, personalization, affordability and fuel efficiency," said Larry Hutchinson, director of Toyota Canada Inc.

SCION attracted new customers to the Toyota family when the brand was launched in the United States in 2003.

SCION changed the purchase experience by allowing visitors to browse, investigate, research or just discover SCION entirely at their own pace through grassroots events and a highly interactive and constantly evolving website.

SCION will come to Canada with three vehicles:

- The SCION tC compact sport coupe combines style and fun in a five-seater hatchback, topped with a remarkable panorama moon roof;
- The SCION xD blends personality in a subcompact five-door hatchback;
- The SCION xB compact five-door hatchback delivers astounding spaciousness wrapped in a cubic cladding that's game for urban adventure.

All SCION models are well equipped with a full range of features, from air conditioning and cruise control to serious audio systems with SCION Sound Processing.

The SCION xB will one of three models that will be available in Canada in 2010.

PICK YOUR PASSION.

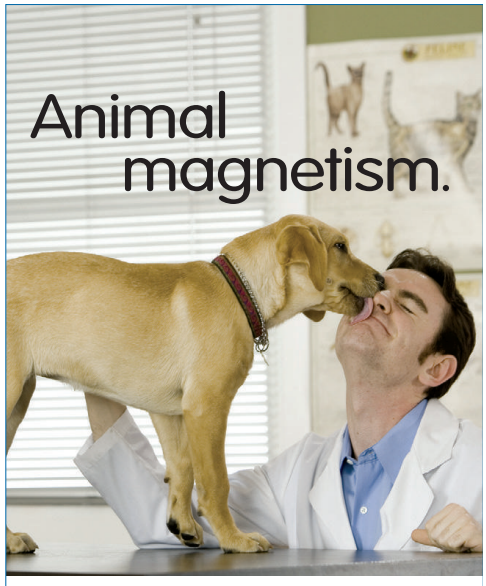
30 years and nearly 9,000 physicians and veterinarians later, we're still the best!

1978 2008 ROSS UNIVERSITY CELEBRATING THIRTY YEARS

Ross University School of Medicine, the right choice in the Caribbean.

At Ross University School of Medicine, you'll receive the most thorough medical training imaginable – with 16 months of Basic Sciences in Dominica and clinical rotations at our network of nearly 70 top U.S. teaching hospitals. Ross University places more graduates in U.S. residency positions than any other medical school in the world.

ROSS UNIVERSITY EST. 1978 SCHOOL OF MEDICINE



If you've always been drawn to veterinary medicine, look no further than Ross University.

You'll receive seven semesters of rigorous pre-clinical education at our state-of-the-art campus in St. Kitts. Then you'll return to the U.S. for your clinical rotations at one of 21 AVMA-accredited veterinary schools affiliated with Ross University.

ROSS UNIVERSITY EST. 1978 SCHOOL OF VETERINARY MEDICINE

Come to our School of Medicine Information Seminar, Sat., November 1, 2:00 pm Holiday Inn Toronto - Yorkdale

Come to our School of Veterinary Medicine Information Seminar, Sat., November 1, 10:00 am Holiday Inn Toronto - Yorkdale

Register at RossU.edu or call 877-ROSS-EDU

Chrysler hybrids top fuel economy ratings

Yeah, it's got a Hemi Hybrid.

And best-in-class fuel economy, too.

Official U.S. EPA fuel economy numbers for the 2009 Chrysler Aspen Hybrid and Dodge Durango Hybrid are 20 city and 22 highway, achieving best-in-class fuel economy ratings for a full-size 4x4 SUV.

Chrysler LLC's first production hybrids are coupled with the renowned 5.7-litre Hemi V8 engine with fuel-saving Multi-Displacement System (MDS) technology.

Total output, when combined with the advanced two-mode hybrid system, is 400 hp and 380 lb/ft of torque — the most powerful hybrid SUVs.

Capable of towing 6,000 pounds, 2009 Chrysler Aspen and Dodge Durango hybrid vehicles deliver seamless, dependable power and performance on demand, in an efficient package.

With an electrically variable transmission — featuring the best characteristics of an automatic transmission and hybrid drive — and two different hybrid modes of operation, the drive system dramatically improves fuel economy around town and at highway speeds.

Arriving later this year, the new 2009 Chrysler Aspen Hybrid will give a unique option to customers who need the cargo and towing capability of a sport-utility vehicle, but want a more efficient alternative.

Chrysler Aspen Hybrid is better than 53 per cent more fuel-efficient in the city and 40 per cent more fuel efficient overall.

Chrysler (Chrysler Aspen Hybrid shown) and Dodge hybrid SUVs boast fuel economy improvement of more than 53 per cent in city, and 40 per cent overall.

Lexus ES 350 for all tastes

For 2009, the Lexus ES 350 comes generously equipped, featuring an inspired suite of performance, handling, safety, comfort and convenience features.

What's more, a plethora of upgrade packages allow Lexus guests to tailor their ES 350 luxury sedan to their distinctive taste.

This includes a Navigation Package, new for the 2009 model year that makes the benefits of a DVD-based navigation system with back-up camera even more accessible.

The 2009 Lexus ES 350 is now on sale across Canada at the suggested retail price of $39,900.

The Lexus ES 350 features a lightweight but powerful 3.5-litre V6. This engine features many Lexus technologies, from Dual Variable Valve Timing with intelligence to an Acoustic Control Induction System, that maximize available power and fuel efficiency while minimizing emissions.

All ES 350 models are equipped with a heavy-duty battery, starter alternator and heater for improved winter performance, plus a corrosion-resistant stainless steel exhaust system.

Covert tour
Get the lay of the land as a spy on London Walks' Spies' and Spycatchers' London tour. Every Saturday afternoon, a customized tour will lead aspiring agents around some of London's most secret places in the world of espionage and into the covert world of the MI5 and MI6 organizations. VISITLONDON.COM

Travel

Spying on London

When in London, try on a bit of the 007 lifestyle by hopping on a speedboat. Flying Fish Tours, which runs a thrillseeker's dream, will shoot you along the Thames on its Early Bird Scenic London tour — you'll pass the MI6 headquarters, shown at left, as well as many other London landmarks including Tower Bridge and the O2 Arena. VISITLONDON.COM

TRAVELDESK@METRONEWS.CA

KATHY WILLENS/THE ASSOCIATED PRESS

The Empire State Building is visible through the filigree of a wrought iron railing on a patio at the Blue Moon Hotel in the Lower East Side in New York. The 22-room boutique hotel opened in March 2006 in an 1879 building that has been painstakingly restored.

Tales of the Lower East Side

For waves of immigrants to America, New York's Lower East Side was a place of first settlement. Today, it's one of the city's trendiest neighbourhoods but it's still easy to find history amid the hipsters.

Some shops sell pickles and knishes, others sell tapas and tattoos. One grand building with arches and columns once housed the Yiddish Forward newspaper but is now home to $3-million US condos. And a museum that tells the story of immigrants is a few blocks from a museum of contemporary art.

"This is the quintessential old neighbourhood, where tradition meets the cutting edge," said Holly Kaye, founding executive director of the Lower East Side Conservancy. Kaye's organization helped persuade the National Trust for Historic Preservation in May to declare the Lower East Side an "endangered historic place," citing new hotels and condos "looming large over the original tenement streetscape."

The city has designated 25 historic landmarks on the Lower East Side and is reviewing another 2,334 buildings to see if any qualify for protection from development. For anyone interested in history and architecture, or even just food and shopping, the neighbourhood is a fascinating destination.

• Big Onion Walking Tours of the area include The Multi-Ethnic Eating Tour, The Jewish Lower East Side and Immigrant New York; bigonion.com. The Lower East Side Conservancy also offers monthly tours, nyc jewishtours.org.

The Lower East Side Tenement Museum, at 97 Orchard St., tenement.org, is a must-see. The building dates to 1863 but its apartments were sealed in 1935 because the landlord could not comply with new housing laws. When the museum acquired the building in 1996, it was a time capsule. Apartment tours reveal stories of real people who lived there. One family crammed 11 people in their 325-square-foot unit; another apartment housed a sweatshop in addition to a family of five.

• A newer attraction, the New Museum of Contemporary Art, opened last December at 235 Bowery, newmuseum.org.

•A third museum is both very old and very new. The Eldridge Street Synagogue, at 12 Eldridge St., eldridgestreet.org, was founded in 1887 as the first great house of worship built by Eastern European Jews in the U.S. It recently completed a 20-year restoration, and opened a museum about the synagogue and the neighbourhood's Jewish history.

THE ASSOCIATED PRESS

transat HOLIDAYS

Book your winter vacation NOW!

STRETCH YOUR DOLLAR! LIMITED TIME OFFER SAVE AN ADDITIONAL $400 PER COUPLE EVEN ON PREVIOUSLY REDUCED PRICES!

All Products
All Sun Destinations
All Departures
from November 1, 2008
to May 31, 2009

marlin travel™ 1-877-622-8014 www.marlintravel.ca

Flights are from Toronto via Air Transat, Skyservice, Westjet, Canjet or Thomas Cook. Package prices shown are per person, based on double occupancy in lead room category. Taxes and travel related fees are extra and noted above. Space and prices are subject to availability at time of booking and subject to change without notice. **Stretch Your Dollar Promotion: Save $200 per person on all products, in all sun destinations for all departures November 1, 2008 to May 31, 2009. Offer valid for a limited time on new bookings only. Advertised prices reflect additional savings.** For full descriptions refer to the 2008/09 Sun Brochure,2008-2010 Cruise Brochure. Transat Holidays is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg no 50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. **Marlin:** ®tm Trademarks of AIR MILES International Trading B.V., used under license by Loyalty Management Group Canada Inc. and Transat Distribution Canada Inc. Marlin Travel is a division of Transat Distribution Canada Inc., Head Office at 191 The West Mall, Suite 700, Etobicoke,ON, M9C 5K8. Ontario Reg. No. 50015084 tico.ca

DO IT ONLINE. NOT IN LINE.
See online movie showtimes, trailers, reviews and purchase tickets at metronews.ca/movies

Airfares

ORLANDO $23
Travel Nov 15 - Nov 22/ts + taxes & fees $224

New York City $135
Travel Nov 5 - Nov 12/nw + taxes & fees $111

Vancouver $149
Travel Nov 2 - Nov 10/wg + taxes & fees $226

Las Vegas $199
Travel Jan 4 - Jan 8/wg + taxes & fees $212

London $199
Travel Nov 27 - Nov 4/ts + taxes & fees $448

Paris $395
Travel May 12 - May 22/ts + taxes & fees $395

Holidays

London City Break $306
Ibis Earls Court + taxes & fees $448
INCLUDES roundtrip airfare and the first 2 nights 3-star central accom with breakfast. Travel Jan 14 - 27/vat/ts. ADD London hop-on hop-off bus tour from $36.

Las Vegas 4-Star $349
Bally's + taxes & fees $212
INCLUDES roundtrip airfare and 4 nights 3-star accom located on the Las Vegas Strip. Departs Jan 19/inf/wg. ADD Las Vegas Strip at night helicopter tour from $96.

Chicago Getaway $449
Essex Inn + taxes & fees $105
INCLUDES roundtrip airfare and 3 nights 3-star accom in downtown Chicago. Departs Nov 13/inf/nw. ADD 2-day hop-on hop-off trolley tour from $37.

Family Holidays

DISNEY $229*
Disney's All-Star Resort + taxes & fees $224
INCLUDES roundtrip airfare and 7 nights 3-star accom at *Walt Disney World* Resort in Orlando and roundtrip transfers. Departs Nov 29/inf/ts. BONUS inclusions offered, please contact us for details. ADD 6-day *Walt Disney World Magic Your Way* Base Ticket from $254. ADD *Disney* Character Breakfast from $92.

Orlando 4-Star $289*
Sheraton's Vistana Resort + taxes & fees $224
INCLUDES roundtrip airfare and 7 nights 4-star accom minutes from *Walt Disney World* Resort. Departs Nov 29/inf/ts. UPGRADE to 2-bedroom accom from $11 per night.

All-inclusive Holidays

Puerto Plata 4-Star $268
Viva Wyndham Tangerine + taxes & fees $368
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Nov 7/swg/wg.

Punta Cana 4.5-Star $338
Ocean Sand by H10 + taxes & fees $368
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Nov 1/sgn/5g.

Varadero 4-Star $385
Mercure Playa de Oro + taxes & fees $210
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom in Santa Lucia. Departs Nov 13/swg/wg. UPGRADE to 4.5 star accom Oasis Varadero 1920 in Varadero from $18 per night.

PERFECT HOLIDAY PROMISE Enjoy your holiday or we'll give you $100 towards another one!

FLIGHT CENTRE Unbeatable 1 866 485 7097 | flightcentre.ca

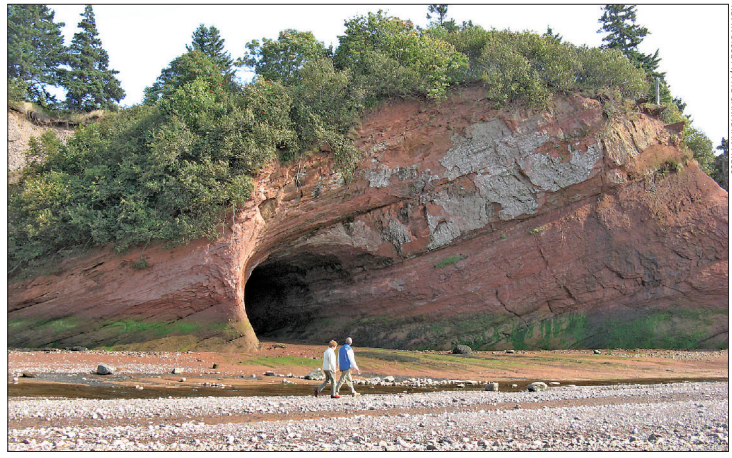
*Conditions apply. Ex:Toronto. Air only prices are per person for return travel unless otherwise stated. Package, cruise, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. *Family Special Holiday based on 2 adults and 2 children 17 years and under. swg/wg=sunwing, vat/ts=transat, nw=northwest, inf=infinity, 5g=skyservice, nol=nolitours, sgn=signature. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384* TICO

Only virtual visits to Cuckoo's Nest hospital

Tourists interested in exploring the hospital made famous in the film One Flew Over the Cuckoo's Nest will have to settle for a virtual visit. State officials decided to stop tours at the 125-year-old J. Building at the Oregon State Hospital because of concerns including demands on staff. THE ASSOCIATED PRESS

Nature's rush

The ebb and flow of the Bay of Fundy is a natural wonder you can experience from hiking trails and scenic roadways



KEVIN BISSETT/THE CANADIAN PRESS

A couple walks on the ocean floor at low tide to view caves carved by the Bay of Fundy.

Nestled along New Brunswick's south coast, well away from the major highways, is one of Atlantic Canada's true tourism gems — the Fundy Trail. It's a treasure that's growing in popularity and in size as the majestic system of roadways, hiking and biking trails, and scenic outlooks enters its second phase of development.

"When it's completed, New Brunswickers will be very proud of the spectacular view and closeness of the Bay of Fundy that we're going to provide," says Stuart Jamieson, New Brunswick's minister of tourism.

"It's the largest project of tourism in the province's history, and it's something that will last for generations to come."

The Fundy Trail — open from mid-May to mid-October — was started in 1990 and began with the purchase of 28,000 hectares of land from the Hearst Corp.

In fact, the Hearst lodge still remains on the property. With four bedrooms plus two adjacent cabins, it was built as a fishing lodge by U.S. newspaper magnate J. Randolph Hearst.

For hearty tourists willing to make the hike, the lodge — 2.8 kilometres from the interpretive centre on the river — is open to visitors to view.

The coastline along the Fundy Trail features spectacular views of the bay, red sandstone cliffs, waterfalls and secluded beaches.

To get to the trail, head to St. Martins, a quaint coastal community 50 kilometres east of Saint John. Here you'll find a collection of shops, B&Bs, inns and small restaurants ready to serve the catch of the day and seafood chowder.

There are also the caves, carved by the mighty Bay of Fundy tides. Time your visit for low tide and you can walk on the floor of the bay, collect shells and venture into the caves.

Don't let the winding, secondary roads from Saint John to St. Martins lower your expectations. Once on the trail parkway you'll find a well-maintained, paved road with incredible views around every turn.

"It is fitted to the landscape, resulting in it being very twisty with low posted speeds," said Frank Wilson, president of the Fundy Trail Development Authority.

"The Fundy Trail Parkway is not just an auto trail. It has a trail beside it for hiking and cycling.

"I'm a firm believer that there's a lot of very athletic hikers who can hike that coast, but there are a lot of people who may be handicapped or elderly who also should be able to see that coast, and that's what we have designed (the parkway) for," Wilson said.

But for those wanting some exercise there are hiking and biking trails with levels of difficulty ranging from easy to challenging.

The tougher trails include uneven terrain with ascents ranging from 300 metres to more than 700 metres. Some trails include steep stairs and ladders but the destinations, such as Fuller Falls, are well worth the effort.

During a recent visit, two retired couples who had made the trek to the base of the falls were relaxing on the benches there, enjoying the sight and sound of the water, and had unpacked a picnic lunch complete with cheese, crackers and a bottle of wine.

Nearby, Kathy Koop of Verdun, Man., described the trail as an adventure.

"A lot of difficult walks, but it has been very enjoyable," she said. "The scenery is beautiful and very much different from home."

The current 11 kilometres of the Fundy Trail Parkway, from St. Martins to the Big Salmon River, attracts up to 50,000 visitors a year. A bridge completed in September now allows vehicles to cross the river, leaving another 30 kilometres of roadway and trail to be completed over the next five or six years.

Once complete, tourists will be able to explore the New Brunswick coastline from Reversing Falls in Saint John through to Fundy National Park and Hopewell Cape — a distance of some 140 kilometres. THE CANADIAN PRESS

On the web

- For more information, visit fundytrailparkway.com.

KEVIN BISSETT/THE CANADIAN PRESS

Visitors to New Brunswick's Fundy Trail make their way across a suspension bridge spanning Big Salmon River.

YOUR MONEY... save it!
Visit us for great travel deals and to get an ISIC for thousands of student discounts worldwide.
187 College Street (416) 979-2406
Gould St (Ryerson) (416) 977-0441
2235 Yonge (Eglinton) (416) 322-6623
York U - York Lanes Bldg. (416) 661-0611
ISIC WITH YOU ALL THE WAY
TRAVEL CUTS See the world your way

Sears travel
Every trip has its rewards™
PAY LATER* OR PAY MONTHLY* OR EARN 5,000 BONUS SEARS CLUB POINTS**
PRICE MATCH GUARANTEE!
WE'LL MATCH ANY ADVERTISED PRICE***
Some conditions apply. See Terms & Conditions for details.

Riviera Maya
Grand Sirenis Riviera Maya ★★★★★
7 nts • Thu, Jan 8 - 22 • All Incl.
Junior Suite Gardenview • from Toronto
$73/month
or $867 +$267 taxes & surcharges†
Early Booking Bonus savings of $80††

Punta Cana
Colony Bay • Only from Sunquest ★★★★
7 nts • Fri, Jan 2 - 16 • All Incl.
Hotel Room • from Toronto
$84/month
or $997 +$309 taxes & surcharges†

Aruba
Sunquest
Riu Palace Aruba • Only from Sunquest ★★★★½
7 nts • Fri, Jan 9 -16 • All Incl.
Hotel Room • from Toronto
$152/month
or $1,817 +$230 taxes & surcharges†

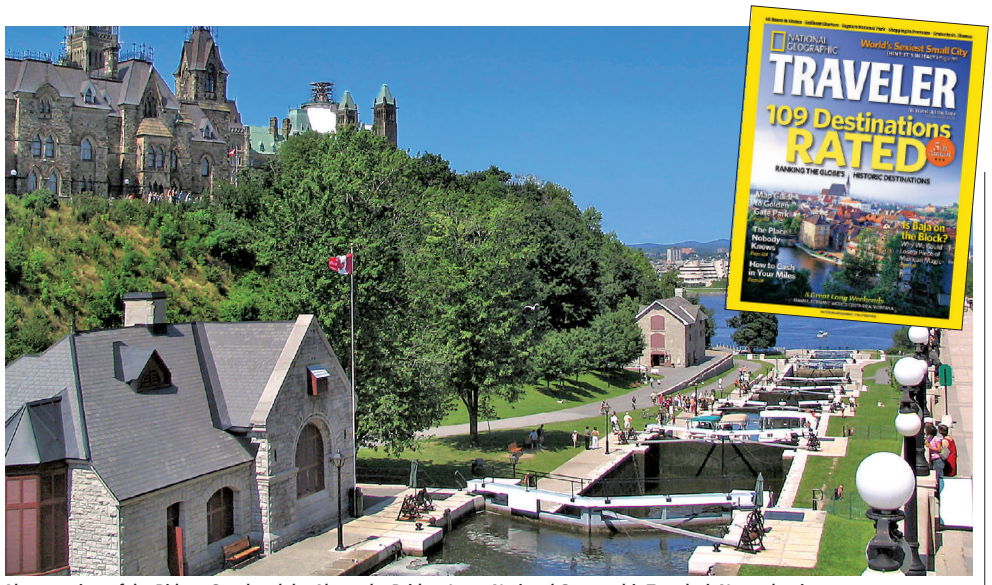
3 WAYS TO SHOP: IN STORE | 1-866-359-7327 | SEARSTRAVEL.CA

Toronto Eaton Centre (416) 593-5252
Erin Mills Town Centre (905) 607-2520
Bramalea City Centre (905) 458-0333
Mapleview Centre (905) 639-9000
Oakville Place (905) 842-7211
The Promenade (905) 731-4543
Woodbine Centre (416) 798-3577
Square One (905) 276-6385
Sherway Gardens (416) 621-7075
Yorkdale Centre (416) 782-5558
Upper Canada Mall (905) 898-1122
Oshawa Shopping Centre (905) 571-1898
Pickering Town Centre (905) 420-7600
Scarborough Town Centre (416) 296-1226
Markville Centre (905) 946-8077

† Valid on new bookings only. All prices are in CAD dollars, per person, based on double occupancy, available at press time and are subject to change and availability at time of booking. All government taxes, fees and fuel surcharges are as indicated. Some conditions may apply. †† Early Booking Bonus is included in price and valid at time of printing. Subject to change without notice. * "Pay Later" and "PayMonthly" optional financing programs are available with participating suppliers, for new bookings made between Sept.8 and Dec.15/2008 on your Sears Card or Sears® MasterCard®,on approved credit. For both options, all applicable taxes, surcharges and a financing fee of $55 (excluding Quebec) will be charged to your Sears Card or Sears® MasterCard®, at time of booking. Optional financing programs do not qualify for Sears Club Points. Bookings may be made at Sears Travel in store locations or at 1-866-359-7327. Sears optional finance programs are not available online.When billed, any unpaid portion of your Sears Card or Sears® MasterCard® account balance will attract credit charges, commencing on the billing date for such unpaid portion. ** "Bonus Sears Club Points" offer is applicable,with participating suppliers,on bookings made between Sept.8 and Dec. 15/2008 on your Sears Card or Sears® MasterCard®, on approved credit,on a minimum of $2400 per room for all-inclusive vacations, excluding taxes, surcharges and insurance, or on a minimum of $2400 per cabin for cruise bookings, excluding airfare, taxes, surcharges and insurance, or on a minimum of $2400 per room for land only bookings, excluding airfare, taxes, surcharges and insurance.Child rates do not apply towards the $2400 per room/ cabin minimum. Group bookings do not qualify for the 5000 Bonus Sears Club Points.Maximum 5000 Bonus Sears Club Points per room. Bonus Sears Club Points will be applied at month of departure. Bookings may be made at Sears Travel in store locations, searstravel.ca or at 1-866-359-7327. See Sears Travel in store or call 1-866-359-7327 for complete details. *** Sears Travel in-store locations, 1-866-359-7327 and searstravel.ca will match any Canadian competitor's advertised price, in print or online, for identical vacation packages, at time of booking. Some restrictions apply. Details at Sears Travel in-store locations or at 1-866-359-7327. ©2008 Sears Canada Inc. d.b.a. Sears Travel Service.B.C.Reg.No.216-6.Ont.Reg.#2264141.Quebec Permit Holder.®Registered trademarks of Royal Bank of Canada.Used under license.
RBC Insurance®

Let It Snow some more

itravel2000 has extended its Let it Snow promotion to Sunday. Travellers who book a qualifying vacation with the company by that date can get their trip for free if it snows more than five inches on New Year's Day at their weather station. METRO NEWS SERVICES



Above, a view of the Rideau Canal and the Alexandra Bridge. Inset, National Geographic Traveler's November issue.

Rideau Canal gets top history marks

OTTAWA In the November issue of National Geographic Traveler magazine, which will be on newsstands as of Nov. 4, Ontario's Rideau Canal Corridor places No. 2 out of 109 historic destinations around the world, a leader in the Best-Rated Places category in the magazine's fifth annual survey of authentic travel destinations.

Here's a compilation of what the magazine's reviewers had to say about the canal: "Flowing 126 miles from Ottawa to Lake Ontario, the 1832 canal 'displays a high degree of authenticity.' Named a World Heritage site in 2007, it is a 'cornerstone of economic and social sustainability.' Lined by parks and historically alluring communities, the corridor is a 'high-quality model of collaborative action in creating sustainable heritage tourism.'"

What was the world's No. 1 historic destination? Austria's Wachau/Melk Abbey, of which the magazine's reviewers said: "'You really step back in time' at this 'impressively maintained' Benedictine monastery overlooking the Danube. Villages 'seem to try to outdo each other in promoting their heritage.' A 'nice combination of agro-tourism and gourmet tourism.'"

METRO NEWS SERVICES

Montreal gaming festival offers sneak preview of new products

MONTREAL At last year's Arcadia Festival, video game enthusiasts were able to try out new games, including Super Mario Galaxy, before they hit the market.

More sneak peeks will be in store at this year's event, being held Nov. 7-9 at the Pepsi Forum in Montreal.

The festival was created in 2005 for video gamers of all levels, and also brings together video game editors, developers and other industry professionals.

The general public can roam through four floors of exhibition space and stop at 300 game stations. There will also be music concerts and competitions; gamers can register in advance for the competitions at festivalarcadia.com. Festival tickets are available at the door and through TicketPro. THE CANADIAN PRESS

Travel in brief

HAMILTON, ONT. Just in time for Halloween Travelocity and IgoUgo have named The Customs House in Hamilton, Ont. among Canada's most mysterious destinations. See *haunted hamilton.com/local_customshouse.html*. METRO NEWS SERVICES

PUERTO PLATA
$488
BAHIA PRINCIPE SAN JUAN
GOLDEN CLUB ★★★★
7 NIGHTS ALL INCLUSIVE
THU JAN 8, 15, 22, ADD TAXES $308

MANZANILLO
$598
TESORO
MANZANILLO ★★★★
7 NIGHTS ALL INCLUSIVE
FRI JAN 2, 9, 23, ADD TAXES $267

transat HOLIDAYS

marlin travel
1-877-622-8014 www.marlintravel.ca

Flights are from Toronto via Air Transat and Skyservice. Prices shown are per person, double occupancy, lead room category. Taxes extra noted above. Space & prices subject to availability and change without notice. For full descriptions refer to the 2008/09 Sun brochure. Transat Holidays is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg. no 50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. **Marlin:** ®tm Trademarks of AIR MILES International Trading B.V., used under license by Loyalty Management Group Canada Inc. and Transat Distribution Canada Inc. Marlin Travel is a division of Transat Distribution Canada Inc., Head Office at 191 The West Mall, Suite 700, Etobicoke,ON, M9C 5K8. Ontario Reg. No. 50015084

A new New York ice age

A new ice age is coming to the American Museum of Natural History in New York City. The museum is opening a 45-metre by 24-metre outdoor ice skating rink from Nov. 22 through Feb. 28. THE ASSOCIATED PRESS

Burg Frankenstein is home to Germany's best Halloween bash

Boris Karloff never walked these grounds, but the history of Burg Frankenstein may have inspired Mary Shelley's famous monster.

It has also inspired one of the oldest Halloween parties in Germany, started by the U.S. Army 31 years ago.

Since then an estimated 15,000 people flock to the former keep near Darmstadt in western Germany annually for chills, frights and the chance to walk through the halls of the place that many believe inspired the creation of "The Modern Prometheus," as Shelley subtitled her famous novel.

This year, the weekend parties started Oct. 24 and extend through Nov. 9.

Once a massive fortress, all that remains of the castle is a pair of towers and a chapel. But that is plenty of space for Halloween-inspired mayhem with a torture chamber, fireworks, flaming swords and, of course, a rather tall, grey-tinged hulking collection of body parts.

On the web

- *frankenstein-halloween.de*

What's left of the 1,000-year-old castle — it was first mentioned in local records in 948 — offers the perfect atmosphere for thrill-seeking.

A shuttle bus winds up through the dark woods and at the top there are only festival lights and the stars overhead.

Some 80 monsters lurk inside the castle walls ready to give the guests what they came for. Witches banter back and forth, casting spells outside their hut.

A deadly pale lumberjack sneaks up behind the unsuspecting and his chainsaw roars to life. In the darkness, a werewolf growls, trying to chew on a living ear, and vampires crane to bite exposed necks of passersby.

Walter Scheele, a writer and chronicler of the castle, has traced the history of both the castle and the festival.

"After the Second World War the U.S. Army stayed in Darmstadt and they brought Halloween with them," he said. "They had their party at the barracks until it was too noisy and they asked if they could have it at the castle instead."

Mathias Buehrer, who owned the Frankenstein Inn inside the castle at the time, agreed to host the festivities. It's been there ever since.

"The U.S. Army broadcast the message over the radio, on the American Forces Network," he said. "'Come to Burg Frankenstein, home of the monster,' they said, before every program. And then people from all over Europe came to the castle."

"In the darkness, a werewolf growls, trying to chew on a living ear, and vampires crane to bite exposed necks of passersby."

On a Saturday night less than two weeks before Halloween, hundreds of guests got into the act. Some sported fake knives through the head while others dressed up as creatures of the night, including fake fangs and blood dripping from their mouths.

While the U.S. Army is in the process of leaving Darmstadt, soldiers and their families remain drawn to the castle.

Busloads of men and women and their families come here annually to celebrate in costume, just like haunted houses back home. A Halloween party in a castle named Frankenstein is too perfect to miss.

THE ASSOCIATED PRESS

Book your winter vacation NOW!

NOLITOURS

STRETCH YOUR DOLLAR!

LIMITED TIME OFFER

SAVE AN ADDITIONAL $400 PER COUPLE EVEN ON PREVIOUSLY REDUCED PRICES!

All Products - All Sun Destinations - All Departures

From November 1, 2008 to May 31, 2009

EL SALVADOR $499
Royal Decameron Salinitas ★★★★
All Inclusive
7 nights
Mon, Jan 5 - 26, Add taxes & fees $237

SAN ANDRES ISLAND $499
Decameron San Luis ★★★
All Inclusive – 7 nights
Thu, Nov 27, Dec 11,
Add taxes & fees $246

PUERTO VALLARTA $539
MEXICO
Embarcadero Pacifico ★★★½
All Inclusive – 7 nights
Fri, Jan 9, 16, 23, Add taxes & fees $267

SANTA LUCIA $569
CUBA
Oasis Brisas Santa Lucia Cameleon Select ★★★★
All Inclusive – 7 nights
Thu, Dec 18, Add taxes & fees $199

PUNTA CANA $599
DOMINICAN REPUBLIC
Grand Oasis Bavaro Cameleon Select ★★★★½
All Inclusive – 7 nights
Sat, Dec 6, 13, Add taxes & fees $308

LA ROMANA $599
DOMINICAN REPUBLIC
Catalonia Gran Dominicus ★★★★
All Inclusive – 7 nights
Mon, Jan 5, 12, 19, 26, Add taxes & fees $308

CAYO LARGO $639
CUBA
Sol Pelicano ★★★½
All Inclusive – 7 nights
Fri, Jan 23, 30, Add taxes & fees $199

MONTEGO BAY $649
JAMAICA
Holiday Inn Sunspree Resort ★★★★
All Inclusive – 7 nights
Sat Nov 15, 22, Add taxes & fees $256

RIVIERA MAYA $699
MEXICO
Catalonia Yucatan Beach ★★★★
All Inclusive – 7 nights
Tue, Jan 8, 15, Add taxes & fees $267

IXTAPA $799
MEXICO
Fontan Ixtapa Beach Resort ★★★
All Inclusive – 7 nights
Wed, Dec 31, Add taxes & fees $267

CONTACT YOUR TRAVEL AGENT.

marlin travel 1-877-888-1717 · American Express Vacations 1888.494.8747 · Carlson Wagonlit Travel 1 800 CARLSON · travelplus · Sears travel In Store 1 866 359 7327 Sears · tripcentral.ca 1.800.665.4981 · OR · WWW.NOLITOURS.COM

NOLITOURS It's all included.

Stretch Your Dollar Promotion: Save $200 per person on all products, in all sun destinations (Florida save $100 per person) for all departures November 1, 2008 to May 31, 2009. Offer valid for a limited time on new bookings only. Advertised prices reflect additional savings. Flights are from Toronto via Air Transat, Skyservice, Canjet or WestJet. Prices are valid for new bookings only. Package prices shown are per person, based on double occupancy in lead room category unless otherwise stated. Space and prices are subject to availability at time of booking and prices are subject to change without notice. Taxes and all transportation related fees are extra and noted above. For full descriptions, terms and conditions and insurance refer to the Nolitours 2008/09 brochure. Nolitours is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg. no 50009488) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. tico.ca

The Wynn wins
The 2009 Michelin guidebook for Las Vegas has given its top hotel rating to the Wynn Las Vegas and its top restaurant rating to Joel Robuchon at the MGM Grand hotel. THE ASSOCIATED PRESS

Truly spooky encounters

The Travel Junkie
Julia Dimon
juliadimon.com

With Halloween a few days away, I've gotten to thinking about the supernatural realm. Here are a few of my favourite eerie experiences around the globe:

Hoia-Baciu Forest, Romania

The Hoia-Baciu Forest, located a few kilometres outside of Cluj Napaca in Romania, is rumoured to be a hot bed of unexplained activity.

Dubbed the Bermuda Triangle of Transylvania, it first gained international attention in 1968, when biologist Alexandru Sift captured a photo of a disc-shaped UFO. Since then, UFOs, apparitions, luminescent orbs, nocturnal lights and other unusual phenomena continue to be reported in this area. Trees that were normal a few years ago are now warped and gnarled, something that many say is a clear sign of an apparition.

People who spend extended periods of time in the forest claim to experience anxiety, insomnia, excessive thirst, nausea, vomiting and headaches.

JULIA DIMON/FOR METRO CANADA

Bolivians come to the Mercado de las Brujas (the Witches Market) to buy items including dried llama fetuses.

Witches Market, Bolivia

Located among the sidewalk vendors of Avenida Sagarnaga, the Mercado de las Brujas (the Witches Market) is where Bolivians come to buy all their ritualistic needs: amulets, herbs, ceramic charms and tools of the occult. There are no little green Martian men here, but you will find a most unusual souvenir — dried llama fetuses. Bolivians bury them under the foundation of their new homes for good fortune.

Though Bolivia is primarily a Catholic country, the popular religion is a blend of Christian ideology and pre-Colombian indigenous rituals. To this day, blessings and burning ceremonies are an important part of everyday Bolivian culture.

Honey Island Swamp, Louisiana

Not sure if it was the threat of poisonous snakes or the alligator-infested waters, but there was definitely something mysterious about Louisiana's swamp lands. There have been eyewitness reports of a seven-foot-tall Bigfoot- type creature that lives in the area. They call it the Honey Island swamp monster.

It's been described as: "half mammal, half reptile, all man-eater." Of course, no one can prove its existence, still many locals dare not enter the swamps alone. Happy Halloween!

Julia Dimon is co-host of Word Travels, airing on OLN; juliadimon.com.

It's a beautiful world

CAYO COCO
$598
NH KRYSTAL LAGUNA VILLAS & RESORTS ★★★★
7 NIGHTS ALL INCLUSIVE
TUE JAN 6, 13, 20, 27 ADD TAXES $199

ST. MARTIN
$658
MERCURE SIMSON BEACH ★★★
7 NIGHTS ALL INCLUSIVE
SAT NOV 1, 8, ADD TAXES $234

transat HOLIDAYS

marlin travel
1-877-622-8014 www.marlintravel.ca

Flights are from Toronto via Air Transat & Skyservice. Prices shown are per person, double occupancy, lead room category. Taxes extra noted above. Space & prices subject to availability and change without notice. For full descriptions refer to the 2008/09 Sun brochure. Transat Holidays is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg. no 50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8. Marlin: ®tm Trademarks of AIR MILES International Trading B.V., used under license by Loyalty Management Group Canada Inc. and Transat Distribution Canada Inc. Marlin Travel is a division of Transat Distribution Canada Inc., Head Office at 191 The West Mall, Suite 700, Etobicoke,ON, M9C 5K8. Ontario Reg. No. 50015084

Made famous worldwide in a song, Ipanema is among Brazil's most well-known beaches.

Beachy Brazil

BRUNO GHETTI
Metro World News

It is not an easy task to pick out only a few of the hundreds or even thousands of astonishing beaches along the Brazilian coastline.

Be it a long white stretch of sand hugged by impressive cliffs or a small shore in a serene bay, Brazil's coast reveals a bounty of treasures, and even some corners of paradise still to be discovered. Just some suggestions from a list of striking beauties.

Pontal do Atalaia, Arraial do Cabo, Rio de Jenairo state: Arraial do Cabo is a very small, quiet resort less than two hour's drive from Rio, blessed with an idyllic beach called Pontal do Atalaia. The precarious walk down to the beach is rewarded with fabulous views, white sand and the clearest blue waters in the region, perfect for diving or snorkelling. Arraial do Cabos' offers a cosy atmosphere and stunning environment as well as low prices. Location: Arraial do Cabo, two-hour-drive away from Rio de Janeiro. Bus from Novo Rio bus station.

Canoa Quebrada, Ceará state, Northeastern Brazil: Canoa Quebrada — broken boat, in Portuguese — is a stunning resort, famous for its deep blue sea and bright sunny weather all year round. Dunes, cliffs and rust-coloured sand make this place a resource of peace and pleasure. This remote fishing village was "found" by hippies then became a popular tourist destination in the '70s. But despite being one of the busiest resorts in Ceará, especially in summertime, this lovely resort has lost none of its charm. Location: 150 km away from Fortaleza, the state capital of Ceará. Buses to Acati and then to Canoa.

Praia da Princesa, Ilha do Algodoal, Pará state, Northern Brazil: Still unknown to most Brazilians due to its remote location off the northeastern coast, this island is named Ilha do Algodoal because of the abundance of a native plant called algodao de sede — cotton silk — and the white sand beaches that resemble cotton fields — algodoal means cotton in Portuguese. Praia da Princesa is the most beautiful beach on the island. This is an isolated spot so expect fabulous swimming in the sea or bays, boating, trekking and bike riding, but fairly basic facilities. Location: 163 km by bus from Belem to the city of Maruda, then a 40-minute boat trip to Algodoal Island.

Praia dos Carneiros, Tamandaré, Pernambuco state: Praia dos Carneiros — The Sheep Beach — looks the same as it did a hundred years ago. The ruins of an old church, Chapel of St. Benedictus, facing the sea shows how slowly time passes in this piece of the Brazilian coast. A five-kilometre-long stretch of white sand lined with coconut trees gives this astonishing beach an exotic atmosphere. Location: 114 km away from Recife, the state capital of Pernambuco, in the village of Tamandaré.

Ipanema

- Made famous worldwide thanks to the song, The Girl from Ipanema, by Tom Jobim and Vinicius de Moraes, Ipanema is undoubtedly the most charming place in Rio de Janeiro, sandwiched between green mountains and blue sea on the famous Vieira Souto Avenue. The neighbourhood is the trendiest in Rio, and the beach is a stage where gorgeous girls and guys come to show off their tanned athletic bodies.

Haunted house
Vancouver's Hycroft Mansion is among Canada's most mysterious sites, according to Travelocity and IgoUgo. METRO NEWS SERVICES

Hay baths are just one of the spa treatments in South Tyrol

EMMA E. FORREST
Metro World News

ITALY Before visiting the mountains of South Tyrol, I had thought that being basted in herbs and gently baked for 20 minutes was something that only happened to a leg of lamb.

But in this Italian region, the hay bath is not a culinary technique, it's a traditional well-being experience, designed to soothe away your aches and pains.

Local Ladin farmers originally discovered the restorative benefits of hay while mowing the high meadows. After a day of heavy work, they would sleep in the hay overnight and wake up feeling rejuvenated and free of aches and pains.

Of course, you're more likely to enjoy it as the perfect cure after a hard day trekking up the mountains or skiing down their slopes.

You're also more likely to experience it in a hotel than a barn. Stay on a farm and you might soak in a bath full of freshly-cut hay. But in most hotels, your spa therapist will slather you in a mix of hay and mud, and wrap you in plastic, and lower you onto a warm waterbed, where you'll float in your cocoon as you absorb the benefits of the hay.

Plan your health and beauty retreat and you can follow a course of treatments in a specific hotel, and marinate in their family recipes. The area's most celebrated beauty guru, Daniela Steiner, set up her brand of spa at her family's idyllic luxury hotel, the Rosa Alpina in San Cassiano. The oils for these pampering treatments use the healing powers of arnica flowers, picked from the meadows on their estate every July.

On the web

- *rosalpina.it*
- *feldmuellerhof.com*
- *cron4.it*
- *thermemeran.it*
- *suedtirol.info*

Need to know

- Getting there: A number of airlines fly daily to Innsbruck and Venice, which is two hours by car from the area.
- Currency: Euros.
- Languages: German, Italian and Ladin.

At Feldmullerhof, the hip family-run eco-design hotel in Campo Tures, they send you off on a hike to collect the hay that you'll soak in. If you don't fancy hay, there are plenty of other treatments using local ingredients including apple, grapes, wine, pine needles and honey, and there are healing waters to absorb too.

Soak in the sulphur baths in Bath Bergall, Olang, float in the radioactive springs of Bath Salomonsbrunn, Antholz or lounge in the saltwater outdoor pool at the Cron 4 health complex in the pretty town of Brunico.

At the thermal baths in Merano, you can bathe in radioactive mineral water, which is meant to soothe muscles, ease joints and improve breathing. But if that sounds too scary, you can have a relaxing massage with South Tyrolean chestnut and butchers broom cream, tackle your cellulite with a brine bath with chestnut extracts, or stimulate your circulation with a sheep's wool bath.

All this pampering is not just for girls either. The benefits of edelweiss, thyme, marigold and sage have been harnessed by the most alpha of men in South Tyrol.

Rugged mountaineer Reinhold Messner, who has climbed some of the highest peaks in the world, has launched his own range of fragrances and beauty products, Messner Mountain Moments. The 14 lotions and potions correspond to the number of "eight-thousanders" — mountains exceeding 8,000 metres altitude — that Messner has conquered.

Hay baths are among the spa treatments in Italy's Tyrol region.

Pricing at par

A tumbling Canadian dollar has meant that some holidays are costing consumers up to 20 per cent more than they would have a just few weeks ago. But Scenic Tours says that for now it's continuing to price all of its trips with the Canadian and U.S. dollars at par; check out *scenictours.com* for details. METRO NEWS SERVICES

Between the sky and sea

French Caribbean island a jungle village dream

BENEDICTE LORENZEN
for Metro World

Up, up, up climbs the car along narrow, twisted mountain roads. The sound of locusts blends in with the noise of the overexerted engine that struggles to ascend the mountain. Way up on the mountain there is a hotel that bears no resemblance to the palatial hotels that lodge tourists on the French island of Guadeloupe.

At the top of the mountain 10 brightly coloured wooden huts gleam amongst the banana palms. Each nail has been hammered in by Georges Clement, a French carpenter who decided to leave his job and the metropolitan country and venture to Guadeloupe in 1990, where the island had been devastated by a cyclone. After having helped rebuild the Caribbean paradise, he chose to fulfill an old childhood dream and built his own jungle village, Habitation Tendacayou.

"The village's garden is enveloped in the scent of jasmine flowers, its lush tropical greenery evoking childhood reveries of Tarzan."

Seventeen years later the village's garden is enveloped in the scent of jasmine flowers, its tropical greenery evoking childhood reveries of Tarzan. In one of the many luxuriant trees there is a treehouse with a bridge that leads to another treetop where guests can shower with a clear view of the Caribbean Ocean.

On the map the island of Guadeloupe looks like a butterfly spreading its wings from east to west. As is often the case in these latitudes, the rum flows as freely and carefree as the calypso music and the bananas come fresh off the trees. The beaches are white with swaying palm trees and turquoise water.

It may look like a Caribbean postcard, but the envelope is French. Being a colony, the official language is French, most signs are in French and French mainlanders have taken Guadeloupe to heart as their very own heavenly getaway.

The two main islands of this French-Caribbean archipelago are only separated by the channel, Riviere Salée. The capital is Point a Pitré, a buzzing city located on the island of Grand-Terre with many lively markets selling spices, fresh vegetables, fish and warm colourful Caribbean art. Away from the city, Grand Terre offers endless sugarcane fields and viewpoints over the shimmering waves that crash against the mountainside so forcefully that water gushes towards the sky like Icelandic geysers.

Although it only takes a few seconds to cross the channel to the neighbouring island of Basse-Terre, the landscape is completely different, with sugarcane fields replaced by lush rainforests.

The first European to set foot on this island was Christopher Columbus, who named it after a famous icon of Virgin Mary. Up until then, the indigenous people used a much more appropriate name for this breathtaking place: "Karukera" or "The Island of Beautiful Waters".

Underneath the sea surface is an underwater zoo, where fish of all shapes and colours stare at you through the corals as you lazily propel yourself through this watery world.

Celebrated marine biologist Jacques Cousteau declared Pigeon Island, off the mainland's west coast, one of the best diving spots in the world. In return he is honoured with an underwater statue of him that rests upon the soft sandy seabed.

The waters around Guadeloupe guard several secrets. The mangroves, a colossal nature reserve stretching deep into the ocean, are found north of the channel Riviere Salée. Although the deep blue colour of the water verifies that this is indeed the ocean, small forests crop up throughout it. When you jump out of the motorboat, you realize that the water is only knee-high, even though you are several kilometres offshore. The swampy mangrove bottoms foster shellfish whose names have probably never found their way into mainstream biology books.

For the adventurous type the mangroves offer a bit of Robinson Crusoe experience. La Biché is a tiny island, no bigger than a typical townhouse yard and the only building is a ramshackle tin shed. Nonetheless, you can sit cross-legged on the beach and marvel at the peculiar sight, where ocean and forest unite.

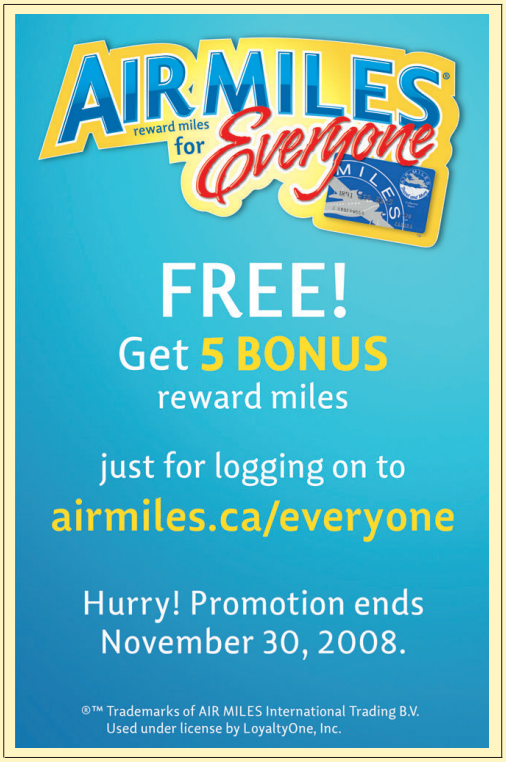
Guadeloupe is also a real gem for those who prefer land-based experiences. On hilly Basse-Terre the rainforest stretches its branches out beyond the cliffs towards the volcano La Soufrière, commonly known as "The Old Lady." Even if she may be capricious, she has lain dormant since 1976. On the green sides of La Soufrière, daredevils can hike their way up mountain paths and feel the heat from the volcano. But be sure to wear your best hiking boots and be careful if you have problems with your knees — the landscape is not exactly user-friendly with its slippery clay surface.

Elsewhere, there is 30,000 hectares of rainforest to explore on Basse-Terre. The thousands of trees host a rich animal life, but there are no dangerous species; instead you can watch a gecko change colour or have the chilling experience of seeing an eight centimetre-long spider.

The rainforest is a gigantic amusement park: sit on the top of a waterfall and let your body glide down with the gushing water through a small waterhole. The tingling sensation easily beats even the most amazing water roller coaster. An ingenious system of suspension bridges are built way up in the treetops and allows you to walk about 30 metres above ground. There are mountain sides to jump out from or rocky paths to hike on.

Back in the jungle hotel up on the mountain-top, the guests have gathered in the adjacent restaurant, where the carpenter's wife is serving oceanic experiences. While the guests enjoy the Caribbean specialities, a couple of local musicians come into the restaurant.

"Isn't she leeeuuuvleeeyy, isn't she weeeunderful?" Stevie Wonder in an unmistakably French rendition seeps through the air at Poisson Rouge, the restaurant run by Georges' wife, Sylvie. If he is singing about Guadeloupe, the answer is easy: Yes! She is both lovely and wonderful.



SYLVAIN GRANDADAM

Palm trees line the shore in Iles des Saintes, Guadeloupe.

Planning a trip?

Need to know facts

- How to get there: fly direct via or from Paris, Miami, New York, San Juan (Puerto Rico) and other Caribbean islands. Europeans don't need a visa as Guadeloupe is part of France, and a member of the EU.
- Where to stay: Habitation Tendacayou (ww.tendacayou.com). Room rates 80 to 400 euros high season, between 15/12 and 15/05.
- Currency: Euros.
- Language: French.
- When to go: December and June. Hurricane season is July to November.

DAVID MADISON

View from Fort Napoleon of the town of Bourg on Terre-de-Haute, Iles des Saintes, Guadeloupe with boats moored in harbour.

Hi-tech boarding passes

Airline passengers are using their IPhones and BlackBerrys to download boarding passes in a pilot program at nine U.S. airports. The electronic pass includes a bar code with flight information and passenger ID, which officials then scan. THE ASSOCIATED PRESS

Business travel on a budget

With fuel surcharges, baggage fees and rising ticket costs, flying employees around the globe is more expensive than ever. American Express Business Travel has cash-saving tips for companies and road warriors:

- Confirm travel plans before booking; airlines often charge $150 or more for flight changes.
- Check as few bags as possible: Overnight delivery of presentation materials may be more cost-effective than checking an extra bag.
- Keep passports up to date and make sure you have all required visas for foreign travel.
- Check flights to all airports in a region, not just the one closest to your final destination.
- Co-ordinate car service or taxis to save on expense costs if several employees are travelling to the same place at the same time. Some companies now require travelling workers to share hotel rooms.
- Book flights for the lowest fares. American Express advises staying on top of hotel and airfare prices: If you see a price lower than the one you paid, ask for a discount.
- Extend a midweek trip over a weekend to cut down on airfare costs.
- Choose "off-season" destinations if the location is up to you — for instance, a group meeting in Las Vegas during the summer.

CONSUMERS CUT BACK

Stay home, drive less and shop on the cheap.

That's what consumers are doing to deal with shrinking savings, declining home values and rising unemployment, according to a recent survey by the consulting firm Booz & Co. In the past six months, about 35 per cent of Americans surveyed said they have curtailed spending on restaurants, vacations and entertainment and are choosing to stay in. More than 55 per cent said they plan to stay at home more in the future.

Survey respondents said they have replaced going out with home entertainment. About 27 per cent say they are watching more television, while 25 per cent are going online more.

THE ASSOCIATED PRESS

flyhamiltoninternational
now on sale
summer 2009 flights to UK & Ireland
cardiff - just announced
london gatwick - manchester - glasgow - edinburgh - cardiff - belfast - dublin
premium economy
one way from $159 plus taxes
• 1 hour check-in
• Less congestion
• Low cost parking
book online or call your local travel agent
flyglobespan.ca
AWARD WINNING AIRLINE
All prices are per person excluding tax and are subject to availability. Check website for terms and conditions. Prices correct at time of going to press. E&OE.

Top 10 American green landmarks

ECO-TOURISM A baseball stadium, a birding centre and a couple skyscrapers are on Travel and Leisure magazine's list of 10 American green landmarks that deserve recognition for modern, sustainable design.

The magazine said the landmarks were chosen because they implement a variety of eco-friendly strategies, such as photovoltaic panels, green roofs, and wind turbines. Here are the top 10:

- San Francisco's California Academy of Sciences, which has a living roof with plantings that attract birds and butterflies.
- Nationals Park, Washington, which has a green roof and a site that's friendly to pedestrians, bikers and subway riders.
- The Stone Barns Center for Food and Agriculture, and Blue Hill at Stone Barns Restaurant, Pocantico Hills, N.Y., a historic farm and gourmet restaurant that aims to teach people about food.
- The 5.4.7 Arts Center, Greensburg, Kan., a new energy-efficient attraction in a town that was devastated by a tornado.
- New York City's High Line, a park being created on an abandoned elevated rail line in Manhattan.
- World Birding Center, Bentsen-Rio Grande Valley State Park, Mission, Texas, a green building amid the park's nine protected habitats on the Mexican border.
- The Santa Monica (Calif.) Civic Center Parking Structure, which the magazine says is the first garage certified as environmentally efficient by the U.S. Green Building Council's LEED program.
- Sears Tower, Chicago, which the magazine says is exploring how it can become more energy efficient.
- Cavallo Point — The Lodge at the Golden Gate, a luxury lodge complex on a former military site at Fort Baker, Calif., along the coast.
- The Cor Tower in Miami's Design District, described by the magazine as "glamorous" and "chic" yet environmentally conscious (to be completed in 2011).

THE ASSOCIATED PRESS

BUY YOUR METROPASS EARLY AND AVOID THE LINE-UPS!
TTC METROPASS NOW ON SALE
AT TTC COLLECTOR BOOTHS AND TICKET AGENTS
ADULT
• Another Adult can use your Metropass once you have exited the TTC transit system.
• No Photo ID required.
$109.00
SENIOR/STUDENT
• Your Senior/Student Metropass is valid only with the appropriate Photo ID*.
• Another Senior/Student can use your Metropass once you have exited the TTC transit system.
$91.25
www.ttc.ca 416-393-INFO
* Photo ID: Seniors must show a TTC Senior's Photo ID or Driver's Licence Photo ID or Adult fare required; Students must show a TTC Student Discount Card Photo ID or Adult fare required. The TTC Photo ID Facility is located at Sherbourne Subway Station. Pass can only be transferred after a person using the pass has exited the TTC transit system. No "Pass Back" allowed. Penalty for misuse of the transferable pass.

Students plan for thrifty breaks

BUDGET A survey of college students who travelled in the past year shows three-fourths are still planning a spring break trip next year, but about half are budgeting just $500 US or less for their trip, according to STA Travel, a student and youth travel organization.

The survey also found students apparently believe they'll get the best deals by planning early. Two-thirds of respondents have either already started making arrangements for their spring trips or said they will start next month. Only 13 per cent said they're waiting until 2009 to make plans.

Two-thirds of those who responded plan to visit Mexico, the Caribbean or a beach in the United States.

The most popular destinations for beach-goers in the U.S. were South Padre Island in Texas (24 per cent) and Panama City, Fla., at 22 per cent. Miami was also high on students' lists at 19 per cent.

In Mexico, Cancun was the top choice, chosen by 55 per cent, followed by Cabo and Acapulco at 16 per cent each.

The top choice for the Caribbean was the Bahamas. THE ASSOCIATED PRESS

Canadian universities have difficulty recruiting talent
A new report concludes that Canadian universities face increasing global competition in recruiting and retaining talent while dealing with the retirement of a generation of researchers and professors. METRO NEWS SERVICES

Workology

CENTENNIAL COLLEGE Centennial College

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Aiding the cultural mosaic

ERIC-EMIN WOOD
for Metro Canada

For all its diversity, Canada may not always cater well to its immigrant population. See polycultural.org for more information.

For all its openness to foreigners, Canada does not always make it easy for immigrants to feel like a part of the cultural mosaic.

"It is difficult, because of what has become known as lack of Canadian experience," says Ximena Escobar, Enhanced Language Training (ELT) co-ordinator with Polycultural Immigrant & Community Services (PICS), a non-profit organization based in Toronto.

Fortunately, there are organizations that can help. PICS, for instance, offers job training, settlement services and ELT classes.

"Our classes are not just about language, because there are a lot of ESL classes," says Escobar. "We help them find out about the job market, how it works in Canada, about Canadian work culture, and once a week we have a guest speaker, usually a success story, an immigrant himself or herself that has made it in Canada."

> **"Our classes are not just about language ... We help (immigrants) find out about the job market, how it works in Canada."**
> Ximena Escobar

Each ELT course involves twelve weeks of language-specific job training, followed by an unpaid work placement or six weeks of mentoring. In order to qualify, participants must be landed immigrants or status refugees, have a Canadian Language Benchmark of six (out of a possible 12), and lack Canadian citizenship. Many ELT courses focus on specific fields, such as one for health-care professionals, including nurses, nurses' aides, doctors, pharmacists and medical technicians.

Another ELT course focuses on engineering — foreign-trained engineers must be certified by the Canadian Council of Engineers. "We do not teach you how to pass exams but we'll give you all the information regarding becoming a licensed engineer in Canada," says Escobar.

Becoming a licensed engineer in Canada takes time, however. Foreign credentials aren't recognized in Canada, Escobar says. She estimates that engineers must wait between two and three years before becoming re-certified, while doctors wait even longer. "For doctors it's complicated because it depends not only on their passing their exam but also getting an internship. Right now there's only 100 spots for 5,000 applicants," she says.

Another ELT course focuses on business administration, including clerk, manager and customer service positions. "And customer service does not refer to call centres, but anything that you're serving the public," Escobar says.

PICS also provides services for "skilled-trade professionals," such as mechanics or carpenters, says Escobar. For someone who has yet to graduate from high school, the organization offers LINC (Language Instruction for Newcomers to Canada) classes, which can start immigrants on the road to obtaining Canadian education.

In addition to language classes, the organization provides immigrants with information on how to have their legal documents assessed and evaluated, and employs advisors who work with job seekers on fine-tuning their resumés and cover letters and obtaining placements. "So they get the sort of help they don't get anywhere else in ESL," Escobar says.

Two ETL classes — which include free child-care services and transportation allowance — are held simultaneously every twelve weeks, says Escobar, and are never filled to their 15-person capacity, so qualified participants are never turned away.

Number of working poor grows in Japan

ECONOMY In one of the world's wealthiest nations, Junpei Murasawa is a poor man.

He skips meals to make ends meet. A bachelor, he lives in a tiny apartment in Tokyo, sharing a kitchen, toilet and shower with nine neighbours. He doesn't have health insurance because he can't afford the premiums.

The 29-year-old labourer is one of a burgeoning class in Japan — the working poor. The number of Japanese earning less than $19,610 a year surged 40 per cent from 2002 to 2006, according to the latest data available, the government says. They now number more than 10 million.

The plight of such workers is likely to worsen as the current global financial crisis ripples through the Japanese economy. At the bottom of the economic food chain, Murasawa and his cohorts will be the first to suffer. THE ASSOCIATED PRESS

Toronto & Montréal Campuses
MAKE SOME NOISE
CAREER PROGRAMS IN:
Sound Engineering
Digital Media
Game Design
ENROLLING NOW
Limited Seats Available
Financial Aid available to those who qualify
Call 416.977.5074 or 1.888.662.2664
www.recordingarts.com/metro
Downtown Location
111 Peter Street, Suite 708
Toronto, Ontario M5V 2H1
RAC Recording Arts Canada
Digital Arts College

HUMBER
CURIOUS TO KNOW HOW FAR YOU CAN GO IN LIFE?
Open House, Saturday, November 15.
humber.ca

polytechnic

Student aid not reaching those most in need

A new study from the Canadian Millennium Scholarship Foundation concludes that while federal and provincial governments have substantially increased student aid in the last decade, the share going to those who need it the most is on the decline. METRO NEWS SERVICES

One way to easily see eye problems

Your nine-year-old's eyes hurt during homework? Your teen's a slow reader plagued with headaches? They may have a common yet often missed vision problem: Eyes that don't turn together properly to read.

As many as one out of every 20 students have some degree of what eye doctors call "convergence insufficiency," or CI, where eye muscles must work harder to focus up-close.

"He always wanted to buy books but he wouldn't read them. He wanted to but it was too hard for him."
Adele Andrews talking about her son

And those standard vision screenings administered by schools and pediatricians won't catch it — they stress distance vision.

When symptoms such as eye strain, headaches, double vision or reading problems trigger the right diagnosis, doctors prescribe any of a hodgepodge of exercises designed to strengthen eye co-ordination. Now a major U.S. study finally offers evidence for the best approach: Eye training performed in a doctor's office for 12 weeks.

The right treatment can make a profound difference, says Adele Andrews of Rydal, Pa., whose son Thomas participated in the study when he was 10 — and improved enough to at last start reading for fun.

His mother knew something wasn't right early on: Reading seemed to require a physical struggle of Thomas that his three older siblings never experienced.

"He always wanted to buy books but he wouldn't read them. He wanted to but it was too hard for him," she recalls.

Then homework began and "I don't even want to tell you how bad it was," Andrews adds. "He would get frustrated. He wouldn't do it. I tried bribery, I tried everything. It got to the point where it was just a battle."

Why? To bring print or other close-in work into focus, both eyes must turn slightly inward, or converge. As its name implies, convergence insufficiency means the eyes aren't doing that properly. Words may appear blurry or double, or disappear as readers lose their place. How much extra effort eye muscles must exert to compensate and bring that image into focus determines whether someone has obvious symptoms and how bad they are.

Complaints are rare in very young children because pictures and large type don't require as much convergence and parents tend to start noticing a problem once homework and deeper reading begins.

THE ASSOCIATED PRESS

If your child is struggling with homework, they may have an eye disorder known as CI.

North American College
Information Technology
(Registered as a private career college under the Private Career Colleges Act, 2005)

Our Graduates say, NAC's optional co-op provides both the Canadian experience and references required for a job.

EI, SA, ODSP recipients may be eligible for funding

Diploma Programs
(the following diploma programs are approved as vocational programs under the Private Career Colleges Act, 2005)

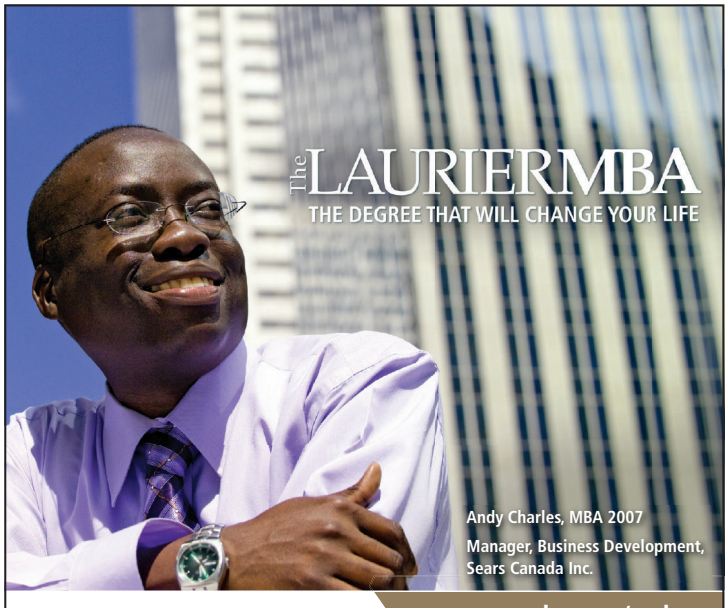
- Accounting and Finance
- Administrative Assistant
- Business Administration
- Computerized Accounting
- Early Childcare Assistant
- Medical Office Assistant
- Personal Support Worker
- Pharmacy Technician
- Legal Administrative Assistant
- Software Training for Civil and Mechanical Engineers *
- PLC/Robotics *
- Bank Teller Training *
- MCSE 2003 and CCNA *
- Prep. Classes for Foreign trained Pharmacy graduates **

(97% Success Rate)

*These courses do not require approval under The Private Career Colleges Act, 2005, ** NACIT is an independent training provider and is not associated with PEBC and its activities are not sanctioned by PEBC.

Day, Evening & Weekend Classes

Ph: 416-960-6024
730 Yonge St. Suite #207, Toronto
www.nacollege.com



www.wlu.ca/mba

UPCOMING INFORMATION SESSIONS

Thursday, October 30 &
Wednesday, November 12

12 noon & 5:30 p.m.

Laurier Toronto MBA Campus
St. Andrew's Club & Conference Centre
Sun Life Financial Tower
150 King St. W., 27th floor

LAURIER
Business & Economics

For more information, contact:
mferraro@wlu.ca | 519.884.0710 ext. 6220

The Best Business Schools in the World

CMA Certified Management Accountants

SBEC-04-0519-08-183-METRO

Youth Apprenticeship Standards Council
416-636-8218 10 Kodiak Cres., Unit #100, Toronto, M3J 3G5 www.youthac.ca

No Experience! No Problem!

Member Employers will subsidize your training! Training Qualifies For Second Career Funding.

Open House: Wednesday, November 12, 2008 6-9pm
Call To Reserve A Seat

Immediate Positions Available!
(mid to large size companies)

INDUSTRY PARTNERS

Bell Technical Solutions

Entry Level Apprenticeship Jobs Available In:

- Construction & Maintenance Electrician
- HVAC Technician/G3/ODP
- Network Cabling Specialist
- Gas Technician 3 (G3)
- Gas Technician 2 (G2)
- Gas Pipe Fitter (GP)
- Domestic Appliance Technician (DA)
- Plumbing
- Electrical & Mechanical Estimator

If you are licensed in a skilled trade locally or from abroad, we can assist you in obtaining Canadian certification and provide you not only with a job, but a great career.

Wages start at $64,000 plus benefits after certification

Tel: 416-636-8218
Location: 10 Kodiak Crescent, Unit 100, Toronto, ON M3J 3G5

www.youthac.ca

Canadian University Report released

The Globe and Mail released its seventh annual Canadian University Report yesterday. One key finding in the survey is that the nation's smallest universities received higher marks than their larger counterparts in terms of student satisfaction, class sizes, student-faculty interaction, and quality of education. METRO NEWS SERVICES

ADVERTISING FEATURE

Working and learning together

Colin Ramdeen is a big believer in personal balance, especially when it comes to education.

"You could be the smartest person in the class, but if you don't know how to sell yourself in a job interview or know how to work with other personalities effectively, then you're probably going to have bumps in your career," he says.

Ramdeen graduated from the Computer Systems and Network Technology co-op program at Centennial College in 1996 and currently works as Manager of Training and Documentation at Redknee Inc., a global provider of innovative communication software products and services.

He credits his co-op education for providing him with his inner equilibrium. He counsels other co-op students, whom he frequently oversees in his job at Redknee, about the importance of developing people skills.

"Co-op students need to be balanced. They have to know their technical skills, but also possess the soft skills needed to work with people and learn how to manoeuvre in an organization."

Co-operative education — which requires students to work with employers as part of their curriculum before they graduate — has been a big boon to the colleges and universities that offer it. For minds that learn better by doing rather than by rote, co-op education is a rich learning opportunity that works.

"My co-op program was great. You learn on the job about what really matters to employers in terms of knowledge and skills," he says.

Centennial has been offering co-op education for more than 20 years. Students who maintain a minimum grade point average (GPA) of 2.50 during the first year of their program qualify for co-op work. The college finds them an employer that can provide work related to their field of study as well as wages or a stipend.

NARI MAVALWALLA PHOTO

Colin Ramdeen credits his co-op education experience at Centennial with his career success.

Ramdeen's own success is closely tied to his co-op experience. When it came time to start his co-op assignment, he picked EDS, a large information technology (IT) outsourcing company.

His time there was so fruitful, the company hired him right out of co-op and he scarcely had time to write his final exams before returning to start his career as an infrastructure analyst developer.

After three years of exemplary service, Ramdeen realized that his EDS clients had a very conservative strategy and he wasn't learning anything new. On a lark, he went to a job interview at a startup telecommunications company and got it.

Working as a deployment analyst, his position at Redknee has enabled Ramdeen to travel to every continent on the planet to train client company employees to work with new software required to implement wireless networks.

"The technology is mind-boggling. Last week I was setting up a wireless network in a nation where the citizens sometimes don't even have four walls. Yet you'll see them walking around with two cellphones in their pockets.

"Teaching is a big part of my life — just like my family is," he smiles, ever cognizant of the balance he strives to maintain.

–MARK TOLJAGIC

Huron asks — Why follow the crowd?
Huron University College, affiliated with the University of Western Ontario, has launched a fairly aggressive recruitment campaign to boost its profile in the GTA and attract a wider applicant pool. METRO NEWS SERVICES

Don't stay mum on discipline

Silence may equate to acquiescence and lead to dismissal

WorkplaceLaw

Daniel Lublin
dan@toronto-employmentlawyer.com

"IT IS FOLLY TO PUNISH YOUR NEIGHBOUR BY FIRE WHEN YOU LIVE NEXT DOOR."
–PUBLILIUS SYRUS

Canadian employers seeking to discipline and then dismiss a habitual underperformer have limited options at their disposal: Pay severance, and get it over with, or progressively build a case for cause. But with the current legal landscape tilted in favour of employees, discipline is no panacea for misconduct.

Instead of accepting defeat, employees should fight back — considering the following courtroom trends:

• Discipline must be proportional to misconduct. Since the Supreme Court overturned the dismissal of a senior executive who lied to his company, Canadian employers have been required to examine the entirety of the employee's history at work to assess whether a lesser form of discipline would have been more appropriate. While this is unfortunately sometimes more of a function of the judge that happens to be drawn than the particular facts of any given case, one point is clear: Employers who overreact to alleged misconduct at work will, more often than not, find their names on a statement of claim.

Instead of being silent, employees should fight back.

• While discipline short of dismissal is not usually the subject of a court claim, employers don't have an absolute ability to administer punishment with a free hand. When FRI Corp. chose to suspend marketing executive Christina Carscallen following a disagreement over a trade show, she sued for constructive dismissal, alleging that her unpaid suspension was tantamount to her dismissal. Justice Echlin, who wrote that decision, noted that without a written or implied term permitting a disciplinary suspension without pay, employees who don't receive due process may be deemed to have been dismissed instead. Carscallen was awarded one year's salary.

• An employer can dismiss an employee for poor performance, but seldom does this provide an antidote for paying severance. Court cases clearly indicate that if they want to rely on performance as grounds for dismissal without pay, employers owe a duty to provide employees with the opportunity and means required to improve. Progressive warnings must be issued that clearly identify the areas of concern. When such warnings land with a thud on an employee's desk, they should respond by pointing out that the standards expected are not objectively reasonable, beyond their capability, went uncommunicated, or that suitable instruction and supervision were never given to assist in meeting those standards.

• As companies are entrusted to investigate and then administer discipline at their own prerogative, where serious flaws in the process occur, the decision to terminate may not be supported by the courts. Courts require employers to conduct a flawless investigation if they are relying on the outcome as grounds for dismissal. Employees faced with allegations should specifically ask for an opportunity to respond and offer an explanation, regardless of whether or not it is sought. While the decision to fire may have already been made, if nothing else, the explanation may pay dividends in any subsequent severance pay negotiations.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@toronto-employmentlawyer.com.

IT'S YOUR FUTURE
CRANK IT
ENROL NOW - CLASSES STARTING SOON
• Audio Engineering & Production/DJ Arts
• Entertainment Management
• Film & Television Production & Post Production
• Event & Venue Management Program
INSTITUT TREBAS INSTITUTE
Call: 416-966-3066, Ext. 23
trebas.com
2340 Dundas Street West, Toronto
Call us about our group tours
Dundas W.
COLLEGE TRAINING SINCE 1979

International Academy of Design & Technology
www.iadt.ca
Ask about our exciting programs in:
Fashion Design
Fashion Marketing and Merchandising
Interior Design
Video Game Design & Development
Graphic Design for Print and Web
Call Today 647-288-8496
or visit www.aodt.ca or email us at admissions@iaod.com
International Academy of Design & Technology is now a Division of RCC Institute of Technology

Be Job Ready in months, not years!
Earn your professional Diploma!
Evergreen College
EI, SA & ODSP recipients are welcome
Morning, evening & weekend classes
Pharmacy Technician
Medical Office Admin
Community Service Worker
Early Childcare Assistant
Personal Support Worker
Computerized Accounting & Payroll
Field Placement & Job Assistance included
www.evergreencollege.ca
Ask us about Bonus Certifications
Call Now 416 365 0505
67 Yonge Street 4th Floor (King & Yonge)

TD Insurance
Meloche Monnex
With more than 50 years of experience in business, the TD Meloche Monnex Group is a leader in the world of home and auto insurance. We are growing fast, and so can you.
Client Service Representatives
As a Licensed Professional Representative, you will counsel individuals regarding their auto and property insurance needs. You will provide the maximum level of service with our existing clients and will ensure that quality and productivity objectives are met. In return for your dedication we will offer you;
• A fun and friendly work environment
• 3 weeks vacation + 35 hours personal time
• A competitive salary & full benefits
• A commitment to provide a great work/life balance
• Opportunities for career growth
• Paid Professional Designation (RIBO)
If you are a results-driven and customer focused individual with a proven track-record in sales, we want to hear from you! We currently have opportunities available in our Etobicoke and Toronto locations.
Please email your resume to: careers.tor@melochemonnex.com and quote reference # MET–OCT08.
TD Insurance – Committed to People

INTERNSHIP INCLUDED
HERZING COLLEGE
YOUR SECOND CAREER STARTS HERE
Put yourself in high demand as a COMMUNITY SERVICES WORKER
Herzing College has partnered with the Salvation Army and is pleased to offer the following certificate courses as part of the CSW program:
• First Aid and CPR
• Non-Violent Crisis Intervention
• A.S.I.S.T. (Applied Suicide Intervention Skills Training)
CLASSES FORMING NOW!
1-888-NEW-CAREER
1-888-(639-2273)
www.herzing.edu Toronto Eaton Centre Campus
Skilled Community Workers Needed
Recent national and provincial government studies predict increasing shortages of Social Service workers as those now employed reach retirement age. To meet this need, Herzing College offers a one year 'Community Service Worker' diploma program, which includes a two-month internship of practical work placement.
Presently, the GTA is experiencing a shortage of personnel able to work with special populations that require assistance such as: seniors, unemployed, mentally ill, children and youth, disadvantaged women and other minority groups.
Community and Social Service workers implement a variety of social assistance programs. They assist clients in many ways with personal and social problems. They are employed by government agencies, mental health agencies, group homes, school boards, correctional facilities and other establishments.
For information call 1-888-639-2273

BUYING A NEW HOME?
Read New Homes every Thursday.
Only in Metro.
metronews.ca
metro Do it daily.

Career Finder

To advertise, call Josie McKenzie 416-443-4364

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products or Computer Work.
www.TopJobMetro.com
Or Write to:
CHR Jobs, 372 Rideau St.
#916-M20
Ottawa ON, K1N 1G7

looking for a job?
- Guaranteed base salary of $11 - $13/hr
- Competitive bonus structure and incentives
- Monthly transportation allowance up to $100
- AM/PM, Full or Part-time shift available
- Great location - Yonge & Finch

Call TODAY! 416.849.0960 (9am - 9pm) | smt direct

1.1 million
readers do it daily!
metro Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

Scarborough Office Grand Opening
New Positions Available
$18+/hr. on average
Full training provided
No experience necessary
416-290-0148

WHAT'S YOUR SIGN?
Take Five daily, to find out what your horoscope says.
metronews.ca metro Do it daily.

12 IMMEDIATE OPENINGS
$848+ PER WEEK
$1.5 Billion industry leader seeks highly motivated and career oriented individuals
NO EXPERIENCE NECESSARY
Leadership roles available
For consideration please contact 416.236.0678

Students Welcomed!
Telephone Interviewers Needed
Doing Opinion Surveys
No Selling or Commission Involved
Flexible Schedules - Work Available Immediately!
Great Location! Yonge and Davisville
E-mail Resume: hr@research-house.ca
please quote MN job reference
Or call our JOB LINE: 416-544-3001
research house

JOB FAIR FOR CUSTOMER CARE PROFESSIONALS & COLLECTION REPRESENTATIVES!
We're expanding and looking for candidates to join our great team!
Collectcorp, a leader in the accounts receivable management industry is hiring **THIRD PARTY COLLECTION REPRESENTATIVES** and **CUSTOMER CARE PROFESSIONALS. NO COLLECTION EXPERIENCE NEEDED.** Call centre experience an asset.
* full-time positions – shifts include days, evenings and weekends * competitive wages
* monthly incentives (unlimited) * benefits * paid training
COME MEET US AT OUR JOB FAIR
Thursday, October 30, 2008 11am – 4pm
111 Peter St., 3rd floor
(Peter St. & Richmond Ave. intersection).
Please bring a copy of your resume.
You are also encouraged to email your resume to **careers@collectcorp.com** or fax to **647-722-6011 Attn: METRO**
We are an organization that employs a diverse workforce and are committed to the spirit and principles of Employment Equity. All qualified candidates are encouraged to apply.

BUYING A NEW HOME?
Read New Homes every Thursday.
Only in Metro.
metronews.ca metro Do it daily.

5 NEW POSITIONS
100% CANADIAN OWNED COMPANY
$900 + per week
Please contact your nearest location:
Toronto West 416.716.7439 | Toronto North 416.218.0000

REGISTERED NURSES

Where would you rather be working and living in February 2009?

Sunday morning!? Sunday morning... ...thought so...

FREE - U.S RELOCATION INFORMATION SEMINARS
HEALTHCARE EVENT
on Friday, October 31st
Hilton Toronto Hotel – 10:00 a.m. to 4:00 p.m.
145 Richmond Street West (corner of Richmond & University)

LAST NCLEX REVIEW COURSE FOR 2008 – WEDNESDAY, NOVEMBER 12TH !

Be ready for February 2009 – Pick up your Relocation Package for our November 12th Course. You don't want to be left out in the COLD!

94 hospitals represented - on the spot interviews!

- **Travel Nursing CME COURSES: General Pharmacology and Paediatric Assessments 1 and 2**

Added Bonus: early Christmas shopping – Uniform Specialists, Fifth Avenue Jewellers
We include Breakfast and Lunch *(limited quantity)*!

REGISTER
www.proevents.ca or email val@proevents.ca for details

Toll Free:
1 866-717-0778

PROFESSIONAL RECRUITMENT EVENTS

JOB FAIR AND CME COURSES

Licensed RNs, RPNs, Therapists, Graduates

HEALTHCARE EVENT
on Friday, October 31st
Hilton Toronto Hotel – 10:00 a.m. to 4:00 p.m.
145 Richmond Street West
(corner of Richmond & University)

CME COURSES:
General Pharmacology and Paediatric Assessments 1 and 2
We include Breakfast and Lunch *(limited quantity)*!

On the spot interviews with the largest healthcare providers in the USA – 94 hospitals represented.

- Travel Nursing! • Free Relocation Information
- Canadian Representation! • Shopping - Uniform Specialists & Fifth Avenue Collection Jewellers

Pick up your Halloween Treat Bag! Prizes awarded!

REGISTER ONLINE
www.proevents.ca or email val@proevents.ca for details

PROFESSIONAL RECRUITMENT EVENTS

Toll Free: 1 866-717-0778
www.proevents.ca

PLAY GAMES online at metronews.ca and in Metro's Take Five. *Do it daily.* metronews.ca

Stallone wants to bring Rambo back

Sylvester Stallone is plotting to bring grizzled Vietnam veteran John Rambo back for a fifth instalment of the action movie franchise. "Rambo hopefully will be back. We've just got to give you guys a story that's worthwhile," Stallone said. IMDB.COM

Entertainment

No to Hairspray

John Travolta has decided not to reprise his role as Edna Turnblad in a sequel to movie musical Hairspray. "I think once is enough. I did it and I did it well but I'm not a big sequel guy." IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Page avoids jail time on drug charges

IN COURT

Page

Barenaked Ladies frontman Steven Page will not get any jail time for drug charges laid in July in New York state.

But Judge Thomas Morgan says the singer must stay clean for six months and get treatment.

Page's girlfriend, Christine Benedicto, and her roommate, Stephanie Ford, got the same deal.

The arrangement was announced during a court appearance in the town of Fayetteville, N.Y.

The judge says lawyers underwent "extensive negotiations."

THE CANADIAN PRESS

Remaking horror classics

PHIL BROWN
for Metro Canada

Even though I'm no longer able to get pillowcases full of free candy simply for putting on a sweaty latex mask, I still love Halloween. After all, it's the only time of the year when it's acceptable to watch the most disturbing and terrifying movies ever made.

The Swedish horror Let the Right One In opens in select Canadian theatres on Friday, but Hollywood is already planning a remake.

Unfortunately, in recent years many horror-film lovers have found themselves bored with the tales of terror that have been filling the multiplexes.

Normally, audiences are limited to the latest and lamest Saw sequel, the hodge-podging of past horror films into new releases — like The Haunting of Molly Hartley, in theatres Friday — and of course remakes of scary movie classics. It's understandable why remakes are being cranked out — the movies have a built-in audience thanks to brand loyalty — but that doesn't change the fact that all the Texas Chainsaw Massacre and Grudge Xeroxes are tainting the memory of the originals.

Here are some particularly frustrating remakes coming to screens in the months ahead:

- **Friday The 13th (February 2009)**: Hockey mask connoisseur Jason Voorhees has already been killing horny teens in eleven films, yet he is being resurrected to crank out a remake. I can't help but wonder how Jason will find new and interesting ways to slaughter talent-starved young actors when he already has more than 100 kills under his belt.
- **Last House On The Left (March 2009)**: It seems like Wes Craven's entire back catalogue is in development for "re-imagining." The most surprising of these projects has to be Last House On The Left, a 1972 rape-revenge horror. Despite endless controversy, the film is about to be redressed for new audiences.
- **A Nightmare On Elm Street (2010)**: Craven's 1984 horror became an instant classic for its brilliant conceit of a murderer who hunts teens in their dreams. Freddy quickly became a cultural icon, with countless sequels. There's no denying that the success of the film came down to two major players: Craven and star Robert England. Neither is involved in the remake. With any luck, audiences won't be either.
- **Let The Right One In (TBA)**: Tomas Alfredson's brilliant teenage vampire/coming of age movie hits theatres on Friday, but a Hollywood remake is already underway with Cloverfield director Matt Reeves in charge. One of the most original and surprisingly touching horror movies in years, it's difficult to imagine a remake capturing the spirit of the original. I predict Dakota Fanning miscast in the lead role.

Chorus Line hits close to home for performer

RAFAEL BRUSILOW
for Metro Canada

A Chorus Line is on at the Canon Theatre until Nov. 30.

A Chorus Line has come to Toronto and has brought Canadian performer Clyde Alves back to the hometown where his career began.

The Pulitzer Prize-winning musical about a band of 17 dancers auditioning for eight spots on a chorus line is in town for five weeks, from now to Nov. 30 at the Canon Theatre.

Alves joins the cast as the character Mike Costa, an Italian kid from New Jersey desperate for his big break.

A longtime veteran of Broadway, Alves, 28, was born in the Toronto suburb of Brampton and got his first big break doing the stage version of Beauty and the Beast in Toronto in 1996. Soon after performing in West Side Story at the Stratford Festival, Alves got work on Broadway in New York City and has since spent the past 10 years enjoying a career there.

Alves said returning to Toronto to perform is a joyous homecoming and a great chance to reconnect with everything Canadian.

"Canadians approach the theatre from a different angle that I appreciate. It's not just about the big lights and big sets. Bringing it back to Toronto gets me back in touch with why I perform," Alves said.

The show is often lauded for its realistic depiction of life as a performing artist, and Alves said when he first read the script, he was shocked at just how close to home the story hit.

"At the end of this show there's a song called What I Did for Love, and when I first heard it I felt that someone had gone into my head and extracted everything that I've experienced in the last 10 years," Alves said.

Passion and a desire to affect people motivate Alves to perform.

"I do it because I just have this unbelievable love and passion for this art form, singing and dancing, and how it can affect not just myself but the people watching as well," Alves said.

Hewitt gets into Halloween spirit

Actress Jennifer Love Hewitt will dress up as actress Angelina Jolie for Halloween, and she plans on looking "really sultry and really drop dead gorgeous." **E! NEWS ONLINE**

Anapharm sets the standard in offering high quality services in the clinical research field, all while ensuring the comfort, respect and safety of our volunteers.

Over 10 years of experience

To find out how to participate call us today. Our team of experts will help you find a study that's appropriate for you.

anapharm
a PharmaNet company

Monday to Friday: 8:00 am to 9:00 pm
Saturday: 9:00 am to 5:00 pm
Contact number: 1-866-ANAPHARM (1-866-262-7427)
www.anapharm.com
Our clinical facility is conveniently located at the York Mills Subway Station.

27662_1027

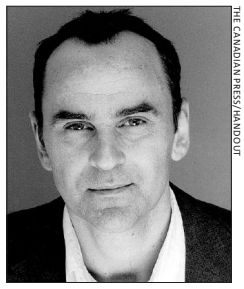
Playwright MacIvor wins theatre prize

Toronto playwright Daniel MacIvor has picked up the most lucrative honour in Canadian theatre, the Siminovitch Prize.

The award — dedicated to scientist Lou Siminovitch and his late wife Elinore, a playwright — is worth $75,000 and the winner gets to give an additional $25,000 to a protege or organization of their choosing.

Cape Breton-born MacIvor, 56, was shortlisted along with Morwyn Brebner and Colleen Murphy of Toronto, Larry Tremblay of Montreal, and Daniel Danis of St-David de Falardeau, Que., from a long list of 26 playwrights.

MacIvor, who calls Toronto home, said he was truly surprised to have been chosen and wrote on his blog last month that he believed his chances of winning this past Monday were slim to none.



THE CANADIAN PRESS/HANDOUT

Daniel MacIvor

"The last person who won was a white English guy who lived in Toronto and I just thought, 'Well, they won't do that again, they'll go for someone else' ... but it turns out I was wrong," he said.

"If you look at the list of people who've won it, it's a very auspicious list to be a part of, there's something about the legacy of being a part of that group of people. It's pleasing to me and makes me humbled."

MacIvor, a performer, filmmaker and playwright, has a long list of credits to his name including 15 published plays. He's won several national prizes, including a 2006 Governor General's Award for his collection of five plays, I Still Love You.

He also runs an international theatre touring company that has taken his work to Australia, Israel, Europe, the United Kingdom and across North America.

MacIvor said the best part of winning is being able to give the $25,000 to proteges Daniel Arnold and Medina Hahn of Vancouver.

THE CANADIAN PRESS

Canada
Games of La Francophonie
Lebanon 2009

The Canadian delegation at the Games of La Francophonie is made up of three distinct teams: Canada, Canada-Quebec and Canada-New Brunswick. Professional artists under 35 years of age as of September 27, 2009, have a Canadian citizenship and are interested in representing **Team Canada** in the cultural competitions, should register now.

Artists Wanted

to represent Canada in the

cultural competitions of the VI Games of La Francophonie

in Beirut, Lebanon
from September 27 to October 6, 2009

Official disciplines:

Song
Storytelling
Original dance
Literature (short story)
Painting
Photography
Sculpture

November 24, 2008 is the deadline to submit an application.

Information:

Team Canada at the
VI Games of La Francophonie—
Cultural component
P.O. Box 6003
CSP Aylmer East
375 Aylmer Road
Gatineau, QC J9H 0A4
Tel. (toll-free): 1-866-955-2009
E-mail: info@francophonie2009.ca
Website: www.pch.gc.ca/francophonie2009

Canada

Social Services Worker

Start your Career as a Community & Social Services Worker

Programs available:
- Paralegal
- Dental Hygiene
- Network Administration & Security (9 Cisco & MS Certifications)
- Dental Chairside Assistant 1/2

For details, visit www.yorkvillecollege.com

YORKVILLE College of Professional Studies
Call Today 647-288-8129
Financial Assistance Available for qualified applicants

Mexican Days of the Dead
October 3 to January 18, 2009

EXPERIENCE a visual celebration of the Days of the Dead, the annual harvest and the people who work the land.

Gardiner Museum
111 Queen's Park (at Museum Subway)
416.586.8080 gardinermuseum.com

Photo: Russell Monk. Creative: Scott Thornley + Company stcworks.ca

Exhibition Partners:
MÉXICO METCALF FOUNDATION

Annual Media Sponsors:
THE GLOBE AND MAIL St. Joseph

Zeppelin seeking new singer
Rock legend band Led Zeppelin is planning to tour and record but without frontman Robert Plant. Bassist John Paul Jones told BBC Radio Devon that a new singer was being sought after Plant ruled himself out. **BBC NEWS ONLINE**

More than cartoons at NFB's Get Animated!

JIM REYNO
jim.reyno@metronews.ca

What's the latest technology in animated film? Come see for yourself — for free.

In celebration of World Animation Day yesterday, the National Film Board is holding Get Animated!, featuring free workshops and screenings.

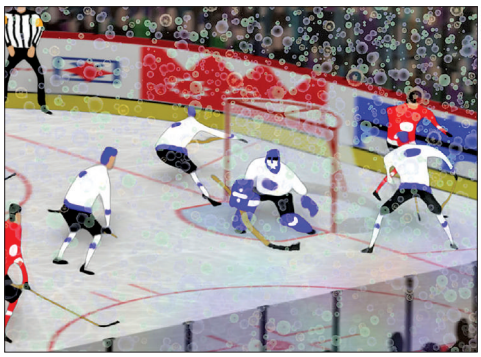
"It will show the audiences all the super work coming out of the NFB's animation program," filmmaker Iriz Pääbo said about the event at Toronto NFB Mediatheque, 150 John St.

In her short film HA'Aki, Pääbo uses 2D and 3D digital animation to take an abstract-impressionist look at a hockey game, incorporating sound and different perspectives.

HA'Aki is part of the New Visions portion of Get Animated!. New Visions, a 75-minute program of 10 films created with various techniques and styles, runs today and tomorrow at 7 p.m.

The weekend workshops are geared for the animated filmmakers of the future — and their families, of course.

Animate This! on Saturday and Sunday at 1 p.m. is for kids between age six and 13. Can't Sit Still!, Saturday at 10:30 a.m., is open to children between three and five. With the help of NFB facilitators and using clay and mixed media, kids will be able to make their own animated films. The workshops will be followed by screenings of new NFB children's movies.


NFB.CA
A still from Iriz Pääbo's film HA'Aki, part of the New Visions, a screening on at the NFB Mediatheque today and tomorrow.

And who knows? Maybe those kids watching the films and learning the technology will be filmmakers themselves one day.

"Now that it's primarily digital, it's just going to continue to grow," said Pääbo, who lives in Elwood, Ont. "There are so many CGI-animated feature films coming out now, and there's so many live-action animation hybrids.

"It's all technology at this point, but there's always room for the artist. Because it's the artists, I think, that create the meaning."

Get animated!

All events are free and at Toronto NFB Mediatheque, 150 John St.

- New Visions screenings today, tomorrow at 7 p.m.
- Can't Sit Still workshop Saturday at 10:30 a.m.
- Animate This! Workshop Saturday, Sunday at 1 p.m.
- Visit www.nfb.ca/getanimated, or call 416-973-3012

Entertainment in brief

AUCTION A painting by Pablo Picasso that was expected to fetch more than $30 million at auction next week has been withdrawn from sale. Arlequin was to have been one of the star lots at Sotheby's Nov. 3 sale of impressionist and modern art in New York. A Sotheby's spokeswoman said yesterday the painting had been withdrawn by the seller "for private reasons." A series of high-profile artworks have failed to reach the expected prices at recent auctions as the global economic crisis hits the art market. **THE ASSOCIATED PRESS**

LAWSUIT Novelist and wife of the heir of the Hoover vacuum fortune, Tatiana Boncompagni Hoover, is suing her sister Natasha Boncompagni, alleging that she hacked into a computer and stole portions of the manuscript of her latest book, Hedge Fund Wives. Tatiana alleges her sister filed the stolen chapters of the book with the U.S. Copyright Office, but admits Natasha provided ideas for the forthcoming book. Natasha told media the dispute is a private matter made public and refutes her sister's claims. **THE ASSOCIATED PRESS**

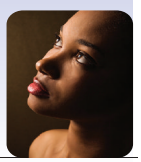
TGI...payday
THANK GOD IT'S
Borrow up to $1000.00 till Payday!
BAD CREDIT? NO CREDIT? NO PROBLEM!
Lowest Cost payday loans in the GTA
97% Instantly Approved by phone/fax/internet
416-645-LOAN(5626)
35% OFF 1st loan with this ad
www.tgipayday.ca

IT'$ PAYDAY inc.
Make TODAY, your Payday!
(FAST APPROVALS BY PHONE OR INTERNET)
35% OFF FIRST LOAN WITH AD
LOWEST RATES IN THE GTA
BORROW UP TO 50% OF YOUR NET PAY, FROM $100 TO $1000 UNTIL PAYDAY!
Apply online: www.itspaydaytoday.com
Or Call Us: 416-588-LOAN (5626)
940 BLOOR ST., W. (BLOOR & OSSINGTON)

Do you *or someone you know* suffer from Menopausal
HOT FLASHES?
- Are you at least 45 years of age?
- Has it been at least 6 months since your last menstrual period?

If so, you may qualify for a research study examining an investigational medication.

Qualified participants receive:
- A thorough physical examination by a female physician
- A complete review of treatment options
- Blood tests
- Financial reimbursement of study-related expenses



PrimeHealth | 1849 Yonge Street, Suite 516 (@ Davisville Subway)
(416) 486-8444 ext. 2, Ask for Christabel
Call or Drop In! (All messages returned within 1 business day)

WIFE GOES ON.

the starterwife
NEW SHOW NEW SITUATIONS
TONIGHT AT 10
SHOWCASE
showcase.ca

Singleton steps away from A-Team movie

Director John Singleton has pulled out of plans for a movie version of the 1980s TV hit The A-Team after the project was postponed, according to reports. The filmmaker had signed to direct the picture, which was scheduled for release in June 2009. IMDB.COM

McLachlan to top Olympic countdown show

ETHAN MILLER/GETTY IMAGES

Sarah McLachlan

Canadian songstress Sarah McLachlan will headline a kick-off concert for the one-year countdown party for the 2010 Winter Olympics.

The show will be part of the 2009 Cultural Olympiad, the second of three arts and music festivals being put on by Vancouver Olympic organizers.

Other performers for 2009 will be Toronto's Broken Social Scene and the Calgary-born duo Tegan and Sara.

The festival will run from Feb. 1 to March 21 next year. Tickets for the Feb. 12 concert featuring McLachlan will go on sale Saturday.

Funding for the Olympiad comes in part from provincial governments who have signed contributing agreements with the Games that also give them the opportunity to showcase artists from their region.

Vancouver 2010 organizers say there will also be an online collaborative art project as part of a digital edition of the Cultural Olympiad, so Canadians everywhere can participate. THE CANADIAN PRESS

Top video games

- The most popular game rentals (all platforms), according to Rogers Video for the period ending Oct. 26:

1. **Fable II (Xbox 360)**
2. Saints Row 2 (Xbox 360)
3. Midnight Club: Los Angeles (Xbox 360)
4. Star Wars: The Force Unleashed (Xbox 360)
5. Saints Row 2 (PlayStation 3)
6. Midnight Club: Los Angeles (PlayStation 3)
7. Dead Space (Xbox 360)
8. NHL 09 (Xbox 360)
9. Brothers in Arms: Hell's Highway (Xbox360)
10. Star Wars: The Force Unleashed (Nintendo Wii)

THE CANADIAN PRESS

Apartment Finder

To advertise, call Ian March, 416-486-4900 Ext. 232

Victoria Park & Danforth Ave.
Immediate Occupancy
416-694-8408 | 416-694-3187
Jr. 1 brm from **$810**
1 bdrm from **$835**
Jr. 2 bdrm from **$925**
2 bdrm from **$975**
Indoor parking lowest at $25
Ask About move-in bonus
security, walk to subway,new decor, utilities, shops, complete redecoration
WWW.PRINCESSMGMT.COM

Clean & well maintained
Morningside & Ellesmere
70 Mornelle Court
Spacious 1, 2 & 3 bdrm aparts.
Hi-Rise building.
Close to TTC/Subway.
Move-in incentives
416-283-6655
www.torontorentals.com/70mornelle
*Some conditions apply

FACING DUNDAS WEST SUBWAY STATION
Bachelor from $749
1 Bdrm from $959
A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

1.1 million
readers in Canada do it daily!
metronews.ca
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

GREAT AREA - WALK EVERYWHERE!
LARGE, CLEAN, RE-PAINTED
B - from $677.00
1 B - from $769.00
CALL FOR SPECIALS
-All plus hydro-
ASK FOR ANN
416-534-5610

Read more Metro news online today. Do it daily. metronews.ca

Service Directory

To advertise, call Ian March, 416-486-4900 Ext. 232

CAREGIVERS

LET YOUR PARENTS & GRANDPARENTS RETIRE AT HOME.
Hire foreign trained Nurses to take care of them.
Also available live in Nannies and live in housekeepers.
Call: 416.521.9211 or 416.855.1781
Email: info@platinum-care.com
www.platinum-care.com

Effective and cost effective.
To advertise in Metro's Service Directory, call Ian today!
416-486-4900 ext. 232
metronews.ca
metro
Do it daily.

FINANCIAL

Bankrupt.ca
SEGAL Trustee in Bankruptcy
Let us help you find a solution and start to rebuild your financial future today.
For a Free Consultation Call
(416) 391-1460
Danforth Ave. @ Woodbine Station, Sheppard @ Hwy 404 (head Office)
www.bankrupt.ca
Bankruptcy/Proposal

LOANS TILL PAYDAY
NEW SCARBOROUGH LOCATION!
QUICK APPROVAL OVER THE PHONE
416.287.8017
GET YOUR MONEY FAST
www.loanstillpayday.com

A DEBT PROPOSAL
may be better than bankruptcy
Let us help you regain Financial Control with a FREE CONSULTATION
For immediate assistance call:
(416) 967-6772
Stern Cohen Shier Inc.
Proposal Administrators/Trustee in Bankruptcy
Toronto, Etobicoke, Woodbridge, Scarborough

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply
www.mortgagegenie.org
416-667-9834

MONEY PROBLEMS?
gta credit
MAKE ONE MONTHLY PAYMENT FOR ALL YOUR DEBTS
No need for BANKRUPTCY
North York: 416-650-1100
Scarborough: 416-754-0011
Mississauga: 905-275-4200
GTA CREDIT SOLUTIONS SERVICES LTD.
www.gta-credit.com

LEGAL

DIVORCE & NOTARY PUBLIC
Joint Petition Divorce $200 up,
Sole Petition Divorce $350 up,
Notary Public $19.99 & $10.00 thereafter,
Change custody/support, family law legal aid, legal opinion letter $120, affidavit, declaration & other family law cases & notary public services…
Call 416-298-0600
TOP FIRM

HAS YOUR DISABILITY CLAIM BEEN DENIED?
Then you need an effective lawyer on your side.
-Free initial consultation
-No fees until we settle
Call Stephen Ellis, B.A. (Hons.), LL.B, Barrister & Solicitor
tel: (416) 512 2301
Fax: (416) 512 7651 stephen@ellislaw.ca

PSYCHICS

PSYCHIC READER
If you are worried or unhappy through love, business, marriage or whatever your problem may be. I have reunited the separated, healed the sick. Where others have failed I have succeeded. I will not ask what you came for; I will tell you. I will make known your friends and enemies to you! One visit will convince you that I am superior to all others. Call NOW for appointment
416-225-5818

MR.ABDOUL
AFRICAN MARABUT SPIRITUAL ADVISER MEDIUM CLAIRVOYANT
29 years experience specializing in all relationship matters, will answer the most important question you will ever ask reunite lovers, marriage, health, remove curses, spells, cast out evil spirits, improve your luck in business etc.
I can help in any situation regarding career, legal matters with accurate results.
CALL NOW! MR ABDOUL 416-784-1322

BUYING A NEW HOME?
Read New Homes every Thursday. Only in Metro.
metronews.ca
metro
Do it daily.

BDO BDO Dunwoody Limited
Debt Worries?
We'll help you find the right solution to alleviate financial stress.
BDO. Helping Canadians for more than 45 years.
bdodebthelp.ca
Locations throughout the GTA
1 800 561-DEBT (3328)
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

DIVORCE

SIMPLE (UNCONTESTED)
DIVORCE
ezdivorce.ca
1-888-EZ-EZ-123
Lawyer-prepared and filed for you
Member Better Business Bureau

Quick DIVORCE
Lawyer-Prepared
Fr. $300
705 Lawrence Ave. W Unit# 205
Close to Lawrence West Subway Stn.
416-849-4200
(Open 6 days: Mon-Sat)

IMMIGRATION

Immigration is for lovers!™

Foreign Students & Workers
- Call us now about the new Canadian Experience Class
- Friendly knowledgable staff
- Extraordinary success rates

Call us today for a free assessment.
416-651-8889
www.immigrationservices.ca
FERREIRA-WELLS IMMIGRATION SERVICES
We Help Make Canada Your Home
David LeBlanc, Bruce Ferreira-Wells,
Certified Canadian Immigration Consultants CCIC-CSIC

CBS pulls the Ex List
Just call it the ex-Ex List. CBS is pulling the struggling freshman drama off its schedule, effective immediately. Ex List star Elizabeth Reaser, right. EW.COM

Second chance shows

top DVD sales

• The most popular DVDs according to Rogers Video for the period ending Oct. 26.
1. The Incredible Hulk
2. Indiana Jones and the Kingdom of the Crystal Skull
3. The Strangers
4. The Happening
5. Iron Man

THE CANADIAN PRESS

IntelleVision

rick.mcginnis@metronews.ca

YOU READ IT HERE FIRST: The poor economy and the lingering effects of the Hollywood writers' strike is giving struggling shows a second chance they might otherwise not have gotten, according to a story by the Hollywood Reporter.

Of course, you already knew that if you'd read this column last week (nyah nyah nyah), but it's one of those factoids of glaring obviousness, so I'll give them a pass this time. "No execs would talk on the record," said the Reporter, which means bingo, bullseye and boo-yah in Hollywood calculus, and the story went on to elaborate that "the economic crisis, combined with the cost of marketing a new series, the lack of new programming inventory because of the WGA strike and the anticipated difficulty of locking down new advertiser commitments, has networks inclined to play it safe."

The three shows highlighted by the story — NBC's Knight Rider, ABC's Private Practice and Fox's Terminator: The Sarah Connor Chronicles — have all been underperforming in ratings, and would have been cut loose by their networks during any sort of healthy TV season, especially Fox, whose impatience with new shows that fail to deliver is as furious as a British nanny toilet-training a 10-year-old.

"Networks are loath to exit the fall without at least one series to tout as a success," the Reporter notes. "Plus, the writers strike … has delayed quality midseason replacements. And with ratings declining overall because of increasing DVR penetration and audience erosion to cable networks and the Internet, the bar for success keeps being lowered."

All you have to do is throw in an Old Testament plague that only targets executives at the big four networks, and you've got something like a perfect storm of media extinction, as far as I can see.

Back when we were being treated to the spectacle of millionaire writer/actor/producer types walking the picket lines and pretending they were coal miners striking to get a pay raise that would let them pay for their coffin after they die from black lung, there was some speculation that the writers' strike would turbocharge the march to extinction for network broadcast television. Hollywood optimists imagined that it would come in the shape of creatively frustrated writers and their creative allies turning to the Internet to create their own content delivery systems. That was too much like work for Hollywood's bohemian guilds, but the death march picked up the pace nonetheless, and now it looks like the first of the Four Horsemen of the Apocalypse has arrived, in the deceiving form of KITT the Wonder Car.

"Networks are loath to exit the fall without at least one series to tout as a success."
Hollywood Reporter

FOX PHOTO

The state of the economy and the effects of the writers' strike, has given shows like Terminator: The Sarah Connor Chronicles a second shot.

Rick McGinnis writes about music, movies, books and television, but not opera.

Good Voices Wanted For BROADCASTING

TRYOUTS BY PHONE for men and women with Radio/TV potential are on at Canada's NIB Broadcast Training Centre.

"We offer special Studio Courses full time or part time for people with good voices, all ages, " says Mary Adams, "For News, Sports and Commercials, as Talk Hosts, Entertainment Reporters, DJs and Celebrity Interviewers."

Places are limited. To try your voice -

"Just Phone, Listen, Talk!" (416) 922 - 5988

100% PERMANENT HAIR REMOVAL

A YOU YOU YOU!!! That's all OMI cares about and have proven it since 1979.

B The only dissatisfied clients OMI treats have come to us from others who overcharge for poor results or undercharge for no results.

C Save Your Money! Come to OMI first!

Most … of OMI consultations were treated by doctors and others without success. Don't waste your money like they did. Come to OMI first! (most OMI clients are male)

OMI on 98.1 Radio & OMI on Rogers TV Channel 5

OMI MEDICAL INC.
416•223•5500
www.omihair.com
OPEN 7 DAYS A WEEK

TO	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 10/29/08	265	353	2	TVO	Meerkat Manor (N)		The Agenda With Steve Paikin		The Fixer (Part 5 of 6) (N)		Human Edge "Operation Filmmaker"		
	211	331	3	GTV	ET Canada	Entertainment	Bones		NCIS "Murder 2.0" (N)		The Guard "The Hold"		News (N)
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (N)	CBC News: the fifth estate (N)		CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		Secret Life of American Teen		Stylista "Hidden Gems"		Lipstick Jungle (N)		News (N)
	212	313	8	CTV	etalk	Hollywood	So You Think You Can Dance Canada			Big Bang Th	CSI: NY (HDTV) (N)		News (N)
	218	345	11	E!	The Insider (N)	E! News	Name Is Earl	Deal or No Deal (iTV) (N)			Scream: Hollywood Story		News (N)
	137	763	13	TFO	Panorama		Les Citadins du rebut global		*Le Rivage des murmures* (2004, Drame) Beatriz Batarda.				Enfants
	-	-	14	-	Cold Case		News (N)		News (N)		Two/Half Men	King	Cold Case
	213	326	15	SUN	Scrubs	George Lopez	*The X-Files* ★★ (1998, Science Fiction) David Duchovny, Martin Landau.					The DVD Show	Grill Rm.
	-	387	16	CBS	Inside Edition	Hollywood	Barack Obama	Old Christine	Criminal Minds (N)		CSI: NY (HDTV) (N)		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	Barack Obama	Deal or No Deal (iTV) (N)			Lipstick Jungle (N)		News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Pushing Daisies (N)		Private Practice (N)		(10:01) Dirty Sexy Money		News
	219	346	20	ACH-B	Robson Arms	TMZ (N)	America's Next Top Model (N)		Private Practice (N)		(10:01) Dirty Sexy Money		News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	Barack Obama	MLB Baseball World Series Game 6 -- Philadelphia Phillies at Tampa Bay Rays.					
	-	388	61	PBS	News-Lehrer	Vicar of Dibley	Ride Along the Lincoln		Great Performances (HDTV) (N)			Classical Dest.	Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	America's Next Top Model (N)		Stylista "Hidden Gems"		CW11 News at Ten (N)		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV) (N)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Family Guy	Family Guy	Two/Half Men	NBA Basketball	
news	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		Monarchy: The Royal Family		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Wall Street Crisis: Is Your Money Safe?				On the Money		The Big Idea With Deutsch		Mad Money
sports	405	417	22	net	Hockeycentral	MLB Pregame	MLB Baseball World Series Game 6 -- Philadelphia Phillies at Tampa Bay Rays. (Live)						
	400	400	30	TSN	That's Hockey!	NHL Hockey Toronto Maple Leafs at New Jersey Devils. (HDTV) (Live)					SportsCentre (HDTV) (Live)		
	411	457	58	OLN	Ed's Up	Videos	The Amazing Race 13		Ed's Up	Adventures	Word Travels	Globe Guides	Pilot Guides
	417	406	81	SC	Pinks (HDTV)	Pass Time	Am. Thunder	Am. Thunder	Pinks	Pinks Outtakes	Wrecked	Wrecked	Pinks
family	551	542	25	YTV	Malcolm-Mid.	Home Improve.	Sabrina-Witch	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj	Mystery Hnt.
	554	544	45	TEL	Grim Adv	Ghosts-Scooby	Ghosts-Scooby	6teen	Total Drama	Futurama	The Critic	Robot Chicken	Daughter-Devil
	556	540	51	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	Grocery	Maxed Out	Supersize vs. Superskinny		Gok's Fashion Fix		Style by Jury
	570	580	29	MM	Pimp My Ride	Pimp My Ride	Punk'd	Punk'd	Live at Much Pink.		Video on Trial	Video on Trial	Pimp My Ride
	615	520	31	A&E	CSI: Miami "Dispo Day"		Bounty Hunter	Dog the Bounty Hunter		Bounty Hunter	Parking Wars (HDTV) (N)		Parking Wars
	700	800	35	TLN	Centrovetrine	Sky TG 24	L'Onore e il Rispetto				Raymond	Raymond	George Lopez
	571	581	36	MMM	mmmtop	Popaganda		Back In	Listed		Brooke Knows	Revival	Party of Five
	575	583	38	CMT	Cheerleaders	Cheerleaders	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Coyote Ugly
	616	521	39	SHO	Kink in Hair	Kink in Hair	Durham County		Billable Hours	G-Spot	Starter Wife (HDTV) (N)		House
	620	523	40	BVO	Desperate Housewives		Berkeley	Bravo!Videos	Wingfield	Letters	Arts & Minds	The Achievers	Law & Order
	601	562	41	SLC	End of Leash	ET Canada	Last 10	Bulging Brides	Work Out "Hit the Wall"		Real Housewives of NYC		Last 10
	522	506	43	HIS	NCIS "The Weak Link"		Cities of the Underworld		The Real Blair Witch		NCIS "The Weak Link"		Crime Stories
	625	548	44	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Comedy Inc.	RENO 911! (N)	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Mansions	The Stagers	Property Virgin	Unsellable	Million Dollar Listing		Holmes-Homes
	294	529	47	TBS	House-Payne	House-Payne	*Underworld* ★★ (2003, Horror) Kate Beckinsale, Scott Speedman.					Family Guy	Family Guy
	576	582	49	BET	106 & Park: BET's Top 10 Live		Barack Obama	Access	Somebodies	Somebodies	Comic View	Black Carpet	Access
	627	528	50	SPC	Lost "... And Found"		Star Trek: Deep Space Nine		Battlestar Galactica		Ghost Hunters International (N)		Stargate SG-1
	581	566	52	MTV	Busted	After	MTV News	Cribs	Real World-Road Rules		Real World-Road Rules		MTV Live
	618	524	54	TROP	Beverly Hills, 90210		Reality	What Happen?	Family Guy	Seinfeld	Seinfeld	'70s Show	Family Guy
	603	561	56	FOOD	The Main	Chef at Home	Restaurant Makeover		Iron Chef America		Dinner Imposs.	Dinner Imposs.	Restaurant
	261	394	60	V	Murder, She Wrote		Summer Wine	Dinnerladies	Darling Buds of May		Enigma		Hope Island
	621	527	63	STR	The Ellen DeGeneres Show		TMZ (N)	etalk	Paris Hilton's My New BFF		The Tonight Show-Jay Leno		TMZ
	553	546	65	TRE	Wonder Pets	Nght Grdn	Friend Rabbit	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears
	115	711	101	TVA	Occupation	Poule-oeufs or	Destinées (HDTV) (SC)		Les Soeurs Elliot (HDTV) (SC)		TVA 22 heures	(10:45) Denis Lévesque	
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct sur l'économie		Le Téléjournal
	526	507	249	CLT	Judging Amy		*Short Cuts* ★★★ (1993, Comedy-Drama)				Mysterious Ways		Judging Amy
	300	601	301	M1	*August Rush* ★★ (2007, Drama) Freddie Highmore.				*Pirates of the Caribbean: At World's End* ★★ (2007, Adventure)				
	305	612	306	PIX	*Perfectly Normal* ★★ (1991, Comedy) Robbie Coltrane.				*The Gate* ★★ (1987, Horror), Louis Tripp			*The Dark* (1994, Horror)	

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

critics'corner

Sophie
Now, see, this is why one should never, ever burn one's bridges, especially in showbiz. A certain casting director was on the receiving end of some harsh treatment from Estelle (Sara Botsford) years ago. Now guess who needs work and has to make nice with said casting director. Judith (Mimi Kuzyk) has a new roommate: Ophelia (Chantelle Chung). Natalie Brown also stars in the new episode "The Casting Couch." 8:30 PM on CBC

Pirates of the Caribbean: At World's End
Poor Will. He and Miss Elizabeth Swann (Orlando Bloom, Keira Knightley) are on the outs. But there's no time to argue as they set out to save a supposedly dead Capt. Jack (Johnny Depp) from the Flying Dutchman and unite the most ruthless pirates to fight the Brits. And strangely, Capt. Barbossa (Geoffrey Rush) has agreed to help. Jack Davenport, Bill Nighy and Stellan Skarsgard co-star. Hint: There's more movie and a full plotline after the credits. 9 PM on M1

New baby
Annabeth Gish of Showtime's Brotherhood and husband Wade Allen welcomed their second child, son Enzo Edward Allen. Enzo was born Saturday night in Rhode Island and weighed 7 lbs. **PEOPLE.COM**

Celebrity Buzz

Friends fret over Lindsay's weight

PEOPLE Lindsay Lohan has sparked concerns for her health after losing 14 pounds, femalefirst.co.uk reports.

The actress, who denied rumours she was suffering from an eating disorder after dropping to a Size 0 three years ago, has worried pals who have seen her Size 10-12 frame reduced to a tiny Size 6.

"She is thinner than ever and we are concerned she is taking it too far," a source told Britain's Star magazine. "Lindsay's weight has always fluctuated, but since falling in love with Samantha Ronson, who is naturally very slim, Lindsay seems desperate to lose more weight."

Lohan has reportedly insisted she has a healthy diet, which includes "drinking buckets of green tea" and "eating fresh fruit smoothies with aloe vera, sushi, pasta salad and lots of green vegetables such as broccoli and spinach."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Affleck explains 'Bennifer' saga

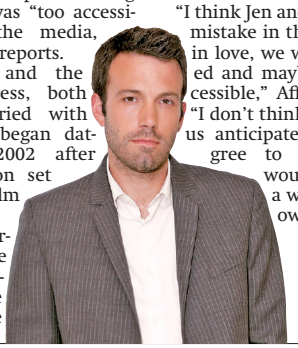
PEOPLE Actor Ben Affleck has opened up about his high-profile engagement to Jennifer Lopez, insisting the pair was "too accessible" to the media, imdb.com reports.

Affleck and the singer/actress, both now married with children, began dating in 2002 after meeting on set of their film Gigli.

The former couple split shortly before they were due to wed in September 2004, marking the end of a media circus that surrounded their relationship.

"I think Jen and I made a mistake in that we fell in love, we were excited and maybe too accessible," Affleck says. "I don't think either of us anticipated the degree to which it would take on a world of its own."

METRO NEWS SERVICES



Cops crash Kate's bash

HALLOWEEN Actress Kate Hudson's Halloween party attracted some unusual guests — a squad of Los Angeles cops reportedly swooped on the bash and ordered revellers to tone it down, imdb.com reports.

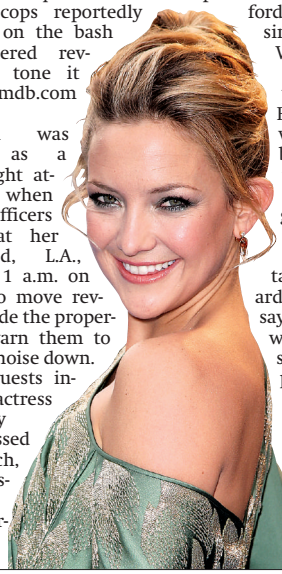
Hudson was dressed as a 1960s flight attendant when LAPD officers arrived at her Brentwood, L.A., home at 1 a.m. on Sunday to move revellers inside the property and warn them to keep the noise down.

Party guests included actress Courteney Cox, dressed as a witch, and husband David Arquette, dressed as a warlock. Actress Winona Ryder went as a mouse, and former supermodel Cindy Crawford turned up as singer Amy Winehouse.

But it was actor Gerard Butler who was the biggest hit at the bash.

"All the girls at the party were lining up to talk to Gerard," a source says. "He left with two very sexy vampires."

METRO NEWS SERVICES



Jackson's praise stuns Zac

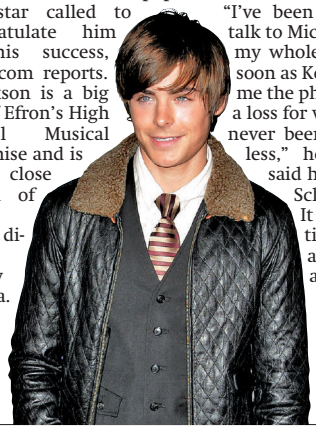
FAME Actor Zac Efron was overwhelmed to find out Michael Jackson is a fan of his work, and was left "speechless" when the pop superstar called to congratulate him on his success, imdb.com reports.

Jackson is a big fan of Efron's High School Musical franchise and is a close friend of the films' director Kenny Ortega.

Efron admits he was delighted when Ortega handed him his cellphone and told him Jackson was on the line for him.

"I've been wanting to talk to Michael Jackson my whole life, but as soon as Kenny handed me the phone, I was at a loss for words. I have never been so speechless," he says. "He said he loves High School Musical. It was motivation for us, and encouragement."

METRO NEWS SERVICES



celebrity briefs

Hayden urges fans on dolphin issue

ACTIVISM Animal rights activist Hayden Panettiere has appealed to fans in an online video message to support a charity campaigning against commercial whaling, imdb.com reports.

The actress hit headlines last year when she joined animal rights activists in a protest against the slaughtering of dolphins in the historic whaling town of Taiji, Japan.

METRO NEWS SERVICES

celebrity briefs

Elle denies ties with ex-convict

RUMOUR Supermodel Elle MacPherson has denied reports she is in a relationship with convicted drug smuggler Brian Burgess and has threatened legal action if the press speculation continues, imdb.com reports.

METRO NEWS SERVICES

FameThrower

Joe O'Neill

Joe's take on celebrities

Thank goodness **Ben Affleck** is opening up about his ill-fated engagement to "I'm still, I'm still" **Jennifer Lopez**. Seems that their failure to marry can be blamed on media accessibility. Thanks for clearing that up, Ben. It's not that you were a pair of shallow, fame-grubbing quasi-stars whose publicists cooked up a brilliant scheme to dominate magazine covers for two years, and coined the celeb portmanteau, **Bennifer**, against which all others would be judged. It's just that you were so in love, and so excited, that you shared too much of yourselves. Sort of like **Romeo and Juliet**, but without the double-suicide I had my heart set on. But by making this public pronouncement about something that may as well have happened during the Napoleonic Wars as far as the addled attention spans of the celebrity-obsessed are concerned, Ben shows every indication that he is suffering from "Dumpee's Remorse."

I don't know if Affleck has considered how unwise it is to wax nostalgic about lost loves when your present wife is pregnant. When said wife happens to be the powerfully built **Jennifer Garner**, who kicked butt on Alias, that's just plain reckless.

NEWSDESK@METRONEWS.CA

It's Natural...but does it work?

An inside view of the safety and efficacy of herbs and vitamins.

What works what doesn't? The country's most respected experts separate fact from fiction by providing practical advice and identifying specific cautions. Learn about Canadian regulations and how thy will provide a framework for making informed choices.

Guest Speakers:
- Heather Boon, BScPhm, PhD, IN-CAM Co-director
- Aileen Burford-Mason, PhD, Director of Scientific affairs for the Acupuncture Foundation of Canada; Board President of the Holistic Health research Foundation of Canada
- Julie Desrosiers, Health Canada

Friday, November 7, 2008

Leslie Dan Faculty of Pharmacy, University of Toronto, 144 College St. (NW corner of College and Queen's Park)
phone: 416.946.0660

Registration: 6:00 pm
Speakers: 7:00 pm – 8:45 pm

Registration Fee:
$15.75 pp ($15 + GST)

HOLISTIC HEALTH RESEARCH FOUNDATION OF CANADA

UNIVERSITY OF TORONTO LESLIE DAN FACULTY OF PHARMACY

Register online at:
cpd.phm.utoronto.ca/nat.html

DecisionLine
CLINICAL RESEARCH

Healthy Men and Women 18 to 55 years of age, with recreational drug experience are needed to participate in a clinical research study

If you use depressants (downers, barbiturates, GHB, benzodiazepines, roofies, cannabis) and opiates (hydromorphone, oxycodone, morphine), contact us today to see if you qualify.

Financial Compensation up to $4,255

Study consists of a qualifying session, 6 periods and a follow-up visit

720 King Street West
7th Floor (NORTH ELEVATORS)

Call Us: **416.640.4004**
Toll Free: **1.866.222.8063**

Mon–Fri: 8:00 am to 8:00 pm
Sat & Sun: 10:00 am to 4:00 pm

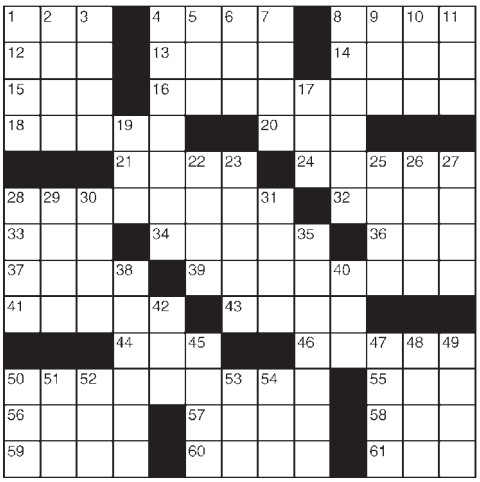
Confidentiality Respected ◆ Close to TTC & Parking

The Weather Network 20 YEARS
©The Weather Network 2008

Today: Rain or snow showers 4°/ -1° (40%)
Thursday: Partly cloudy 10° / 4°
Friday: Partly cloudy 14°/ 1°

WE ADJUST OUR FORECASTS EVERY TIME YOU OPEN THE FRIDGE DOOR.
NOW WITH REALLY, REALLY LOCAL WEATHER.

Take Five



Crossword across

1 Bishopric
4 Mop the deck
8 First murderer
12 Actress Mendes
13 London gallery
14 Anger
15 Fleur-de- —
16 Plated critter
18 Pamphlet
20 Weir
21 Coagulate
24 Summertime vacation site
28 Tall cupboards
32 Pale
33 — constrictor
34 Spanish hors d'oeuvres
36 Kennedy or Danson
37 "Hairy one" of the Bible
39 Sanction by ruling
41 Plasma-like fluid
43 George of "CSI"
44 Spelling contest
46 Blake of jazz
50 Famous
55 Depressed
56 Vicinity
57 Malaria symptom
58 Corroded
59 1/746 horsepower
60 Unruly groups
61 Owns

Crossword down

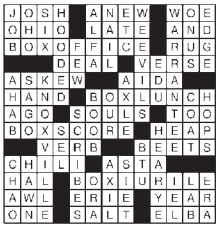
1 Ego
2 Maleficence
3 Simple
4 Inspiring romance, maybe
5 Gen. Sherman called it hell
6 $ dispenser
7 Rosary component
8 Black Sea peninsula
9 Have a bug
10 "— be darned!"
11 Ultramodernist
17 Apply lightly
19 Green prefix
22 Exam format
23 Reservation residence
25 Italian wine region
26 At the home of (Fr.)
27 Jekyll's bad side
28 8-Across' victim
29 Optimistic
30 Sir's counterpart
31 Long story
35 1979 song by Robert John
38 Cheerful
40 Baton Rouge sch.
42 Coop dweller
45 Dutch cheese
47 Mediocre
48 Greek vowel
49 Rams fans?
50 Matlock's field
51 Mound stat
52 Obtain
53 In days past
54 Massage

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		4	8	3		1		
		9						8
2			6			7	5	
	5	8		1	2			
			7	5		2	1	
	3	7			6			2
9						3		
		6		9	3	4		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	6	9	2	5	7	4	3	8
4	2	5	3	1	8	7	9	6
8	3	7	9	4	6	5	2	1
2	1	4	6	3	5	8	7	9
6	9	8	7	2	4	1	5	3
5	7	3	8	9	1	6	4	2
9	4	6	1	7	2	3	8	5
3	5	1	4	8	9	2	6	7
7	8	2	5	6	3	9	1	4

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day

Lamb Kebabs with Greek Salad

INGREDIENTS:
1 tbsp (15 mL) extra virgin olive oil
2 large garlic cloves, crushed
juice of 1/2 lemon
1 tbsp (15 mL) chopped fresh oregano
1 (16 oz / 450 g) boneless leg of lamb, trimmed of visible fat and diced 2 cm thick
4 whole-wheat pita breads, cut into triangles, to serve
Greek-style yogurt to serve (optional)

GREEK-STYLE SALAD:
6 tomatoes, thickly sliced
1 red onion, finely chopped
1 baby or small white cabbage, about 220 g, core removed and thinly shredded
5 tbsp (75 mL) chopped fresh mint
1/4 cucumber, halved and thinly sliced
juice of 1/2 lemon
1 tbsp (15 mL) extra virgin olive oil

METHOD:
1. Preheat the broiler or heat a ridged cast-iron grill pan. Put olive oil, garlic, lemon juice and oregano in a bowl and stir to combine. Add lamb and turn until well coated. Thread the cubes onto 4 skewers.
2. Cook lamb under the broiler or in the pan for about 7–8 minutes or until tender, turning frequently. Toward the end of cooking, warm pita bread under the broiler.
3. Place all salad ingredients in a bowl. Toss gently. Serve kebabs with salad, pita bread and yogurt, if using.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
The status quo changes when someone fails to arrive. A partnership needs to be resumed. An executive wants to make a public proposal.

TAURUS
APRIL 21-MAY 21
A detached associate loses out due to negligence. You'll witness a change of attitude. A radiant lover will win over the boss.

GEMINI
MAY 22-JUNE 21
Don't make too much noise. You'll be forced to interpret some frosty behaviour. Wealth will be revealed after a meltdown occurs.

CANCER
JUNE 22-JULY 22
An authorization comes through in vain. A snob says scathing things and goes away. A flirtation escalates and tempting invitations arrive.

LEO
JULY 23-AUG 23
Be sincere when explaining problems. Don't push anyone around in order to find happiness. Someone's quirks can be effectively sidestepped.

VIRGO
AUG 24-SEPT 22
A charming female finally meets her match. A phone call will lead to a waste of energy. Personal boundaries should be respected.

LIBRA
SEPT 23-OCT 23
You'll have to come to the rescue of a friend. Fight against flamboyance in a brainstorming session. A precious friend has faith in your instincts.

SCORPIO
OCT 24-NOV 22
A keen colleague has the courage to object. Affection restores a woman's self-assurance. Someone fantasizes about excellent money ideas.

SAGITTARIUS
NOV 23-DEC 21
An agile ally has lots of answers. A smart person involves you in an uncertain situation. Good conduct may be essential in the long run.

CAPRICORN
DEC 22-JAN 20
An ignoramus isn't interested in being tactful. A trip is made to give satisfaction. The wrecking of hopeful wishes is heard of at work.

AQUARIUS
JAN 21-FEB 18
Incoming bills will be less than you expected. An unforeseen invitation will be received. An associate's apathy defies comprehension.

PISCES
FEB 19-MARCH 20
A compliment is not what it seems. Insecurity brings down a new friend. A tantrum is caused when somebody is behaving respectfully.

FLIGHT CENTRE Unbeatable
DISNEY 7 NIGHTS
$229*
Disney's All-Star Resort + taxes & fees $224
INCLUDES roundtrip airfare and 7 nights 3-star accom at Walt Disney World Resort in Orlando and roundtrip transfers. Departs Nov 29/inf/ts.
1 877 923 2248 | flightcentre.ca
Conditions apply. Ex: Toronto. *Package price is based on 2 adults & 2 children 17 & under. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. ts=transat, inf=infinity . Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384 TICO

TRAIN TO BECOME AN ESTHETICIAN
Learn:
• Hair Removal
• Make-up Artistry
• Manicures and Pedicures
• Advanced Esthetics
• Business Management
Services:
• Convenient class schedules
• Job placement assistance
• Financial assistance (for those who qualify)
CLASS STARTS NOV. 17
CALL NOW!
Medix School BE JOB READY IN MONTHS!
Toronto West: 416-630-8021
Toronto East: 416-701-1201
www.medixschool.ca

This day in history

OCT. 29, 1390: First trial for witchcraft in Paris.
OCT. 29, 1787: Mozart's opera Don Giovanni receives its first performance in Prague.
OCT. 29, 1929: The New York Stock Exchange crashes in what will be called the Crash of '29 or "Black Tuesday," ending the Great Bull Market of the 1920s and beginning the Great Depression.
OCT. 29, 1960: In Kentucky, Cassius Clay (who later takes the name Muhammad Ali) wins his first professional fight.
OCT. 29, 2007: In Argentina for the first time, a woman, Cristina Fernandez de Kirchner, is elected president.

METRO NEWS SERVICES

Shovel your way out of mounting long distance bills and heaping roaming charges.

Nationwide Talk & Text Combo Contains

- No Long Distance Charges on All Calls Within Canada[1]
- Unlimited Messaging (Text and Picture)[2]
- Up to 300 Nationwide Anytime Minutes
- 7pm Evenings & Weekends[3]

$45 Per Month[4]

You pay no System Access Fee.

koodomobile.com

koodo mobile™

Good call

BEST BUY · CELLULAR POINT · FUTURE SHOP · WAL★MART · Zellers

koodo shop

Bramalea City Centre
Cambridge Centre
Devonshire Mall
Dixie Outlet Mall
Eastgate Square
Fairview Mall
Fairview Park Mall
Georgian Mall
Lime Ridge Mall
Masonville Place
Oshawa Centre
Pen Centre
Pickering Town Centre
Scarborough Town Centre
Sherway Gardens
Square One
Stone Road Mall
Tecumseh Mall
Toronto Eaton Centre
Upper Canada Mall
Vaughan Mills
Yorkdale Mall

1) Local anytime minutes apply. (2) Excludes premium messages. Includes international text messages. (3) Unlimited local calling from 7pm to 8am, Monday through Thursday and from 7pm Friday to 8am Monday. (4) Taxes are extra.

YOU COULD **WIN YOUR CAR.**[◆]
See dealer for details.

WE PAY THE GST
on all 2008 & 2009 Sportage models.[✣]

NO FINANCE PAYMENTS UNTIL SPRING[†]
on all Sportage models.

Offer ends October 31st

★★★★★
5-STAR CRASH TEST RATING
NHTSA - Frontal and side impacts††

HWY: 7.8 L/100KM 36 MPG
CITY: 10.3 L/100KM 27 MPG

2009 Sportage LX-V6
Luxury model shown

2008 Sportage
$17,695[◆]
CASH PURCHASE PRICE

- 2.0L 16-valve CVVT
- Automatic transmission
- Standard ABS with electronic stability control & traction control
- Standard six airbags
- Air conditioning
- AM/FM/CD/MP3 stereo with USB & AUX audio inputs
- Power windows, locks and side mirrors
- All-wheel drive system
- Cruise control
- Remote keyless entry
- Fog lamps
- Roof rails
- Heated mirrors

2009 Sportage
LEASE FOR **$199*** PER MO. 48 MOS.

2.9% LEASE APR* **$2,640 DOWN PAYMENT**

3 FREE LEASE PAYMENTS[$]

5 Year Warranty
We've got you covered.
- 5-YEAR/100,000 KM WORRY-FREE COMPREHENSIVE WARRANTY▼
- 5-YEAR/100,000 KM POWERTRAIN WARRANTY
- 5-YEAR/100,000 KM EXTRA CARE ROADSIDE ASSISTANCE
- NO DEDUCTIBLE CHARGE

$500 Grad Rebate

Bluetooth

SIRIUS SATELLITE RADIO
NOW AVAILABLE ON SELECT 2009 MODELS

10 YEARS IN CANADA

Visit **kia.ca** to see our full lineup of Kia vehicles.

TORONTO FC Official Partner

KIA MOTORS
The Power to Surprise™

◆Cash purchase price for 2008 Sportage LX Convenience (SP5528) is $17,695 and includes a cash rebate of $6,200 based on an MSRP of $23,895. MSRP for 2009 Sportage LX MT (SP5519) is $21,695. *Monthly lease payments for 2009 Sportage LX MT are $199 for 48 months at 2.9% lease APR with a $2,640 down payment. Total lease obligation is $12,210 with the option to purchase at end of term for $8,998. Payments or down payments include 3 free lease payments. Delivery and destination fees of $1,650 excluded. Lease has 20,000 km/year allowance (other packages available) and 0.10/km for excess. License, registration, insurance, dealer administration fees and taxes are excluded. ✣"We pay the GST" on all 2008 and 2009 Sportage models. GST for lease customers is calculated based on the vehicle lease obligation. Customer must pay GST at the time of purchase; Kia will reimburse customer the GST amount to be used on monthly or down payments. GST will not be reimbursed on additional options or equipment. See dealer for details. †"No Finance Payments" until April 31, 2009 on new 2008 and 2009 Sportage models. Purchase financing, available on approved credit (OAC). Maximum terms apply. Purchase financing example: $10,000 at 2.9% purchase financing equals $179 per month for 60 months; cost of borrowing (C.O.B.) is $755 for a total obligation of $10,755. Monthly payment and C.O.B. will vary depending on amount borrowed, the term and down payment/trade. Other lease and finance options available. Dealers are free to set individual prices. Prices subject to change without notice. 1% will be added to the applicable interest rate. Offer may not be available through all Kia lending partners. See your local participating Kia dealership for full details. $3 Free Lease Payments up to a maximum amount of $1,950 (amount differs by model) available on lease offers for new 2009 Sportage models. Kia Canada pays for the first three lease payments or the customer can elect to apply the amount towards the down payment to reduce monthly payments. ✤"You Could Win Your Car" contest is open to all residents of Canada who are of the age of majority in the province in which they reside. Purchase or lease any new 2008 or 2009 Kia vehicle between October 1, 2008 and October 31, 2008 and be eligible to win your purchase. Visit www.kia.ca for full contest rules and regulations. No purchase necessary. >Highway/city fuel consumption for 2009 Sportage LX MT is 7.8 L (36 MPG)/10.3 L (27 MPG) per 100km. The actual fuel consumption of this vehicle may vary. This estimate is based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication EnerGuide Fuel Consumption Guide. ††NHTSA (National Highway Traffic Safety Administration) test results. Visit www.safercar.gov for full details. ▼Conditions apply to the $500 Grad Rebate program, see dealer for details. ▼Kia's "Worry-Free Comprehensive" warranty covers most vehicle components against defects occurring under normal use and maintenance conditions. Bluetooth technology and SIRIUS® Satellite Radio available on select 2009 models. © 2008 SIRIUS Canada Inc. See dealer for details. Price, availability and specifications are subject to changes without notice. Some vehicles advertised may include optional accessories or after-sale equipment and may not be exactly as shown. Information in this advertisement is believed to be accurate at the time of print. Offer ends October 31, 2008 and is valid for residents of Ontario/Manitoba only. KIA is a trademark of Kia Motors Corporation.